




# Vivekanand Education Society's Institute of Technology


(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

## SORT

**Vivekanand Education Society's  
Institute of Technology**  
(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

2020-21


**SORT**

  
**Social Responsibility  
Team(SoRT) - VESIT**


**Staff Incharge : Mrs. Deepti Khimani**

**Council Members:**

- Ayushi Pamnani(D14A) - SoRT Secretary
- Dimple Nachnani(D12C) - Senior Deputy Secretary
- Parth Kharkar(D11B) - Senior Deputy Secretary
- Rashmi Manwani (D12A) - Senior Deputy Secretary
- Tanish Sahjivani(D12C) - Senior Deputy Secretary
- Arbaaz Ali(MCA-2M) - Senior Deputy Secretary
- Venkatesh Reddy(D10A) - Junior Deputy Secretary
- Akshay Jain(D9B) -

  
Mrs. Deepti Khimani  
SoRT Incharge.

pg. 1



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Junior Deputy Secretary  
Rakshita Danee(D10A) -  
Junior Deputy Secretary  
Gunjan Sureka(D9A) -  
Junior Deputy Secretary  
Manasvi Patwa(D7C) -  
Junior Deputy Secretary

## Group Picture Of Council:



SoRT Council 2020-21



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## **Introduction:**

***"when times get tough, we don't give up. we get up."***

*- Barack Obama*

In the wake of a global pandemic, when the whole world is entrenched in the bunker of physical isolation, only kindness and ingenuity can revive us to remain grounded and imbibe the bolstering sunlight piercing through the canvas of chaos. In 2020 SoRT has tried its best to keep the spirit of "doing good" alive.

SoRT spearheaded the task of spreading the cause of Social Responsibility amongst students. Since its inception in 2008 by a group of enthusiastic students, SoRT has never looked back, being recently named as one of the most active group(at institutional level) at social work and community services all over India.

Mainly focused on spreading awareness and educating people about various social issues and reaching out to the needy NGOs in and around Mumbai, SoRT has so far volunteered for more than 40 social work activities at VESIT and helped more than 10 NGOs through donations in kind and supplies. Every year, the team brings the students together to encourage them to participate in community services.

With many new events being included, SoRT has impressed every one with its work and promises to continue doing so in the upcoming years too. SoRT aims to reach out to NGOs and individuals and inculcate the spirit of social work among the students of VESIT, and truly go

*Towards the better, together!*



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## 1. "HAPPY EQUILIBRIUM" : 10<sup>th</sup>, October 2020.

*"What mental health needs is more sunlight,  
more candor and more unashamed conversations."*



Nearly 30% of students are affected by chronic stress that negatively impacts their academic performance and overall quality of life. To combat this issue and bring about some stability in these uncertain times, SoRT VESIT in collaboration with VESLARC held a webinar session "Happy Equilibrium" on the occasion of World Mental Health day.

The speaker was Ms. Piya Mukherjee, the lead-trainer at VESLARC with 18 years of experience in the areas of ethics and values in business, intercultural competence and life skills. She has conducted many such healing workshops for the students of VESIT and in the "Happy Equilibrium" webinar delivered a beautiful hour-long session which focused on coping methods when stressed and how one can go from coping to



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thriving. This workshop was to help solve questions and problems that a lot of people have been experiencing in their life pertaining to their mental health especially given the isolation and stress of online education in the lockdown.

We received over 250 registrations, out of which 100 attended the session on google meet and the rest could experience it via a livestream. The session was one of the most collaborative online events as it was followed by a highly interactive Question and Answer round.



Ms. Piya Mukherjee in the middle of a presentation.



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## 2. PLATELET DONATION AWARENESS WEBINAR :17<sup>th</sup>, October 2020.



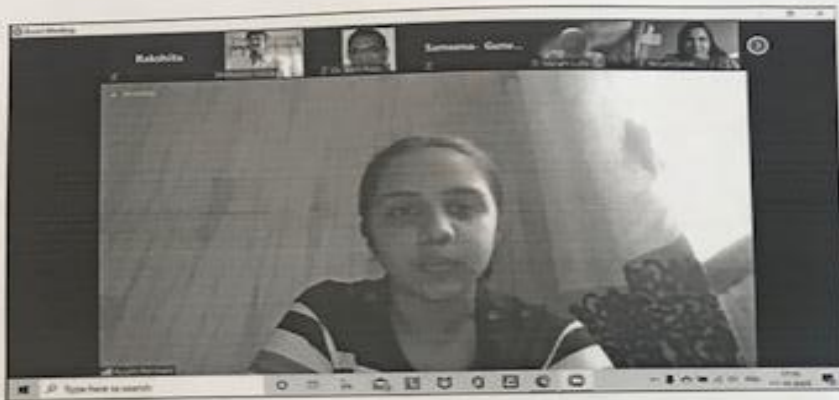
SoRT VESIT in collaboration with TATA Memorial Hospital and Guvati J Kapoor Foundation presented "Save a Life" a platelet donation awareness webinar. With 100 students in attendance, Doctors from TATA Memorial Hospital spread awareness about platelets and the need for platelet transfusion. Dr. Sunil Rajyadhyesha and his team spoke in depth about the need for platelet donors and many students, moved by the presentation, pledged to become donors. The session was also later followed by an intriguing Question and answer round.

The doctors cleared the misconceptions related to transfusion, explaining everything from how they find "the good vein" to how platelets are separated from the blood collected and given to patients that need them. Attendees realized that they too could be heroes as they learned that one donation can save up to three lives!



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The SoRT secretary Ayushi Pamnani addressing the attendees after the session

### 3. CODE FOR CHANGE : 17<sup>th</sup>-19<sup>th</sup>, November 2020.

SORT with the VESIT STUDENT COUNCIL in collaboration with CODECELL under Invincia organized an unique hackathon. The objective of the 48 hour competition that took place from 17th to 19th November, was to make students aware of the ongoing social and environmental problems in the country and aid the various organizations which are trying to tackle them by creating digital solutions and platforms for these Non - Governmental Organizations. The problem statements were provided by the NGOs-Freedom for You, Human Team Foundation, HOPE everywhere and Global Parli Foundation which dealt with the cause the specific NGO was working towards. The entire competition took place on Google Classrooms and Google Meets.

The hackathon encouraged all the participants to use their skills in their area of expertise for the collective good of the people in need and think

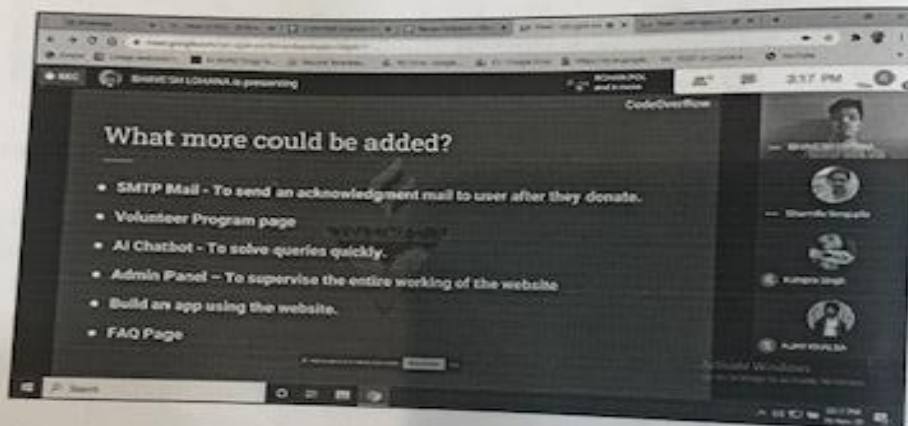


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outside the box to do better. Around 60 teams sent their entries for the event.

It is also noteworthy to mention that the teams were provided with a helpline meeting which had at least one Student Council member or CodeCell member at all times to help the teams with any problems they may face. All the winners of the Hackathon were given a chance to work with their respective NGOs and intern for them in bringing their problem statement solution to fruition.



A presentation by a participant

4. MENTAL HEALTH AWARENESS WEBINAR: 18<sup>th</sup>, November  
2020.

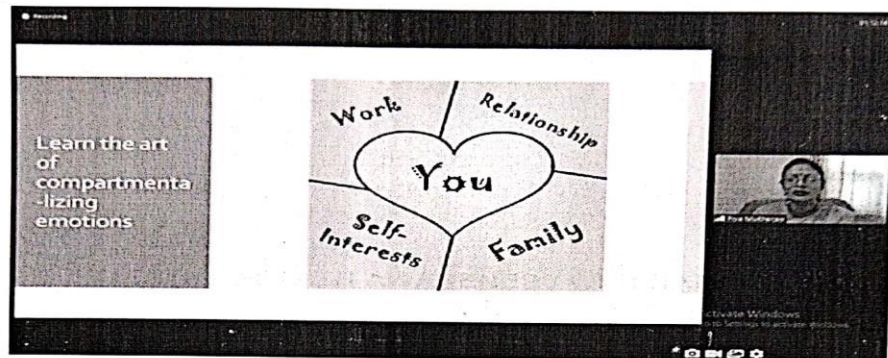




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## 4. MENTAL HEALTH AWARENESS WEBINAR: 18<sup>th</sup> ,November 2020.



SoRT with the VESIT STUDENT COUNCIL under Invincia organized a "Create your identity- Freedom from limiting labels" webinar in collaboration with VESLARC.

The session was conducted by Ms. Piya Mukherjee, Founder-Director of VESLARC and detailed how our negative thoughts truly affect us and how we can learn to create our identity and grow together.

Piya ma'am helped understand everyone's nightmare thoughts and encouraged students to look beneath the surface of issues. The presentation focused on the importance of living a balanced life and the power of having a peaceful mind. The Japanese concept of ikigai, which means "a reason for being" was also introduced so that the students can have a meaningful direction or purpose in life.

The hour-long session was followed by a question-and-answer round. Altogether over 100 glad participants benefited from the exceptional session.



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The happy attendees after the session with Ms. Piya Mukherjee



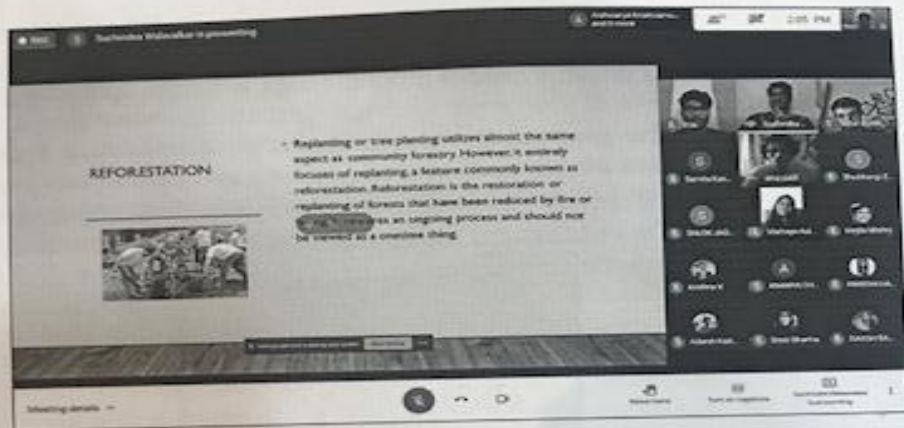
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5. NIRVANA: 20<sup>th</sup>, November 2020.

*"No matter what people tell you, words and ideas CAN change the world"*

- Robin Williams



participants giving a presentation on reforestation

SoRT VESIT with the VESIT STUDENT COUNCIL under Invincia held a unique competition where groups of contestants could select a social issue from climate change, veganism, population control, deforestation, adoption of strays, child abuse, abortion rights, primary education and clean water provision and deliver a presentation with a proposed solution to the major problems seen in that domain.

Contestants passionately brainstormed and debated on their beliefs of ways in which they could diminish the societal problems. The objective of the event was to give a new perspective to age old issues that seem to have saturated the news cycle. Out of the 10 participant teams, the victor presentation was given by team D10 who effectively spoke about climate change.



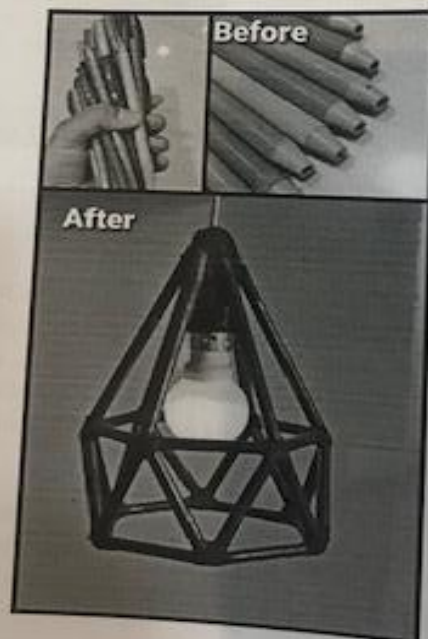
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## 6. REGARD BEFORE YOU DISCARD: 20<sup>th</sup>, November 2020.

Approximately 100 million pieces of plastic waste is becoming non-biodegradable litter every day!

And hence to promote the habit of repurposing waste SoRT VESIT with the VESIT STUDENT COUNCIL under Invincia held a submission event "Regard before you discard" where around 10 participants submitted 30 sec time lapse videos of their creative creation made by reusing or recycling plastic. The green rangers submitted a lot of innovative designs like lamps made from plastic pens, old cups made into candles and many more things.



One of the submissions for REGARD before you DISCARD.



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## 7. TALENT-AID AN OPEN MIC FUNDRAISER: 20<sup>th</sup>, November 2020

SoRT VESIT with the VESIT STUDENT COUNCIL under Invincia conducted VESIT's first online Open Mic where the talent from our college came to perform and the audience donated to the NGO Kshamata via a ketto website made by SoRT.

The open mic was live streamed on Youtube for over 4 hours and in total funds of over INR 27,000 were raised by the audience! With around 45 students performing everything from stand up, poetry, story telling to even a few women from Kshamata performing the event was the refreshing break that everyone needed in the lockdown. The stream was watched by over a thousand people.

The genius of having all the talent of VESIT come together gave us a spectacular evening, filled with tons of laughter, entertainment, the spirit of giving back and an overall virtual but real positive ambience.



The VESIT student council along with some participants of Talent-aid.



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## 8. MENSTRUAL HYGIENE AWARENESS WEBINAR: 21<sup>st</sup>, November 2020.



Dr. shradha Kale Kapile giving the presentation

SoRT VESIT with the VESIT STUDENT COUNCIL under Invincia collaborated with The Myna Mahila foundation to conduct a webinar on menstrual hygiene. Dr. Shradha Kale Kapile discussed the myths surrounding menstruation and even discussed personal stories from her childhood. Everything from first period stories to weird myths in households were touched and joked upon, which made everyone comfortable with sharing their stories. The complexities of menstruation and the importance of taking care of your hygiene was discussed at lengths.

The session was attended by both female and male students thus signifying that the stigma around menstruation is not a gender specific



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issue and we must all learn to be compassionate towards the strong menstruators.

With 90 people in attendance the session was followed by a very open Question and Answer round. The session definitely helped break the stigma and change the prejudiced knowledge circulated.

## 9. CHESS FOR CHARITY: 21<sup>st</sup>, November 2020.

The chess wizards of the college came together for good and competed in the event Chess for Charity which was conducted by SoRT VESIT with the VESIT STUDENT COUNCIL under Invincia.

The event was another innovative and fun challenge that directed the thrill of competing in chess tournaments for the betterment of women in need. It was a unique mixture between indoor sports and the spirit of giving back.

Around 45 people participated and donated to the NGO Kshamata with the fundraising Ketto website which was functional from the 18<sup>th</sup> to the 22<sup>nd</sup> of November, 2020. The players competed in pairs until only 2 winners were left and the finale between the two was live streamed on Youtube.



Members of the student council competing