



Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

Criteria 3

Key Indicators 3.4 – Extension Activities

3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC, Government and Government recognized bodies during the last five years

3.4.3.1 Number of extension and outreached Programmes conducted in collaboration with industry, community and Non- Government Organizations through NSS/ NCC/ Red Cross/ YRC etc., year-wise during the last five years

DVV query : Provide Detailed report for Old Age Service, Non formal Education Activity, Welfare of Destitute Children, Education & Skill Building Activity, Social Welfare, Child Education & Welfare, Old Age Service, Social Service for Needy People, Medical Camp & Eye Check up Camp, Mahim Beach Cleaning, Elders' Home Visit, Protection and Promotion of Environment, Health & Education, Education of poor children, A Helping Hand for the Aged with specific mention of number of students participated and collaborating agency signed by competent authority. DVV has not consider days activities and repeated activities.

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Sr. No.	Name of Activity	Name of NGO	Year
1	<u>Old Age Service</u>	Sai Seva Old Age Home, Dombivli (A Report of 14 days working at Sai Seva Old Age Home NGO For 30 hours)	2017-18
2	<u>Non formal Education Activity</u>	AKANKSHA Foundation, Chembur (NGO Project Report AKANKSHA Foundation, Chembur)	2017-18
3	<u>Welfare of Destitute Children</u>	Vatsalya Trust, Kanjurmarg (A Report on Working in Vatsalya Trust)	2017-18
4	<u>Education & Skill Building Activity</u>	Saksham,Udaan Foundation,Thane (A Report on UDAAN the welfare foundation with Saksham Community Centre)	2017-18
5	<u>Social Welfare</u>	Leo Club, Vashi (Report on working as a member of LEO Club)	2017-18



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6	<u>Child Education & Welfare</u>	Udaan Foundation, Kolshet Road, Thane (A Report of 10 days working at Udaan Welfare Foundation NGO For 30 hours)	2017-18
7	<u>Old Age Service</u>	Swami Shanti Prakash Virdh Ashram, Ulhasnagar (A Report of 15 days working at SWAMI SHANTI PRAKASH VIRDH ASHRAM For 30 hours)	2017-18
8	<u>Social Service for Needy People</u>	S. Simran Seva Pratishthan, Ulhasnagar, Thane (Report on volunteering by students at S. Simran Pratishthan, Ulhasnagar, Thane)	2018-19
9	<u>Medical Camp & Eye Check-up Camp</u>	Manraj Pratishthan , Kurla Mumbai (A Project Report entitled Get Set Change)	2018-19
10	<u>Mahim Beach Cleaning</u>	Image Foundation, Mumbai (A Project Report entitled Get Set Change)	2018-19
11	<u>Elders' Home Visit</u>	Justice H. K. Chainani Elder's Home, Mulund (A Project Report entitled Betterment of Living Conditions in Old Age Homes)	2018-19
12	<u>Protection and Promotion of Environment, Health & Education</u>	Aai Caretaker, Chembur, Mumbai (Report on volunteering by students at Aai Caretaker)	2018-19
13	<u>Education of Poor Children</u>	Akansha Foundation, Chinchpokali (Report on volunteering by students at Akansha Foundation, Chinchpokali)	2018-19
14	<u>A Helping Hand for the Aged</u>	Janata Janardan Parishad, Ulhasnagar, Thane (Report on volunteering by students at Janta Janardan Parishad, Ulhasnagar, Thane)	2018-19

**A Report of 14 days working at
Sai Seva Old Age Home NGO
For 30 hours**

**Presented By
Student of EXTC department
D14-A**

- 1. Wilson Alen (2)**
- 2. Abhishek Belgaonkar (5)**
- 3. Shatabdi Chaudhary (13)**
- 4. Sanket Ekhande (21)**
- 5. Kalpesh Kolhe (41)**
- 6. Nachiket Kolhe (42)**
- 7. Aman Pandey (57)**

**Vivekanand Education Society's Institute of
Technology Collector colony, Chembur east, Mumbai-74**

25 September, 2017

PREFACE

India is known for its rich culture and heritage. But the increasing number of old age homes is adding shame to our nation. An ancient adage says Maatha , pita, guru , deivam which refers to the order of importance our ancestors have given. A mother and father are ranked higher than even the Almighty. Parents take care of their kids with utmost affection and unconditional love. They don't expect anything in return from their children. But they deserve to be respected and loved. Old age homes are mainly for people who got abandoned by their kids. They may have all facilities and amenities in an old age home but they will not get the love they need. Love is a medicine which can cure many diseases. Indians, who are known for their precious family set up, should protest against people who send their parents to old age homes. To understand that , " we must take care of our parents when they become old", we decided to work with old age home for 15 days . The underlying message behind working in an old age home is , "**it is the oldest tree that bears the sweetest fruit** " .

ACKNOWLEDGEMENT

I would like to thank Geeta mam for giving us this project of joining an NGO because of which we had a new experience which we could not have received just by doing our curriculum and we also got an exposure to the outside world where we have learnt how to communicate with various people, how to respect other people's opinions, how to do convince people. This project really helped us to improve our personality. I would also like to thank my group members for making this NGO work not just with great success but also with lot of fun.

ABSTRACT

Sai Seva Oldage Home organisation at Jeevan Joshi Bunglow , Infront of Paradise building, Navapada cross road, Subhash road , Dombivli West is working to provide a comfortable, safe and caring environment for elderly ladies and gentlemen. Our team joined this NGO as volunteers and helped the NGO in various aspects. We spend our best time with senior citizens. We spoke to them, shared our love and we sang songs, danced for them. They shared their sadness and personal stories with us. We taught them "How to use smartphones?". Being a part of organization, we helped the authorities in arrangement of necessary household things. Everyday, our team used to take care of proper cleanliness and sanitation at NGO. We assisted authorities and Doctor for senior citizen's monthly checkup. We also conducted Yoga session for them. We convinced the localite people to become helping hand for Organisation. We also celebrated Ganesh Festival with them. These activities helped us to understand our social responsibility and to improve our personality and communication skills.

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1.Introduction Of NGO

Sai Seva Oldage Home organisation at Jeevan Joshi Bunglow ,Infront of Paradise building,Navapada cross road, Subhash road ,Dombivli West was established year 2014. It was founded by Mrs.Suvarna Hariyan. She got inspired to run old age home while dedicatedly nursing the patient. Organisation provides residential care with full boarding & lodging facility to the old with medical care nursing care to the old, belonging mostly to poor & middle class individuals (above 60 years of age) with capacity of 15-16 beds. Mission of the trust is to provide a highest quality individual care experience, which exceeds each resident's expectations making them feel safe, secure and cared for. Other than this the trust provides job opportunities for local ladies.

2. Description of day wise activities:

Day 1 (1st August)

Introduction :

Our team organised a campaign project to Sai Seva Old Age Home, at Dombivli. As our first day, we intoduced with NGO founders and residents, from that we came to know the structure of this NGO and as to how it functions.We met around 15-16 senior citizens, who were left by their children to spend the rest of live there at old age home.It deeply moved us and from we learnt a lesson of life i.e whatsoever the situation is never desert your parents because they never gave up on you.

Day 2 (2nd August)

General Talks :

On second day, we conversed with those unfortunate parents.Those people were suffering from loneliness & mental strain which was easily seen in their moist eyes and still they hoped that someday their children would come and take them

back to home. By these conversation we were deeply moved. They always took pride in mentioning laurels and achievements of their children. One of the senior citizens who was fondly called as "baba" had experienced some hardships due to his children. "My son is a America return Computer engineer", said baba, with proud eyes. Another lady whom we affectionately called "amma" even invited all of us to her house for upcoming Ganpati festival. Though seriously ill, but her words moisten our eyes. That day was truly a difficult one as we had to disguise our tears with a smile so that all the people in NGO can keep smiling.

Day 3 (3rd August)

As we commenced our 3rd day some of us noticed that the some of the senior citizens were suffering from asthma and had breathing problems. They were bothered by the roadside dust. Though maushi and madam were trying to keep the surroundings clean, but four hands were not enough to do so. So all of us thought to help them in cleaning and sanitizing. The process begin with dusting beds and replacing bedsheets. All of the furniture was wiped and curtains were removed so that maushi can wash them. Cleaning house having many rooms proved tedious task. We decided to clean the floors, grills and other stuff later on as the things necessary for that weren't available. After replacing curtains and bedsheets our 3rd day came to an end.

Day 4(4th August)

On Day 4, maushi assigned all of us to bring some groceries and other stuff required for NGO. We also decided that we would bring the cleaning materials which wasn't available the previous day. As planned we went to different shops bargained and brought the best requirements at nominal cost as one of our friend Aman knew a shop whose owner was a close relative. Meanwhile at NGO, Shatabdi was helping maushi in making tea and evening snacks for the people at NGO. After returning to NGO we engaged in pleasant conversation with maushi and "Aaji", one of the many elders in NGO.

Day 5 (5th August):**Teaching the smartphone basics:**

As we entered NGO one of the members received a call. Seeing him conversing on the phone, some of the seniors present there were keen enough to ask us how to use the smart phones. So we decided to teach some of them how to use the smartphone, so that all of the other members can contact their children and friends whenever they feel like talking to them. We taught them how to make calls and some features which can help them like sending messages. They also told us about the means of communication they had back in their days. They were awestruck when we showed them how speedy and effective modern communication had become. We also downloaded some bhajans in their mobiles so that they can chant lord's name. They were very grateful as "aajoba" one of member of NGO family dialled his first call. After a brief conversation on good olden days and modern days we left NGO with another good experience

Day 6 (6th August):**Played Games:**

The day being Sunday or Funday mentioned by baba, we conducted entertainment session with them. We played games with some of them. Too elderly persons enjoyed watching our game. During this they had cheered us a lot. We played *Antakshri* and sung songs with them. Their songs dated back from Black and white era. Most of the songs were unknown to us yet we enjoyed them. We also played some indoor games with them which refreshed their mind. They also shared some of the games which they played during their childhood. Some of the games were *gilli-danda*, marbles etc. Those games which are played virtually by kids today were a reality back in their days. We spent approximately 3 hrs. Another day came to end.

Day 7 and 8 (7th and 8th of August):

On 7th and 8th of August, Founder asked us to create awareness about NGO in our surroundings and to inform our relatives and other people about the NGO. Everyone agreed to the task and suggested some ideas as to how we could proceed with the task assigned to us. We decided as following:-

1. We would tell our parents to pass the information to their colleagues and tell them to help in whichever way they like.
2. We would tell our class mates to visit the NGO.
3. We would ask our relatives and society members to help us in this endeavour.

As a result of our efforts many people helped us. Whereas parent of one of our friend's father agreed to talk to the area corporator to provide necessary help to the NGO.

Day 9 (9th August):

Yoga Session:

We were asked by madam to teach some exercises for the aged people so that they can do them. For some of them, Abhishek taught breathing exercises such as *pranayam* and exercises which could require less or no movement at all. But only some of them seemed interested in doing. Rest of them were unable to perform those exercises due to joint pains etc. It was a good day.

Day 10 (10th August):

Regular Health Checkup:

The NGO had appointed a doctor who came for regular checkups of these patients once in a month. Our group assisted the doctor during the checkup who was visiting that day. During checkup, being engineering students, those biological terms were hard to understand. Madam herself, being a nurse, took medical care of the patients in the NGO. She had a timetable of giving medicine doses to different senior citizens as per their illnesses. We left the NGO once the doctor had examined all of them. It was great that most of them had maintained their health even at that age.

DAY 11(22th August):

On the 22nd it was the 11th day at NGO, we decided to clean all the floors and ceilings of all rooms. Also we decided to clean the store room and Mr. Nachiket suggested that we should include the corridor and all the grills in our mission. Work was distributed amongst ourselves and it was decided that we will

work in group of two for cleaning the rooms and finally we will clean the corridor. Abhishek and Aman would clean store room, Nachiket and Sanket would clean the rooms upstairs accompanied by Kalpesh. Shatabdi shouldered the responsibility of cleaning the kitchen and Wilson handled the responsibility of cleaning the corridor and hall. It was decided that as soon as everyone finishes their work they would help in cleaning the corridor. Cleaning process began and it took nearly 2:30 hrs to clean the whole building. The only difficulty that was faced was to relocate the residents of the particular rooms for time being as they were adamant on leaving their respective beds. Cleaning corridor consumed maximum time also we cleaned the window panes and glasses. After the mission was accomplished we enjoyed a cup of tea.

DAY 12(23th August):

On 12th day we were having a conversation with "baba", as we fondly called him, after all the chores were finished. He told us that his son had visited him earlier that day. He was very happy because his grandchildren had accompanied there. He told us that they had showed him some paintings that they had made in their school. He was very happy when he was telling us about his grandchildren. He said that one of his grandchildren has become a good singer. He also tried to imitate the way in which his grandchild was singing. It brought smile on our faces, but at the same time we were dejected to see him in this condition. But his optimism inspired us in a very motivating way.

Day 13 (28th august)

Ganpati Festival Celebration

On that day, we decided to celebrate Ganesh festival at old age home. We brought some sweets and *prasad* for the elderly people but were unable to distribute because most of them were diabetic so we handed them over to *maushi*. They even told us their way of celebrating this festival. Most of them had went to their children's houses to celebrate with them. We left the NGO after we had wished each and every person.

Day 14(4th September)

On the last day of our assignment we gave them greeting cards and some gifts. These fourteen days were just a roller coaster ride of emotion for us. All the senior citizens bade us farewell blessing us and asking us to prosper in our lives. They told us that they had enjoyed our company and asked us to pay a visit whenever we are free. With a heavy heart filled with various emotions we set our foot out of that gate for the last time.

3. Conclusion:-

We concluded that the becoming older and existence of younger one is cyclic biological process. No one can get rid of these two stages of life. Old age people needs care, love and healthy emotional family sharing for satisfaction. Young ones need growth and success in today's competitive world. These two objectives are to be strategically balanced. The parents is to be given high priority over everything. They should be included in the family running process so that they could feel themselves not ignored. It was really a joyous experience for all of us to visit the old age home and interact with its inmates. The most inspiring thing we learnt there was that in spite of facing so many hardships these aged people have brave hearts and are still trying to find endless ways to be happy to live. One thing we learned i.e whatever is their present is going to be our tomorrow. When our parents never left our side when we were kids then we have no right to leave theirs when they need us the most.



*Manish
S. Gupta*

NGO PROJECT REPORT

(AKANKSHA FOUNDATION, CHEMBUR)



By

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Prosenjeet Mondal – (48)

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24th September, 2017

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PREFACE

This was the first time we were associated with an NGO for 15 days, helping out the students with the best of our knowledge and skills. The Akanksha Foundation NGO envisions inclusive and empowered communities and individuals. It is an organization with a mission to impact the lives of children from low-income communities, enabling them to maximize their potential and change their lives. Akanksha works primarily in the field of education, addressing non-formal education through the Akanksha center and also formal education by initiating school reform through The School Project. Looking ahead, Akanksha foundation is seeking to expand the network of schools, share the effective practices and advocate for quality school reform for children across India. Working at the NGO was totally a new experience in itself. When we visited the center, we came to know about the challenges faced by the instructors and interacted with the students at the center and realized the students from 6th Standard to 10th Standard have a great desire to learn. We realized that the students have so much potential and only thing is that to increase the workforce available at the NGO so that the need of each and every individual seeking help at the NGO can be satisfied. The organization Akanksha Foundation was helping them in channelizing their art and to maximize their potential and change their lives. This in itself gave a sense of accomplishment for the foundation and pride for us to be working with the organization, which was working for such a great cause.



ACKNOWLEDGEMENT

We would like to express our special thanks of gratitude to our institute VESIT (Vivekanand Education Society's Institute of Technology) Mumbai. We would also like to extend our thanks to Professor Mrs. Geeta Ajit and the coordinators for coordinating activities and giving us an opportunity to work with reputed non-profit organization – AKANKSHA FOUNDATION. Working with Akanksha Foundation provided us the opportunity to learn about different initiatives taken by the organization in the upbringing of the society. It also gave us insights about various challenges faced by people living in slums and different ways how to approach the problem.

We express our gratitude to the members of the NGO for helping us out as and when needed during our project. The various opportunities at the NGO have immensely helped us in shaping up our research project and also helped me in understanding the values that the NGO contributes.

Last but not the least, a special thanks to Mrs. Lekha Menon who was always there to support us at the NGO, for anything. The project would not have been possible without the active guidance by her. We would really like to appreciate the support and hard work put by her and would cherish his help for being a great mentor.



EXECUTIVE SUMMARY

The project aimed at helping the Akanksha Foundation NGO strengthen its efficiency in bringing the change and the transformation required for development of the children of the needy sections of the society. The NGO has been so far doing excellent job to serve for the social cause of helping the children from low-income families to have high quality. The situation was that each individual child had some different problem which needed to be understood from his/her point of view. For this, the requirement was that the number of guides or mentors available for the children to seek help from should have been sufficient. The objective of this project was to help the students at NGO from the low income families gain their maximum potential. We aimed to work in groups at the NGO for 15 days each. The thing we did was that we assigned 1 volunteer at a time for mentoring 3-4 children at the NGO so that every child there could get fruitful attention, for this project to be fulfilled by focusing on the teaching activities for the students, to spend time with the students to understand the root cause of their problem, to enhance various skills of the students and to give them a proper guidance for their future. We the students of VESIT, had worked with the NGO for 2 hours on daily basis by forming groups of 7 students where each individual worked for 15 days.



INTRODUCTION

Non-Government Organizations (NGO) have been, in theory, into existence for many decades. Non-government organizations can vary in many different forms of association.

The Akanksha Foundation is a non-profit organisation with a mission to provide children from low-income communities with a high-quality education, enabling them to maximize their potential and transform their lives. Akanksha works in the field of education, initiating school reform through the School Project, and providing a supplemental education through the Akanksha centers. Currently, Akanksha reaches out to over 4600 children through two models: the after-school or center model and the School Project.

The centre where we were associated was Akanksha Foundation's Chembur after-school centre located near Shankaralaya Temple, P.L. Lokhande Marg, Chembur (West). It is an after-school centre where students come to gain knowledge after attending their daily schools.

Akanksha has over 15 centers and 15 schools in Mumbai and Pune. The School Project is a venture to open high-quality schools serving children from low-income communities in Mumbai and Pune. These schools are in partnership with local municipalities, with the vision of creating small clusters of model schools in these cities that can be used to impact the mainstream education system. Through the centers, a commitment is made to support each child by providing a strong educational foundation, good time, self-esteem and values, and to help them plan how they can earn a steady livelihood as a step towards improving their standard of living.



METHODOLOGY & ACTIVITIES

After understanding the needs of the NGO which were due to the insufficient workforce available, the method we tried to use was to divide ourselves so that each of us could handle multiple students while giving attention to each of the student over there. The main thing was to have one to one interaction with each and every student who was trying to seek help.

For this, the thing we did was each of us handled three to four students. The main thing which we wanted to achieve was understanding their problems could be solved because of this kind of interaction we adopted to have with the students over there. Each and every kid over there had different level of problem and it was needed to be handled according to his/her convenience. Each of them basically had different ability to grasp the things. So we had to go to everyone's level to make them understand the things right.

Our basic job there was to teach the students learning in 9th – 10th classes. We all had divided our jobs according to the time-table the kids at AKANKSHA had so that we could help the mentors at the NGO achieve their goal to maximum level. We helped the kids there in Mathematics, Science, History, Geography, Marathi, Hindi which they had for their syllabus of their respective classes. All the students could not retain the things taught, so we had to gear up/down our way of teaching so that everyone was able to understand what was being taught.

Not only their syllabus was being taught by us, but also we spent time interacting with them. By doing this, we got to know about them and even we could realise that they too enjoyed the time spent well.



RECOMMENDATIONS

Working with the NGO was a delightful experience, the 15 days with the organization not only helped us to work for social cause but also helped us to gain exposure in teaching the students in the organisation. Working for the NGO was a challenge in itself, however planning the tasks made the journey pleasant and easy. Sticking to the roadmap was the strategy throughout. After working for 15 days that is almost 2 weeks, we came across various challenges and tried best approaches to overcome them. There were various best practices followed and would recommend to be followed by the foundation throughout to have an edge over the others. The recommendations can be summarized as below:

1. That each individual child has some different problem which needs to be understood from his/her point of view. For this, the requirement is that the number of guides or mentors available for the children to seek help from should be sufficient.
2. The website needs to be updated at the earliest. These days, website is the new face of the world over Internet. The current website is not that responsive as far as volunteer registration is concerned and has a lot of defects which need to be rectified.



CONCLUSION

In conclusion, AKANKSHA NGO has a history of providing help to the unprivileged kids not only locally but also on a very large platform over the country. Hence, we conclude saying that by joining working in this NGO, we have helped in accelerating the growth of the children who are in need of seeking help. It has always been a pleasure for us to work for the social cause of spreading knowledge to those sections of the society which are in real need and generally not paid attention by the developed sections of the same society. We have also come to know what are the problems that the society is facing in today era and how we can do our best to help the society overcome those problems.



APPENDICES

IMAGES AT THE NGO



Fig..1 Vignesh Nadar interacting with a kid at AKANKSHA

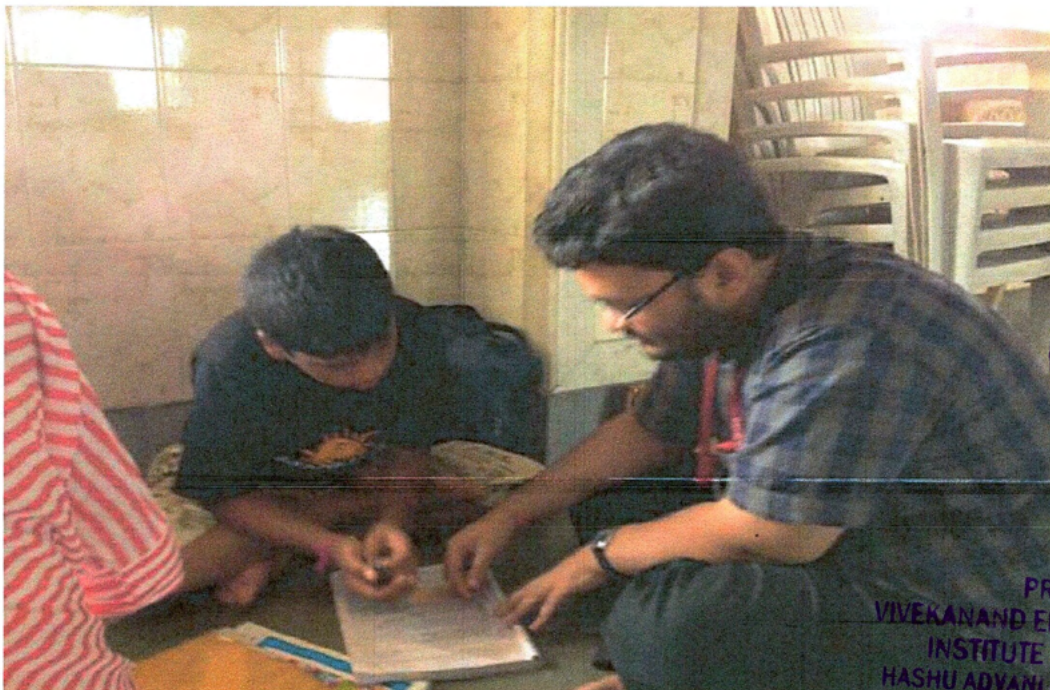


Fig.2 Suyash Nachankar interacting with kids at AKANKSHA



Fig.3 Aakanksha Jadhav interacting with a kid at AKANKSHA



Fig.4 Gauri Joshi interacting with kids at AKANKSHA



Jayalal
PRINCIPAL,
VIVEKANAND EDUCATION SOCIETY'S
INSTITUTE OF TECHNOLOGY
HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400-074, INDIA.



Fig.5 Peeyush Kelkar interacting with kids at AKANKSHA

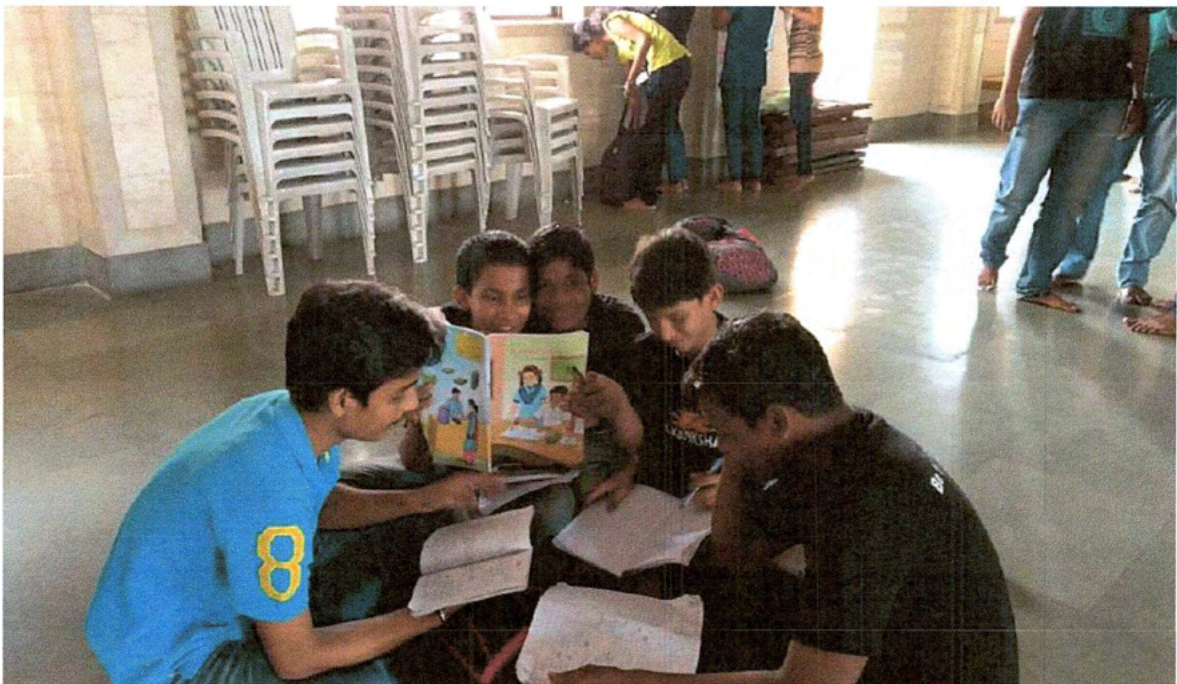
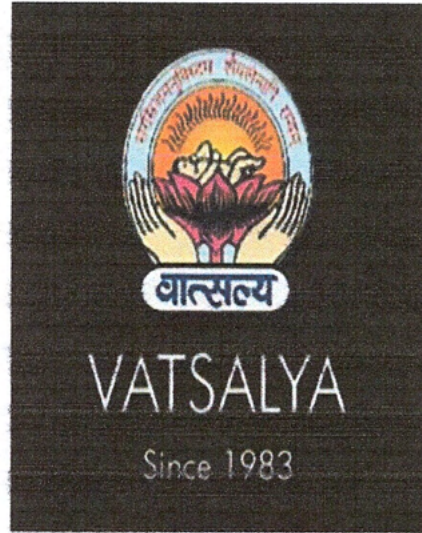


Fig.6 Prosenjeet Mondal interacting with kids at AKANKSHA



Sayali
PRINCIPAL,
VIVEKANAND EDUCATION SOCIETY'S
INSTITUTE OF TECHNOLOGY
HASHU ADVANI MEMORIAL COMPLEX,
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A Report on
Working in Vatsalya Trust



Presented By
Student of EXTC Department
D14-A

Varsha Gole (25)
Omkar Jagtap (33)
Onkar Joshi (37)
Sushant Sawant (72)
Shraddha Shinde (75)

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September 2017

September 2017

ACKNOWLEDGEMENT

I would like to thank Geeta mam for giving us this project of joining an NGO because of which we had a new experience which we could not have received just by doing our curriculum and we also got an exposure to the outside world where we have learnt how to communicate with various people, how to respect other people's opinions, how to do convince people. This project really helped us to improve our personality. I would also like to thank my group members for making this NGO work not just with great success but also with a lot of fun.

Executive Summary

- Project Title:- Internship in Vatsalya Trust, Kanjurmarg
- Designation of the proposer:- 3rd Year EXTC students (D14-A)
- Address of the proposer:- Vivekanand Education Society Institute of Technology
Collector Colony, Chembur-(E), Mumbai-74.
- Duration of working at NGO:- 30 hours

Organization Profile

Registration Details:

- Established Date:- February, 1983
- Reg. No.:- E/9180, Mumbai

Governing Body:

- President- Dr. Vilas Ainapure
- Chairperson- Smt. Shalini Jail
- Secretary- Shri. G. A. Damle

Introduction:

“Not all of us can do great things, But we can do small things with great love”

Vatsalya Trust was established on 8th February 1983 and is located Near Kanjurmarg police station, Kanjur(E), Mumbai-400042. ‘Vatsalya’ a sanskrit word meaning affection was considered appropriate for naming the proposed Charitable Trust. Till this year 1304 children have been admitted to the Trust. During the year, 26 children were given in adoption to loving families. Out of these, 4 children were adopted by Non Resident Indians. The trust makes sincere attempt to remain in touch with all the adoptive parents and children. The projects AAKAR- Early Intervention Centre and KHUSHI- Child and Parent Guidance Centre are organized by Vatsalya Trust, Kanjurmarg. There are 3 branches of Trust located at Kanjurmarg (Orphanage), Sanpada (Oldage Home, Orphanage), Alibag (Oldage Home, Orphanage).

Our Mission:

To aware people about the Trust and facilities provided by the Trust. (Nursing, Driving, Computer Courses, Ethical Hacking) and the main motive of Trust is to provide treatment for special children under AAKAR and KHUSHI projects.

Aims and Objectives:

- To rehabilitate homeless / destitute children by placing them in adoptive families.
- To provide adequate medical and developmental facilities through the childcare center till adoptive families are located.
- To serve destitute of all ages without any gender discrimination.
- To provide shelter, nutrition, formal education and vocational guidance to grown up children from socially and economically backward families.
- To provide temporary shelter and counseling services to women in distress.
- To organize periodical health awareness and community development programs.

What is the issue, problem, or challenge?

Mostly, the people are unaware of the facilities provided by the trust but they want to reach out to the people who are really in need.

How will this project solve this problem?

First of all, we conducted survey nearby the local areas from where we got to know about special child (Physically or Mentally Disturbed) of the families. We inform them about the treatments (Occupational Therapy, Physio Therapy, Speech Therapy, Special Education, Counselling) provided by the trust. Trust also provided the facilities of driving, nursing for girls who are below poverty line who wanted to do this as their profession. Additionally, MS-CIT, Tally and Ethical Hacking courses are available for all.

Project Message:

We experienced the life of an orphanage. It was a joyful and heart touching experience to be with them as we are a part of them.

Project Activities:

- Emotionally connected to the children.
- We conducted an Origami session.
- Games like potato race and ball throw in a bucket were also held.
- At last prize distribution was held.

Description of day wise activities:

Day 1 (22nd August)

Introduction :

Our team organised a campaign project to Vatsalya trust, at Kanjur Marg As our first day, we introduced with NGO founders and residents, from that we came to know the structure of this NGO and as to how it functions. We met around 22-23 childrens, who were left by their parents or special child. It deeply moved us and from we learnt a lesson of life i.e whatsoever the situation is never desert your parents because they never gave up on you.

Day 2 (28th August)

Ganpati Festival Celebration:

On that day, we decided to celebrate Ganesh festival at Vatsalya Trust. We brought some fruits for the childrens but were unable to distribute because ngo was concerned about safety of child. They even told us their way of celebrating this festival. Most of them had went to their children's houses to celebrate with them. We left the NGO after we had wished each and every person.

Day 3 & 4 (1st & 2nd Saptember)

NGO arranged a training session for us, that how we can work efficiently like from where we can get some information about special child. The session was conducted by Mr. Shobhit Roy they are currently working as lecturer of psychologist. They gave us a brief idea how we can work to get information from teachers, classes and to survey in area where we get to know where there is any special child is present in particular area or not.

Day 5 (3rd Saptember)

Survey :

We conducted surveys in nearby areas how many persons are there in area , we went to every home that are nearby NGO.

Day 6 (4th Saptember)

Survey and Advertisment :

We conducted surveys in nearby areas that we went to classes to advertise our NGO what provides to economically backward childrens, that are nearby NGO.

Day 7 (5th Saptember)

Survey and Advertisment :

We conducted surveys in nearby areas that we went to classes to advertise our NGO what provides to economically backward childrens, that are nearby our Home.

Day 8(6th Saptember)

Survey and Advertisment :

We went to classes to advertise our NGO what provides to economically backward childrens, that are nearby our Home.

Day 9 (7th Saptember)

Survey and Advertisment in Kanjur Marg:

We conducted surveys in Kanjur Marg area that we went to classes to advertise our NGO what provides to economically backward childrens, that are nearby our Home.

Day 10 (8th Saptember)

We went to Ram Nagar area to do survey in chawls to give some info about Ethical Hacking program arranged by Vatsalya Trust. And we collected information about spacial childs.

Day 11 &12(11th & 12th Saptember)

Survey and advertisement in kanjurmarg(E), Ram Nagar, Rekha Sadan, of aakar and khushi that are *Yojana* for childs of economically backward class peoples.



Aakar



Jayakhy

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Day 13 &14(13th & 14th September)

we submitted all papers of surveys that were conducted .Then we contacted people that are interested in any NGO program, so that they can get help.

Day 15(15th September)

M



Activities



Jayal
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We arranged Activities for children which are Potato Race, Ball throw in bucket, Origami Session. Then we distributed Prizes for some childrens and gave some fruits to them.

Conclusion:

It was a great experience to share our moments with them. The happiness we experienced while playing with them was unforgettable. While surveying different areas we experienced various people mentality their response towards us and some respond in good way.

"A life not lived for others is not a life"



Dr. Ganta Aishwarya

A REPORT ON
UDAAN the welfare foundation with
Saksham Community Centre

Presented by: GROUP 5

HARSH JANYANI(35)
MAYURI MOORTHY(49)
NISHANT MORE(50)
AMEY PARAB(58)
JANHAVI PARTE(60)
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AKSHAY YADAV(79)

Vivekanand Education Society's Institute of Technology
Collector colony, Chembur east, Mumbai-74

SEPTEMBER, 2017

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PREFACE

The NGO worked for works for the wellbeing of the children and organising various camps for the communities. Also it provided small scale job opportunities for the women of the nearby communities. Also the NGO asked the people living in under developed area to approach the NGO for any diagnosis purpose like eye, dental and heart related problems. Therefore, we are interested in assisting the NGO in teaching ,playing and spreading awareness in the society regarding the programs and efforts this NGO take for the welfare of the society.

ACKNOWLEDGEMENT

I would like to thank Mrs. Geeta Ajit ma'am for giving us this wonderful opportunity to work for an NGO. Through this project we got new experience which is difficult to be expressed in words. We got to know the difficulties and hurdles faced by the less privileged section of our society and how we can help them lead a better life. This project also gave us an exposure to the way the outside world works. We interacted and communicated with different people. I would also like to thank our team members for being supportive throughout and for making this project a wonderful memory to cherish.

ABSTRACT

The NGO actively participates in a week-long festival – DAANUTSAV. In this ,the NGO represents the Brahmand and Hiranandani estates of Thane zone. We here helped the NGO by creating awareness about DaanUstav and making people know how they can participate in DaanUtsav. For this we created some posters, and suggested some innovative ideas for donations. Also we asked the residents to support us in spreading the message. Discussion with the whole team led to some innovative ideas for further organization of this event and to teach children in the best way possible. According to a rough estimation 15000 pamphlets will be distributed through newspapers and 5000 with the help of shopkeepers.



DAY 1

As it was our 1st day to Udaan Saksham foundation NGO, we were introduced to the President of this institute, Dr Anil Luniya. He gave us a brief idea about the NGO, which organizes and monitors a diverse set of health, education and skill-building activities for underprivileged women, children and families residing within 5km of centre. He well explained that, the objective of this NGO is to spread awareness and arouse interest in children beyond textbook education and thus serve children with carefully designed and customized educational projects. We were given a task to organize a event named Daan Utsav, where people can donate any kind of things they wish to. The event is of 1 week duration where people can come to this institute and do so.

Dr. Anil Luniya stated that, We were students from technical background and since he had enough of volunteers for him to work for welfare of children, he expected technical help from us. We were more than happy to help.

DAY 2.

We assembled together in the computer lab of Saksham Community centre, where we worked and brainstormed about creative ideas to organise the event in a new way. We not only read and knew about previous years Daan utsav and its tremendous response but did also personally interact with every kid coming at the NGO and asked him about his expectations from Daan utsav. In our free times We also told them stories and taught tables, Drawing, Craft Origami playing memory games and Dominos.

Thus, We spent some time with children and started planning of organizing the Daan Utsav. We came up with many ideas like Early Christmas, where children were asked what that wish to have and we would give them in the form of Santa gifts.

DAY 3

After Tremendous Brainstorming and searching and Surfing, we finally landed up to a beautiful conclusion, which included multiple categories. people were asked to Kindly donate time, Funds or manpower about the mentioned categories.

We played indoor games and conducted educational activities until our Mentor, Miss. Sharvari Kulkarni and Dr. Anil Luniya Arrived.

We put forth our ideas in front of Dr Anil Luniya. He finalized the idea of making posters for Daan Utsav, which had all the details of the time, dates, things to donate, address. Thereafter we were told to take permissions from societies, schools, malls, nearby shops for distributing those pamphlets.

DAY 4

This day been Teachers day, we spent a lot of time with children doing various activities like fun games, teaching them basics of computer, asking them random questions, math games which were made by our batch students.

We also learnt that each one of us is a teacher in one or the other way. We taught them about their Academics, They taught us games they play.

The students had their exams next week and hence we taught them in new innovative and creative ways about simple basic mathematics.

At the end of the day, It felt like the sweetest thing to receive when they gifted us with pretty hand made greeting cards and craft flowers wishing us 'Happy Teachers Day'.

DAY 5,6

We started planning out how to make posters. We initiated the plan of how to design the poster. We came up with the idea of designing the poster in a childish way as the event was basically based on donation for children. We proceeded to fill up the contents of the posters with creative themes of donation. It all began with selection of kiddish fonts and correcting contents again and again. Multiple corrections were suggested and finally with our immense efforts, We finalized the poster.

Learning new softwares and implementing those for such a huge extra curricular event was a responsibility of a whole new level that certainly did bring out the best in us. As the poster making task was edited through various softwares like Photoshop, PicsArt etc so we completed the poster on the 6th day.

DAY 7

We presented our poster and views for the event to Dr Anil Luniya. Accordingly he and his assistant Miss.Sharvari Kulkarni, gave us more ideas and changes required to be done in the poster. After the last minute changes, The final poster was finally emailed to the Authorities for printing.

Thereafter we discussed the further distribution and publicity plans, and estimated copies to be printed. Total 25000 pamphlets were printed..

DAY 8

The next task was to publicise this event. This day was a field task for us, we divided ourselves in groups of two, where we took permission from nearby complexes to put up the posters on their notice boards. We requested the security of each society to help us in giving the poster to all the flats of their building.

Then we went to the shopkeepers to request them the distribute those posters to the customers who visit them. We did face multiple rejections but we definitely didn't give up. After convincing and explaining nearly 100 shops, We completed the target for that particular day.

DAY 9

This day we went to nearby schools namely ;Sri Maa Vidyalaya, Hiranandani Foundation School and St.Xaviers School, and took permission for publicizing this event to their students. We

requested them to circulate the Daan Utsav posters to their students, put up those on their notice boards.

Thereafter we visited a mall nearby named "Hypercity" to request them to keep these posters on their counters.

DAY 10

Today we visited a few banks namely "Union bank" Manpada branch Thane and Axis bank Hiranandani Estate, Thane, where we requested them to keep a few posters of this event and give away to the customers. Few responded positively and few did not turn out good.

DAY 11

Today we gave all the reports to Dr Anil Luniya, about the permissions granted from a number of shops and societies. As we had completed our task given to us by the NGO, we were told to brief about this Daan Utsav handover the next task of distribution of pamphlets to the next group, who were going to work in this NGO for the next few days. It was really a very creative and exciting experience.

CONCLUSION

The first thing that we learnt was that there are many NGOs who not only need financial support but also help in technical fields. We also were given the task of providing technical assistance to Udaan NGO. We brainstormed a lot to get various innovative ideas to create awareness of the DAAN UTSAV. We also learnt to create posters using various software such as Picsart. We also learnt that we should not lose hope on facing rejections. This also increased our Convincing skills as well as time management.

PAMPHLET



The pamphlet features a central illustration of a smiling orange character with arms and legs, holding a circular sign that says "DAAN UTSAV" and "OCT 2 - OCT 8". Surrounding this central figure are seven ovals, each containing a category: "DANCE AND MUSIC", "FUNDS", "SPORTS", "FOOD AND CLOTHING", "HEALTH", "EDUCATION", and "TECHNOLOGY". Above the central figure is the text "JOY OF GIVING". At the top, a rainbow arches over the text "Daan Utsav At Saksham Community Centre". Below this is the Udaan Welfare Foundation logo, which includes a bird icon and the text "Udaan Welfare Foundation" and "Udaan Welfare Centre".

Daan Utsav
At
Saksham Community Centre

Udaan
Welfare Foundation
Udaan Welfare Centre

JOY OF GIVING

DANCE AND MUSIC
FUNDS
SPORTS
FOOD AND CLOTHING
HEALTH
EDUCATION
TECHNOLOGY

DAAN UTSAV
OCT 2 - OCT 8

KINDLY DONATE TIME, MATERIAL OR FUNDS FOR
ANY OF THE ABOVE MENTIONED CATEGORIES

www.udaanwelfare.org
info@udaanwelfare.org

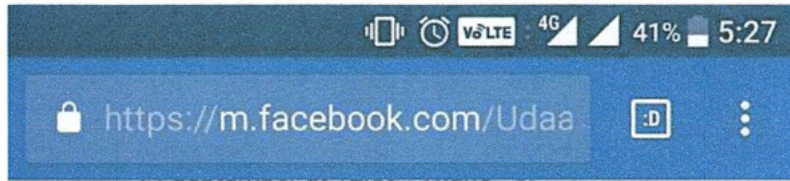
[/udaanwelfarefoundation](https://www.facebook.com/udaanwelfarefoundation)
[/udaanwelfare](https://www.facebook.com/udaanwelfare)

Venue: Gala no 1, Survey No 80, Hissa No. 15, Near Indofil Company Gate,
Azadnagar, Kolshet Road, Brahmand Thane West, Thane 400607.

For more details, contact Dr. Anil Luniya on
9969162761

WE ACCEPT PAYMENT THROUGH CHEQUE ONLY
DONATIONS ARE EXEMPT U/S 80G OF INDIAN INCOME TAX ACT

UDAAN FOUNDATION FACEBOOK PAGE



Second batch of Vivekanand Education Society's Institute of Technology completes their volunteering at Udaan Welfare Foundation. These enthusiastic students explored what it is like to work with the community!

What was your experience of field visits? "It was a learning for us. It's tough to ask for their favour. People simply reject before listening to you. We covered one area to make people aware about Daan Utsav .. some didn't bother to listen, some people listened but many liked the idea as it's for noble cause!"

Will you think of coming back to us for volunteering? "We loved playing with children and working here. Yes, we will come back to volunteer whenever we find time."

Volunteering is to contribute for a cause. It's a powerful way of uplifting your life. It is to work on something bigger than you!

Get in touch with us to #Volunteer at #SakshamCommunityCentre

#Seva #NGO #EducationalNGO #CSR #SocialResponsibility #Help #Underprivileged



Handwritten signature

REPORT ON
WORKING AS A MEMBER OF LEO CLUB

By
Apeksha Yadav

**VIVEKANAND EDUCATION SOCIETY'S INSTITUTE OF
TECHNOLOGY,**
Collector Colony, Chembur East, Mumbai- 400074.

September 2017

PREFACE

Leo Club of Vashi Gold, under President Nidhi Balhera, has been just a year old. Our Club involves activities to acknowledge and encourage real life heroes who selflessly have been working for the betterment of the society.

ACKNOWLEDGEMENT

I would like to thank our teacher, Mrs. Geeta Ajit for giving us the opportunity to work upon such a selfless yet learning project. I am also grateful to the President Nidhi Balhera and Vice President Saurabh Ukey of Leo Club of Vashi Gold for giving me the opportunity to be a part of these selfless activities. The activities and events would not have been a success without their guidance.



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INTRODUCTION

Leo Club is an international Youth Club associated with the Lions Club International. The word Leo stands for Leadership, Experience and Opportunity. Leo Clubs encourage youths to develop leadership qualities by participating in social service activities.

Leo Club Vashi Gold came into existence in 2016. Being anew, Leo Club Vashi Gold see a lot of opportunities to serve the society and bring a change. As a member of Leo Club, our aim is to encourage people who have taken a step forward to bring about a change in the society.

M

DAY WISE REPORT

DAY 1

On the first day, I attended the Installation of Leo Club. I understood the structure of Leo Club. Krutharth Shah was revered as the President of District 3231 A2.

President of Leo Club of Vashi Gold, Nidhi Balhera gave me a brief overview of the works to be done as a member. The Installation concluded with the speeches of Lions Club members. The members of Leo Club were referred as Leos which stands for Leadership, Experience and Opportunity.

I was later told about the activities to be held in the following month and was asked for my inputs.

DAY 2

Our first activity was to held be in Narmada Niketan Old Age Home and Care Centre, C.B.D. Belapur.

We celebrated Independence Day and Janmashtami at the Care Centre on 15th August. We organised musical show, dance performances and distributed fruits amongst them.

We spent over 5 hours with them, singing, dancing and talking.

They told us about their lives at the centre. We met many great souls, people we could look up to.

DAY 3

A meet was kept in order to plan out the events to be organised in the year 2017-18. Various sectors were discussed that we

thought should be worked upon. The following areas are our goal for the current year-

- Empowering the Differently Abled
- Empowering the Visually Impaired
- Pediatric Cancer And HIV
- Diabetes And Cardiac Care
- Women's Health
- Waste Management
- Mental Health Awareness
- Animal Welfare
- Education And Mentorship
- Nutrition, Sanitation And Hygiene
- Rehabilitation of Sex Workers
- LGBT Rights

DAY 4

We had to make around 40 packets of pulses and buy 10 packets of oil for our next activity. We divided our work and spent time making sachets of pulses.

We also got to know about each other, as most of were not very familiar with each other. The meet helped us grow our bond as Leos.

DAY 5

The grains activity took place on Saturday, 2nd September.

It took place in Sector-27, Nerul, where there are about 70-80 shanties organised into a small community.

A total of 40 packets consisting of 4 types of pulses and 10 packets of oil were distributed. A single bag comprising of 4 types of pulses and a packet of oil was donated to 4 families who were in absolute need. Rest of the packets of pulses and oil were distributed to 30 families.

We also had a conversation with Ajay Paskan, a local who has taken upon himself to serve them and look after the education of the children. We also interacted with the kids. These kids are really smart and just need a proper direction to walk in.

Along with the 30 families It turned out to be a highly beneficial activity for the 4 families as it will feed them for a week or more.

They not only need necessary supplies, but also need guidance and moral support in uplifting themselves. They seemed to be a really nice community and hopefully we will be able to serve them in different way.

DAY 6

Discussion regarding our upcoming event, Mixed Breed Pure Heart was planned. We had to buy approximately 50 kgs of rice and 30 packets of biscuits for the dogs.

DAY 7

On 27th August, we organized a Zonal activity named “Mixed breed pure heart” with Leo Club of Navi Mumbai CBD, Leo Club of Bombay Mulund and Leo Club of Bombay Lakeside. We donated 400 kgs of rice for rescued dogs. There were around 25 rescued street dogs under the care of Mrs. Padma. These dogs were vaccinated and taken care of by her.

Leos had a great time playing and feeding them.

CONCLUSION

The last 2 months have been a beautiful learning process for me.

It is easy to make time for ourselves and work on our problems. But looking into other people's lives and helping and guiding them through their difficult times demands a lot of courage and patience.

Leo Club aims to help and acknowledge various heroes who we miss in our hectic routine.



MEET ABOUT THE GOALS OF THE YEAR



"MIXED BREED PURE HEART"



Sayakshi

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MUMBAI-400 074, INDIA.**



“MIXED BREED PURE HEART”



FUND RAISING ACTIVITIES

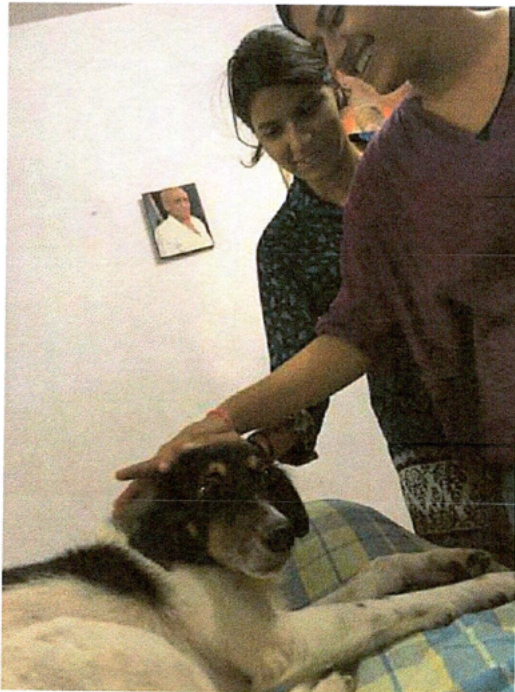


M

Jayashree
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COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.



SINGING ALONG WITH THE AGED



PETTING WITH THE PRESIDENT



D. Gupta Ajit

Sayali
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MUMBAI-400 074, INDIA.

**A Report of 10 days working at
Udaan Welfare Foundation NGO
For 30 hours**

**Prepared for
Mrs. Geeta Ajit
Teacher of Business Communication and Ethics
(Vivekanand Education Society's Institute of Technology)**

**Presented By
Student of EXTC department
D14-A**

- 1. Rohit Pravin Mungekar(51)**
- 2. NIKKHIL NEGGLUR (55)**
- 3. OJAAS HAMPIHOLI (28)**
- 4. SIMRAN DASWANI (17)**

**Vivekanand Education Society's Institute of Technology
Collector colony, Chembur east, Mumbai-74**

27 September, 2017

PREFACE

In this era of competition everyone tries to go ahead in the race of competition, no one bothers about the people around. Not only at work places but also in schools and colleges individuals treat their superiors very nicely while they consider the people working at lower level as slaves, they do not give proper respect to them because of which the moral values of the people are going down day by day. Now a day's people are very narrow minded thinking only about themselves and doing nothing for the society. People even after being well educated treat peoples like watchman, road sweepers so badly that it really moves our heart.

Working in an NGO will really help all to learn how to respect people even if they are from the lower levels of the society or they are economically weak. It will also help us to be open minded. It will help us to learn that if God has made all of us equal then why we should do discrimination between people. Working in an NGO will help us to improve our personality and teach us to treat all human beings equal. The underlying message behind working in an NGO is **"SPREAD LOVE"**

ACKNOWLEDGEMENT

I would like to thank Geeta mam for giving us this project of joining an NGO because of which we had a new experience which we could not have received just by doing our curriculum and we also got an exposure to the outside world where we have learnt how to communicate with various people, how to respect other persons opinions, how to do convince people when they do not agree with your opinion, eagerness the students showed when we were teaching them etc. This project really helped us to improve our personality. I would also like to thank my group members for making this NGO work not just with great success but also with lot of fun.

ABSTRACT

Udaan Welfare foundation NGO is an organization at Gala No. 1, Near Indofil Company Gate, Azadnagar, Kolshet Rd, Brahmand, Thane West which works for the wellbeing of the children and organising various camps for the communities. We joined this NGO as volunteers and helped the NGO in various aspects. We went into the communities in rural areas where did the publicity related to free dental and the cardiac camp wherein we learnt how to make different strategies to convince people to come to this camp and also felt little bad we faced rejection but it made us to think some different ways to convince people. We also prepared posters for this free dental and heart check-up in Marathi and Hindi language so that the information related to the camp can be conveyed to many people. We helped children by teaching them not only different subjects from their curriculum but also some extra conceptual knowledge which would help them in future education. We also enjoyed playing with children's at NGO. The NGO had physical models for science so that the basic concept in students mind could be cleared but there was no such physical models for maths which could make maths interesting, we made some models and charts like place value system, trigonometric models, charts on different geometric shapes with there are and perimeter, area of triangle, broomstick multiplication and charts on tables from 1 to 20 and also prepared a manual for these maths models so that whoever teaches it in future to the students the will not find any difficulties to teach them. These activities helped us to improve our personality and communication skills.

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1. Introduction:

Udaan Welfare foundation NGO is an organization at Gala No. 1, Near Indofil Company Gate, Azadnagar, Kolshet Rd, Brahmand, Thane West which works for the wellbeing of the children and organising various camps for the communities. Including me there were three other members in our group, they were- Ojass Hampiholi, Nikkhil Negglur and Simran Daswani who worked at this NGO

We started this NGO work from 4th August, 2017 and completed all the work given to us by the NGO by 30th August, 2017. We used to go at the NGO after our college hours and work there for at least 2 hours. We also worked for more than 4 hours during Ganapati Vacation to complete the work given by the NGO to us. The various assignments that were given to us by the NGO were going into the rural area and telling them about the free dental and cardiac check-up that was held by the NGO on 15th August, 2017. We were also told to design posters for the free dental and cardiac camp in Hindi and Marathi so that the masses can understand about the camp and more people will come to attend this free camp. We were also told to teach students in the subjects they had doubts and some extra concepts that will help them in future. We also played with kids there. We were also given an assignment of making some maths models and charts like place value system, trigonometric models, charts on different geometric shapes with there are and perimeter, area of triangle, broomstick multiplication and charts on tables from 1 to 20 and also prepared a manual for these maths models so that whoever teaches it will be able to teach the students properly and can maths an interesting system. These were the assignments given to us by the NGO which we completed with great enjoyment.

2. Description of day wise activities:

On 3rd August we went to NGO first time and met the founder of the NGO- DR.Anil Luniya to ask him whether we could join this NGO as volunteers. He agreed that we can join this NGO for doing a 30 hours project and told us that we should not teach students the curriculum subjects as we were not permanent volunteers and the students will lose a link once we leave the NGO. Instead he told us to clear the doubts they had in particular subject and teach them something out of syllabus that will help them in future He also told us to do field visit rural area and tell them about the free dental and cardiac camp that was organised by the NGO on 15th August, 2017. He also asked us at what time we can come to NGO. We told his by 3:30 or 4:30 and even in Ganapati vacations. He told us that the timings are perfect. He also showed us the entire NGO. He was really very humble person.

Day 1 – Date: 4th August, 2017 Time: 4:30 pm to 6:45 pm

On the very first day of our NGO we were told to go into a rural area and tell them about the free dental and cardiac camp that was organised by the NGO on 15th August, 2017 from 10 am to 2 pm. We were told to convince the people and take their names for the free camp. It was an amazing experience where at the beginning we faced some rejections but then we managed to change our strategies to convince people and we managed to get 11 names which gave us a great sense of happiness. This field visit helped us to understand that when we will be in any organization how we should change our strategies to convince people to accept our ideas.



Day 2 – Date: 5th August, 2017 Time: 3:45 pm to 5:45 pm

On this day there were a group of students who were working on making greeting cards for rakshabandhan so we were told to help them in making greeting cards for first half an hour. We helped them in making one greeting card and then we were told to design posters for the free dental and cardiac camp that was organised by the NGO on 15th August, 2017 from 10 am to 2 pm. We first found some ideas on google and then we started implementing it. Simran did the writing work on poster in Marathi and Hindi languages on A4 size pages and I, Nikkhil and Ojass did colouring of these posters. We made two posters one for cardiac camp and other for dental camp. Then we gave it to the NGO to make its multiple copies by doing its Xerox.

Day 3 – Date: 8th August, 2017 Time: 4:30 pm to 6:40 pm

On this day we met the children's at NGO for the first time. The children there were so joyous that we completely forgot our tiredness and were rejuvenated to teach and play with them. We played with them for first half an hour and then I thought them maths topics like number line and co-ordinate system whereas Nikkhil gave them some examples on number line so that concepts taught by me would be clearer and Ojaas taught them addition and subtraction. Simran taught them English punctuations. It was really a great experience to teach these kids which rejuvenated our minds.

Day 4 – Date: 22nd August, 2017 Time: 4:45 pm to 6:30 pm

On this day we were not given any particular work but we were told to play with the Kids. We played with them games like memory game, x and zeros, dominos, etc. It was really an awesome day

Day 5 – Date: 23rd August, 2017 Time: 4:35 pm to 6:55 pm

On this day initially we met kids and they told us to solve their doubts in particular subjects. Then we met Ms. Sharwari kulkarni at 6:20 pm. She told us that the NGO has working models for science to clear the concepts in students mind but there are no such physical models for maths to make maths interesting so mam told us to make at least 4 models for maths along with its manual so that whoever teaches it will be able to teach the students properly and told us to search the topics on the net on the following days.

Day 6 – Date: 24rd August, 2017 Time: 4:00 pm to 6:10 pm

All four of us sat in the computer room of the NGO and starting searching on the google, YouTube etc. various topics trying to understand the topics and were jotting down the topics which we found interesting and easy to implement on WordPad. In this way on that day we found out 15 topics

Day 7 – Date: 26th August, 2017 Time: 8:40am to 1:00 pm

We called mam and told her that we have found out 15 topics in total and now we can finalize the topics which we could work on. She told us to mail 11 topics with their link which we found most interesting and that would help kids a lot and then she would finalise the topics. The topics we selected were as follows:

(Links of the project are mentioned in bibliography)

1. Maths model on Pythagoras theorem, trigonometry and sum of interior angles of triangle.
2. Maths working model for numbers and place value
3. Trigonometric Maths Working Model
4. Easy Way to teach PLACE VALUE, Standard Form, Expanded Form using paper cups
5. Broomstick multiplication
6. Area of triangle
7. Maths project to make add or subtract easily
8. Fraction circle
9. Geometric shapes using paper models

After mailing this topics to mam we went out to play with kids at NGO. At 12:30 pm mam mailed us 5 topics on which we could work on and they were topic no 2, 3,5,6,9 and told us that we can start working on it on the following days. Accordingly we told the staff at the NGO what materials we require for doing the project

Day 8 – Date: 28th August, 2017 Time: 8:30am to 1:05 pm

I and Nikkhil went with the one of the NGO member to the stationery shop to buy the required items for doing the maths models like chart paper, cardboard, sketch pen, glue and crayons and also went to hardware shop to buy some screws and wires. In the meantime Simran and Ojaas were clearing the doubts the students had in particular subjects. Then we started making the models for maths. We completed three projects on that day in the manner listed below

Name of the project completed	Steps taken to complete it
Geometric shapes using paper models (Appendix C, Day 8)	I did drawing of various geometric shapes like square, triangle, etc. on an A4 size paper and gave it to Simran. She did the cutting work and Ojaas coloured those geometric shapes and at the end I pasted all the geometric shapes on the chart paper and Simran wrote the description on it while in the meantime Nikkhil prepared the manual for the same (for manual refer Appendix D- Pg1)
Area of triangle (Appendix C, Day 8)	I drew a 20*10 box on an A4 size paper and divided it into 20*10 parts and gave it to Simran to cut the outer box and Ojaas coloured it. Nikkhil prepared the manual for the same. Then we used pen refills to illustrate the project(As mentioned in Appendix D- Pg2)



Maths working model for numbers and place value (Appendix C, Day 8)

We all performed the same steps as mentioned on YouTube. Here also I did the drawing and writing part. Simran did the cutting part. Ojaas and Nikkhil colouring and pasting part (Refer bibliography for the link)

Day 9 – Date: 29th August, 2017 Time: 8:30am to 1:15 pm

Before doing the last two projects for the first one hour we taught children addition, subtraction, multiplication and division for the first one hour. On this day we did the last two projects. We completed two projects on that day in the manner listed below but the second project was only partially completed.

Name of the project completed

Steps taken to complete it

Broomstick multiplication
(Appendix C, Day 9)

For this I drew strips of various sizes Simran did the cutting part and Ojaas did the colouring part and finally I and Simran pated it on chart paper and Nikkhil prepared its manual (for manual refer Appendix D-Pg3)

Trigonometric Maths Working Model
(Appendix C, Day 9)

I, Ojaas and Nikkhil made a cardboard box where Simran helped us to stick cello tapes to make the box firm. We fitted screws on the top face of the box and then at the back end of the top face we made the circuit for the model as shown on YouTube (link mentioned in bibliography). Just the back covering of the box was left

Day 10 – Date: 30th August, 2017 Time: 2:00pm to 6:10 pm

This was the last day of our NGO where we completed the left over part of Day 9 project that is of Trigonometric Maths Working Model and with the left over cardboard and chart paper we made charts for table from 1 to 20. We also played with the kids. This was an amazing day as we had completed all the assignments given by the NGO to us with lot of fun. At the end we were also given certificate for successfully completing this project

Conclusion:

This project of working at Udaan Welfare Foundation NGO for 30 hrs was really been a memorable experience where I learnt various things like eagerness to learn new things from the children at NGO as whenever we used to teach them new things out of their syllabus they were very eager to learn it not like us where we become ignorant if someone teaches us something that is not a part of our syllabus as we know we learn it at some other point of time. I also learnt how to respect others viewpoints and I understood that by contributing our time to the society it gives us a sense of happiness and satisfaction. It made me understand the actual meaning of **“SPREAD LOVE”**



BIBLIOGRAPHY:

- Websites from where we got the information about the NGO:

1. https://www.justdial.com/Mumbai/Udaan-Welfare-Foundation-Brahmand-Thane-West/022PXX22-XX22-100102105342-A9X6_BZDET
2. <http://www.udaanwelfare.org/>

- Websites referred for finding maths models:

https://www.youtube.com/watch?v=KouG6Wpy0hg	Maths model on Pythagoras theorem, trigonometry and sum of interior angles of triangle.
https://www.youtube.com/watch?v=8cAaBRi5150	Maths working model for numbers and place value
https://www.youtube.com/watch?v=jV4LLvDq4B8	Trigonometric Maths Working Model
https://www.youtube.com/watch?v=TnUPHO5oiWQ	Easy Way to teach PLACE VALUE, Standard Form, Expanded Form using paper cups
http://www.arvindguptatoys.com/toys/m%20table.html	Broomstick multiplication
http://www.arvindguptatoys.com/toys/tarea.html	Area of triangle
https://www.youtube.com/watch?v=jXtbEJy8RFQ	Maths project to make add or subtract easily
https://www.youtube.com/watch?v=ULU6OFxqApc	Fraction circle



APPENDIX – A

NGO ATTENDANCE SHEET



NAME: ROHIT PRAVIN MUNGEKAR

ROLL NUMBER: 51

NAME OF THE NGO: Udaan welfare foundation/ Saksham Community Centre

ADDRESS: Gala No. 1, Survey No. 80, Hissa No. 15, Near Indofil Company Gate, Azadnagar, Kolshet Rd, Brahmnd, Thane West, Thane, Maharashtra 400607

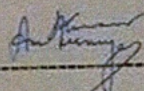
GROUP MEMBERS: 1. SIMRAN DASWANI (17)

2. APURVA RASPAYLE (68)

3. OJAAS HAMPIHOLI (28)

4. NIKKHIL NEGLUR (55)

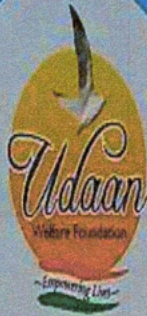
<u>DATE</u>	<u>DAY</u>	<u>HOURS</u>	<u>IN TIME</u>	<u>OUT TIME</u>	<u>SIGN</u>
4/08/2017	Friday	2hrs 15min	4:30 pm	6:45 pm	Matti...
5/08/2017	Saturday	2hrs	3:45 pm	5:45 pm	Matti...
8/08/2017	Tuesday	2hrs 10min	4:30 pm	6:40 pm	Matti...
22/08/17	Tuesday	1hr 45min	4:45 pm	6:30 pm	Matti...
23/08/17	Wednesday	2hrs 20min	4:35 pm	6:55 pm	Matti...
24/08/2017	Thursday	2hrs 10min	4:00 pm	6:10 pm	Matti...
26/08/2017	Saturday	4hrs 20min	8:40 am	1:00 pm	Matti...
28/08/2017	Monday	4hrs 35min	8:30 am	1:05 pm	Matti...
29/08/2017	Tuesday	4hrs 45min	8:30 am	1:15 pm	Matti...
30/08/2017	Wednesday	4hrs 10min	2:00 pm	6:10 pm	Matti...
TOTAL HOURS		30 hrs 30min			


Dr. Anil K. Luniya
(Founder President)



APPENDIX - B

**CERTIFICATE FOR SUCCESSFUL COMPLETION OF
30 HOURS AT NGO**



Certificate of Significant Value Addition

This certificate is awarded to

Mr/Mrs/Ms/Dr MUNGEKAR ROHIT PRAVIN

from VESIT (CHEMBUR) for successfully participating in the implementation of the

Children's Education at Saksham Foundation project from 04/08/2017 to 30/08/2017 and

investing 30.5 hours/~~days~~ of his/her extraordinary skills and talent for the benefit of the lesser

privileged community through Udaan Welfare Foundation. We appreciate and thank him/her for his/her contribution.

Anil Kuniya

Dr Anil K. Luniya

President - Udaan Welfare Foundation



Sandeep

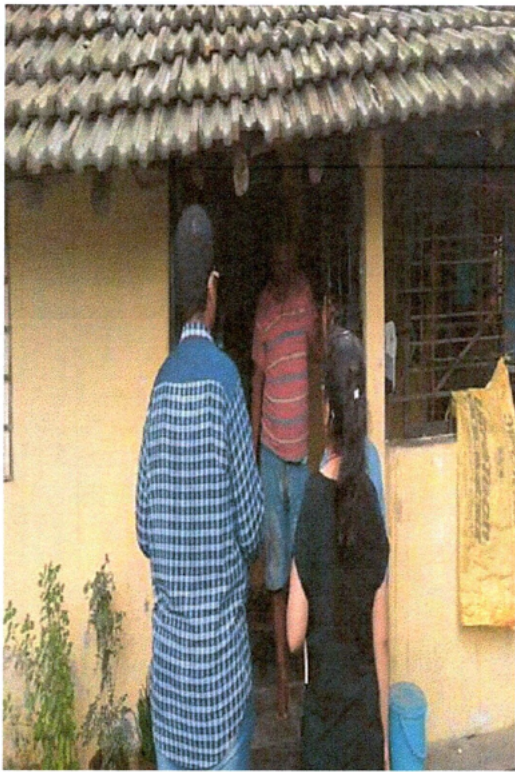
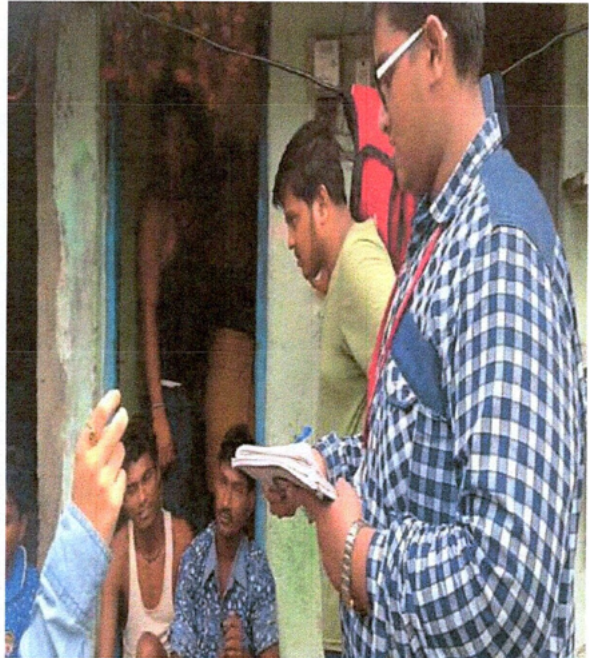
Sandeep Ramakrishnan

Secretary - Udaan Welfare Foundation

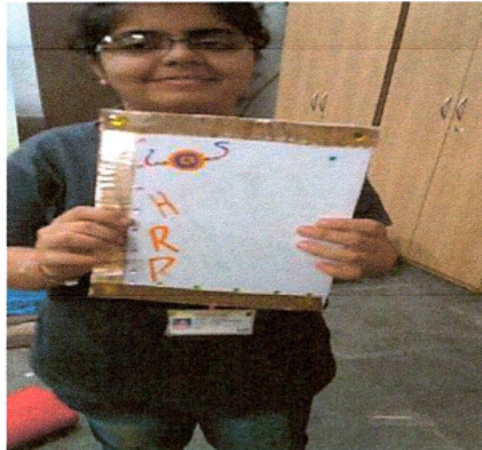
APPENDIX -C

PHOTOS OF DAY WISE ACTIVITIES AT NGO

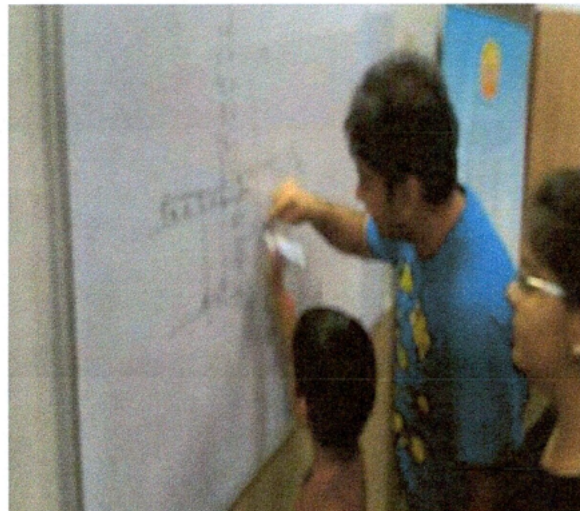
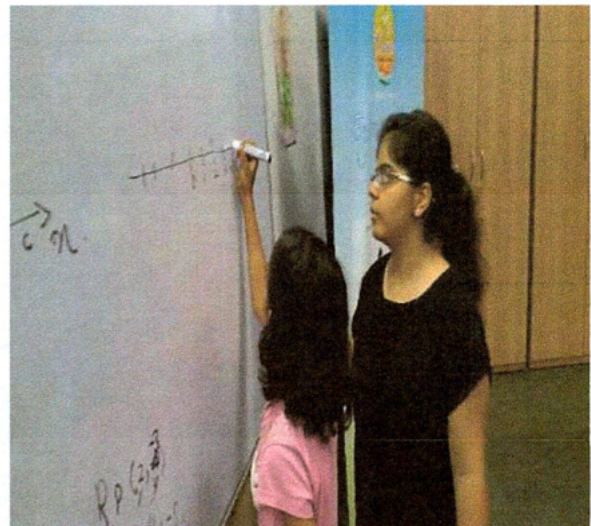
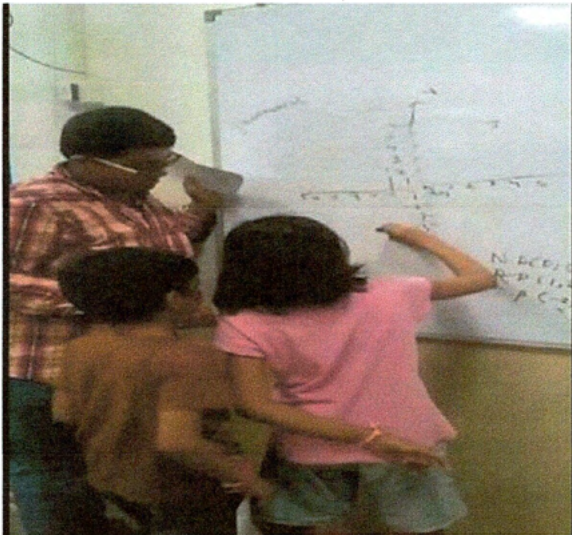
DAY 1
FIELD VISIT TO RURAL AREA TO INFORM THEM ABOUT FREE
DENTAL AND CARDIAC CAMP



DAY 2- HELPED STUDENTS IN MAKING GREETING CARDS



DAY 3 – TEACHING KIDS



Jayshree
PRINCIPAL,

VIVEKANAND EDUCATION SOCIETY'S
INSTITUTE OF TECHNOLOGY
HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.

DAY 4 – PLAYING WITH KIDS



DAY 6- SEARCHING FOR MATHS MODELS



DAY 7 – PLAYING WITH KIDS

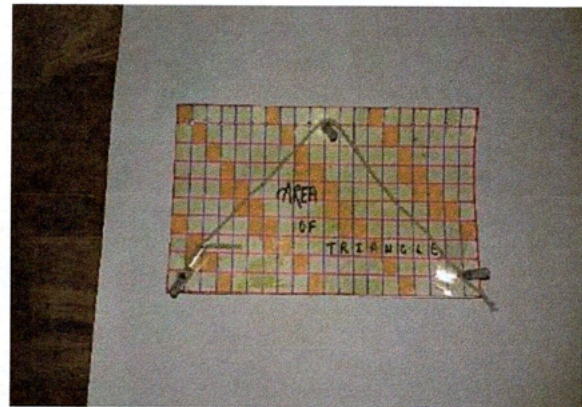
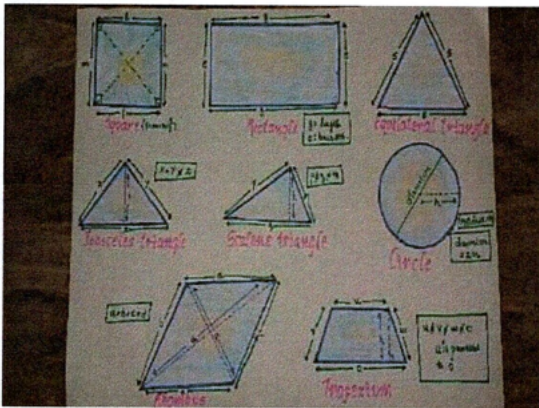
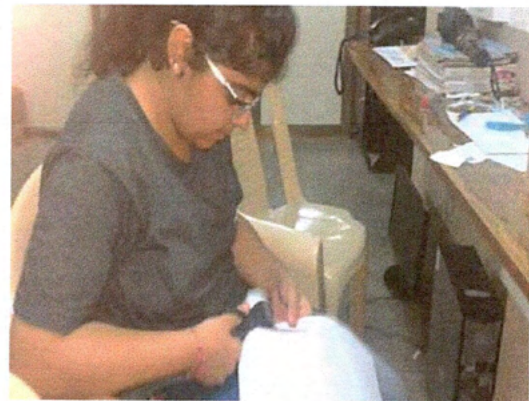
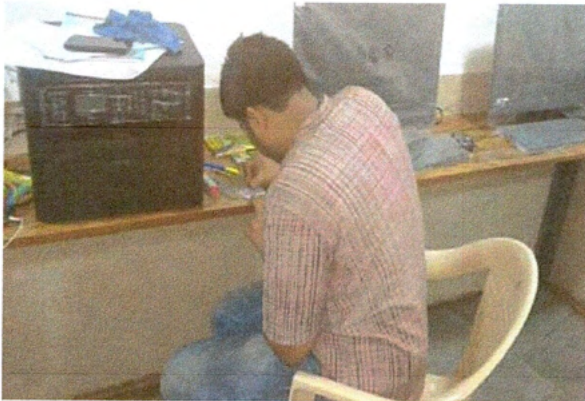
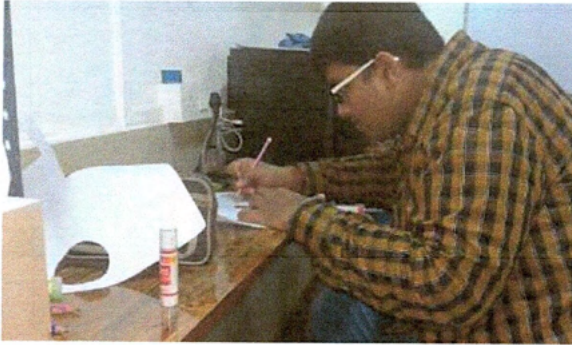


Jayesh

**PRINCIPAL,
VIVEKANAND EDUCATION SOCIETY'S
INSTITUTE OF TECHNOLOGY
HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.**

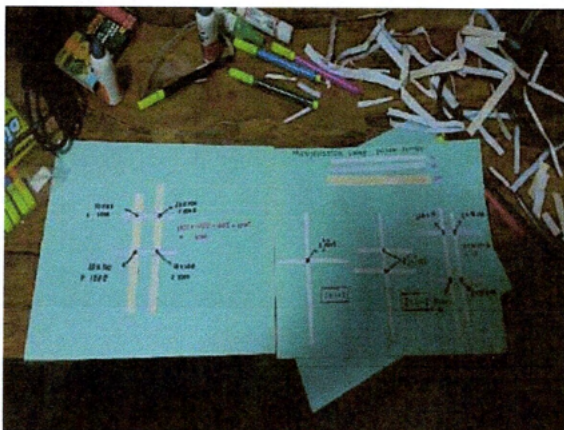
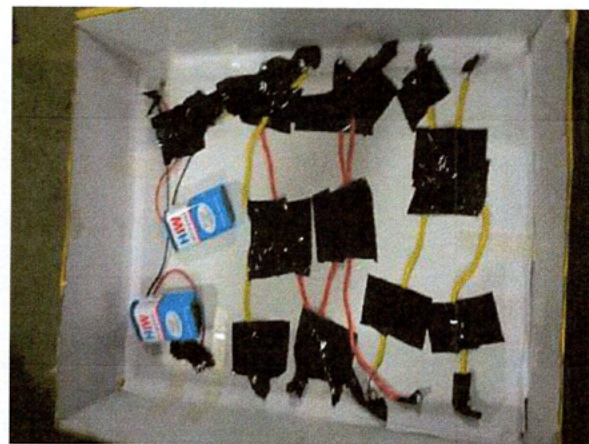
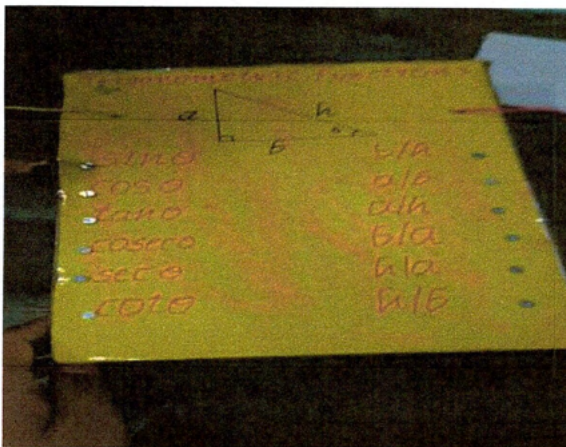
K

DAY 8 – PROJECTS MADE BY US



Jayshree
 PRINCIPAL,
 VIVEKANAND EDUCATION SOCIETY'S
 INSTITUTE OF TECHNOLOGY
 HASHU ADVANI MEMORIAL COMPLEX,
 COLLECTOR'S COLONY, CHEMBUR,
 MUMBAI-400 074, INDIA.

DAY 9 – COMPLETING PROJECTS AND TEACHING STUDENTS

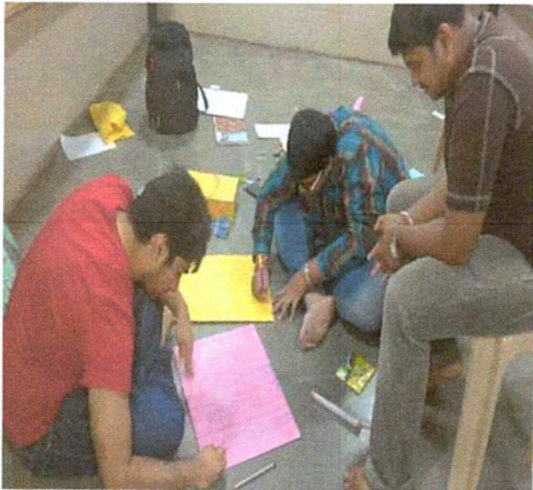


Sybil
PRINCIPAL,
VIVEKANAND EDUCATION SOCIETY'S
INSTITUTE OF TECHNOLOGY
HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.

M



DAY 10: FINAL DAY OF NGO



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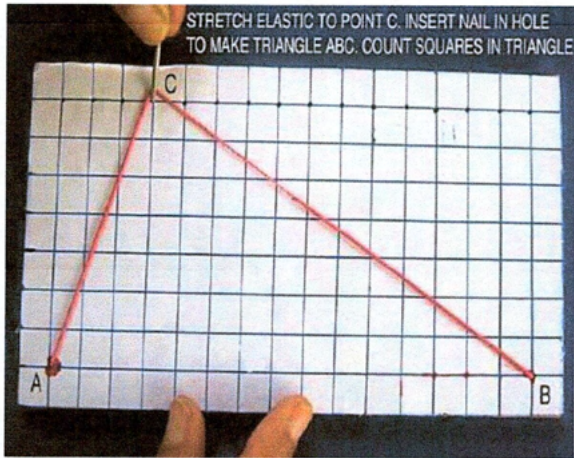
APPENDIX – D
MANUALS MADE FOR UNDERSTANDING MATHS
MODELS



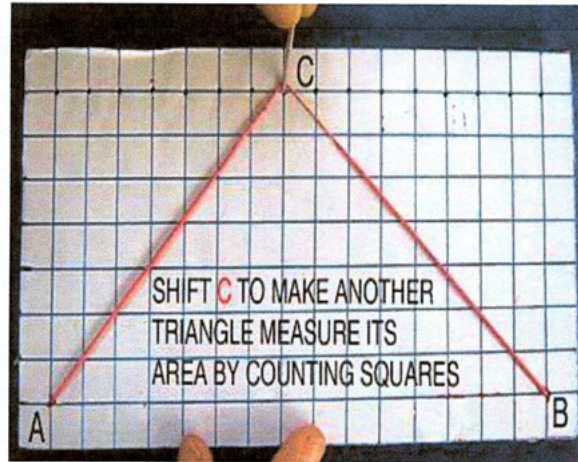
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SR NO.	NAME OF FIGURE	DESCRIPTION	PERIMETER	AREA
1)	SQUARE	A Square is a regular quadrilateral, which means that it has four equal sides and four equal angles (right angles)	$4 * \text{Side}$	$(\text{Side})^2$
2)	RECTANGLE	A Rectangle is a plane figure with four straight sides and four right angles, especially one with unequal adjacent sides, in contrast to a square.	$2 * (\text{Length} + \text{Breadth})$	$(\text{Length} * \text{Breadth})$
3)	EQUILATERAL TRIANGLE	An Equilateral Triangle is a triangle in which all three sides are equal.	$3 * \text{Side}$	$\frac{\sqrt{3}}{4} * (\text{Side})^2$
4)	ISOSCELES TRIANGLE	An Isosceles Triangle is a triangle that has two sides of equal length.	$(2 * a) + b$	$\frac{(b * \text{height})}{2}$
5)	SCALENE TRIANGLE	A Scalene Triangle is a triangle which has three unequal sides.	$a + b + c$	$\frac{(b * \text{height})}{2}$
6)	CIRCLE	A Circle is a simple closed shape. It is the set of all points in a plane that are at a given distance from a given point, the centre.	$2 * \pi * \text{Radius}$	$\pi * (\text{Radius})^2$
7)	RHOMBUS	A Rhombus is a quadrilateral all of whose sides have the same length	$4 * (\text{Side})$	$\frac{(\text{Product of diagonals})}{2}$
8)	TRAPEZIUM	A Trapezium is a convex quadrilateral with at least one pair of parallel sides.	$a + b + c + d$	$\frac{(a + b)}{2} * (\text{height})$

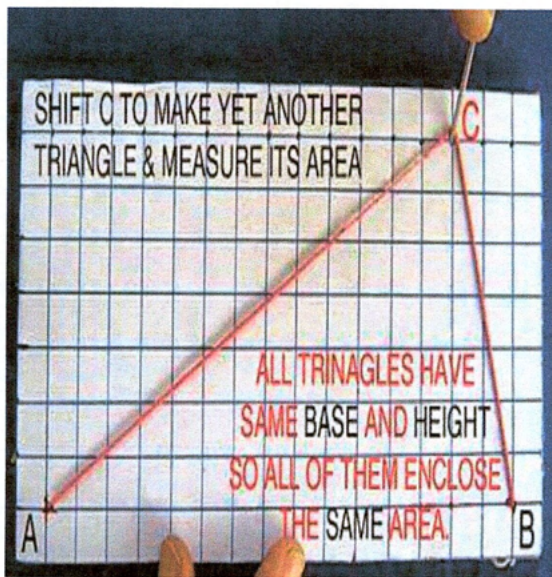
2. AREA OF TRIANGLE



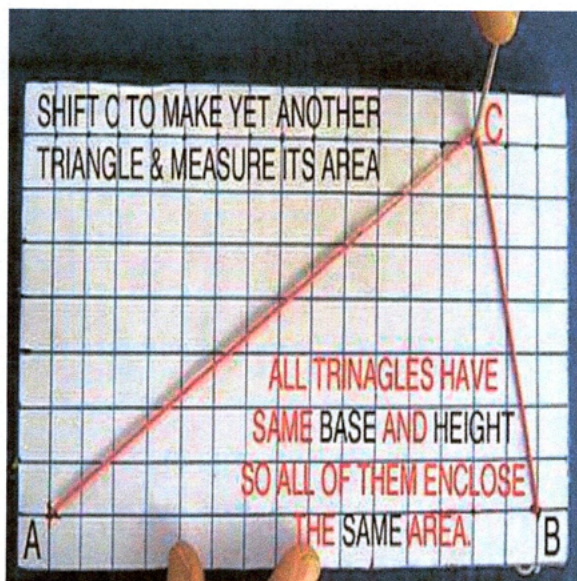
STEP 1



STEP 2



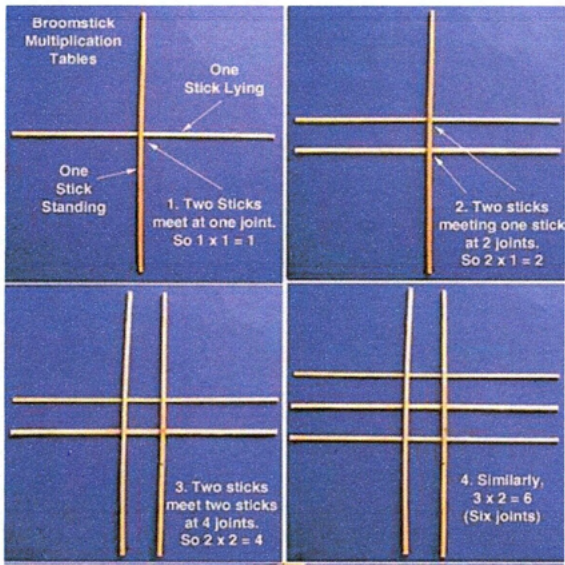
STEP3



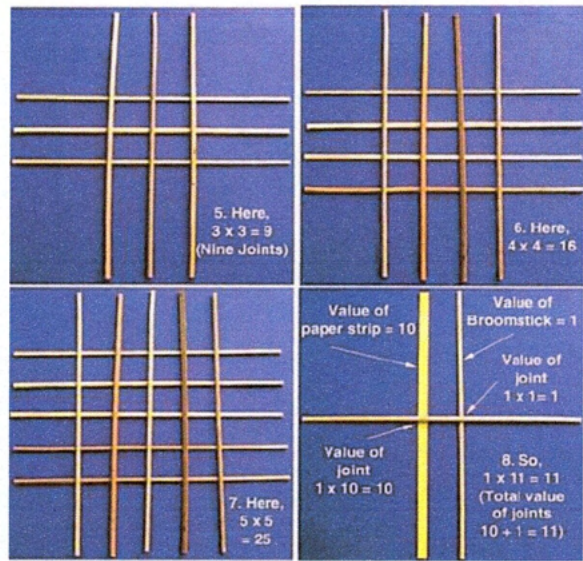
STEP 4

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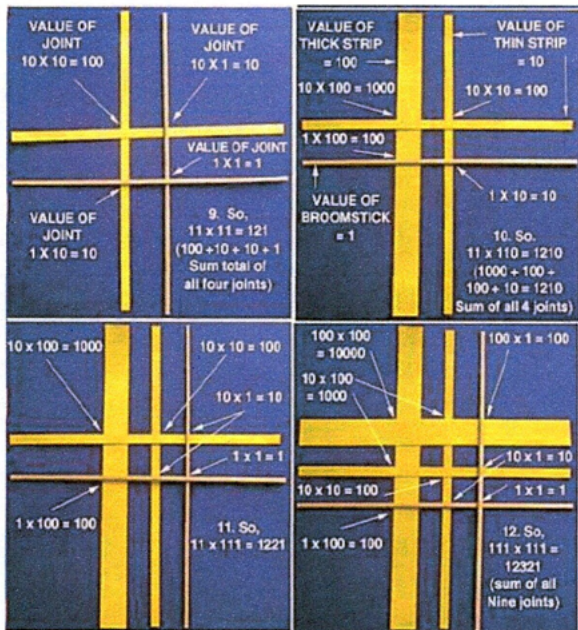
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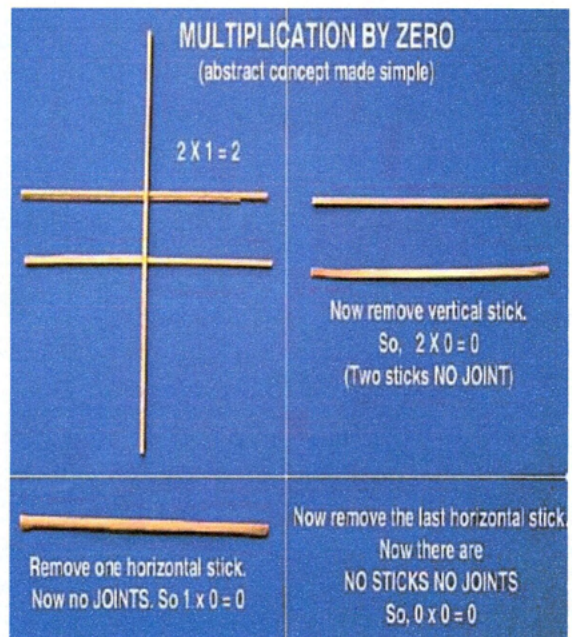
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VIVEKANAND EDUCATION SOCIETY'S INSTITUTE OF TECHNOLOGY
CHEMBUR,
MUMBAI-400 074
INDIA

**A Report of 15 days working at
SWAMI SHANTI PRAKASH VIRDH
ASHRAM For 30 hours**

**Prepared for
Mrs. Geeta Ajit
Teacher of Business Communication and Ethics
(Vivekanand Education Society's Institute of Technology)
Presented By
Student of EXTC department
D14-A**

- 1. Chandan Basrani (04)**
- 2. Jagruti Chanchlani (11)**
- 3. Lipakshi Lalwani (44)**
- 4. Yash Patil (63)**
- 5. Kajal Shamdasani (74)**
- 6. Bhavesh Meherchandani (46)**

**Vivekanand Education Society's Institute of
Technology Collector colony, Chembur east, Mumbai-74**

25 September, 2017

PREFACE

India is known for its rich culture and heritage. But the increasing number of old age homes is adding shame to our nation. An ancient adage says Maatha , pita, guru , deivam which refers to the order of importance our ancestors have given. A mother and father are ranked higher than even the Almighty. Parents take care of their kids with utmost affection and unconditional love. They don't expect anything in return from their children. But they deserve to be respected and loved. Old age homes are mainly for people who got abandoned by their kids. They may have all facilities and amenities in an old age home but they will not get the love they need. Love is a medicine which can cure many diseases. Indians, who are known for their precious family set up, should protest against people who send their parents to old age homes. To understand that , " we must take care of our parents when they become old", we decided to work with old age home for 15 days . The underlying message behind working in an old age home is , " it is the oldest tree that bears the sweetest fruit " .

ACKNOWLEDGEMENT

I would like to thank Geeta mam for giving us this project of joining an NGO because of which we had a new experience which we could not have received just by doing our curriculum and we also got an exposure to the outside world where we have learnt how to communicate with various people, how to respect other people's opinions, how to do convince

Page 2

people. This project really helped us to improve our personality. I would also like to thank my group members for making this NGO work not just with great success but also with lot of fun.

ABSTRACT

Sai Seva Oldage Home organisation at Jeevan Joshi Bunglow ,Infront of Paradise building,Navapada cross road, Subhash road ,Dombivli West is working to provide a comfortable, safe and caring environment for elderly ladies and gentlemen. Our team joined this NGO as volunteers and helped the NGO in various aspects. We spend our best time with senior citizens. We spoke to them, shared our love and we sang songs, danced for them. They shared their sadness and personal stories with us. We taught them “How to use smartphones?”. Being a part of organization, we helped the authorities in arrangement of necessary household things. Everyday, our team used to take care of proper cleanliness and sanitation at NGO. We assisted authorities and Doctor for senior citizen’s monthly checkup.We also conducted Yoga session for them.We convinced the localite people to become helping hand for Organisation. We also celebrated Ganesh Festival with them. These activities helped us to understand our social responsibility and to improve our personality and communication skills’

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2. Description of Day wise activities	5
3. Conclusion	10

1.Introduction Of NGO

Sai Seva Oldage Home organisation at Jeevan Joshi Bunglow ,Infront of Paradise building,Navapada cross road, Subhash road ,Dombivli West was established year 2014. It was founded by Mrs.Suvarna Hariyan. She got inspired to run old age home while dedicatedly nursing the patient.

Organisation provides residential care with full boarding & lodging facility to the old with medical care nursing care to the old, belonging mostly to poor & middle class individuals (above 60 years of age) with capacity of 15-16 beds. Mission of the trust is to provide a highest quality individual care experience, which exceeds each resident's expectations making them feel safe, secure and cared for.



Other than this the trust provides job opportunities for local ladies.

2. Description of day wise activities:

Day 1 (1st August) Introduction :

Our team organised a campaign project to Sai Seva Old Age Home, at Dombivli. As our first day, we introduced with NGO founders and residents, from that we came to know the structure of this NGO and as to how it functions. We met around 15-16 senior citizens, who were left by their children to spend the rest of live there at old age home. It deeply moved us and from we learnt a lesson of life

i.e whatsoever the situation is never desert your parents because they never gave up on you.

Day 2 (2nd August) General Talks :

On second day, we conversed with those unfortunate parents. Those people were suffering from loneliness & mental strain which was easily seen in their moist eyes and still they hoped that someday their children would come and take them back to home. By these conversation we were deeply moved. They always took pride in mentioning laurels and achievements of their children. One of the senior citizens who was fondly called as "baba" had experienced some hardships due to his children. "My son is a America return Computer engineer", said baba, with proud eyes. Another lady whom we affectionately called "amma" even invited all of us to her house for upcoming Ganpati festival. Though seriously ill, but her words moisten our eyes. That day was truly a difficult one as we had to disguise our tears with a smile so that all the people in NGO can keep smiling.

Day 3 (3rd August)

As we commenced our 3rd day some of us noticed that the some of the senior citizens were suffering from asthma

Page 5

and had breathing problems. They were bothered by the roadside dust. Though maushi and madam were trying to keep the surroundings clean, but four hands were not enough to do so. So all of us thought to help them in cleaning and sanitizing. The process began with dusting beds and replacing bedsheets. All of the furniture was wiped and curtains were removed so that maushi can wash them. Cleaning house having many rooms proved tedious task. We decided to clean the floors, grills and other stuff later on as the things necessary for that weren't available. After replacing curtains and bedsheets our 3rd day came to an end.

Day 4(4th August)

On Day 4, maushi assigned all of us to bring some groceries and other stuff required for NGO. We also decided that we would bring the cleaning materials which wasn't available the previous day. As planned we went to different shops bargained and brought the best requirements at nominal cost as one of our friend Aman knew a shop whose owner was a close relative. Meanwhile at NGO, Shatabdi was helping maushi in making tea and evening snacks for the people at NGO. After returning to NGO we engaged in pleasant conversation with maushi and "Aaji", one of the many elders in NGO.

Day 5 (5th August): Teaching the smartphone basics:

As we entered NGO one of the members received a call. Seeing him conversing on the phone, some of the seniors present there were keen enough to ask us how to use the smart phones. So we decided to teach some of them how to use the smartphone, so that all of the other members can contact their children and friends whenever they feel like talking to them. We taught them how to make calls and some features which can help them like sending messages. They also told us about the means of communication they had back in their days. They were awestruck when we showed

them how speedy and effective modern communication had become. We also downloaded some bhajans in their mobiles so that they can chant lord's name. They were very grateful as "aajoba" one of member of NGO family dialled his first call. After a brief conversation on good olden days and modern days we left NGO with another good experience

Day 6 (6th August):

Played Games:

The day being Sunday or Funday mentioned by baba , we conducted entertainment session with them . We played games with some of them. Too elderly persons enjoyed watching our game. During this they had cheered us a lot. We played *Antakshri* and sung songs with them. Their songs dated back from Black and white era. Most of the songs were unknown to us yet we enjoyed them. We also played some indoor games with them which refreshed their mind. They also shared some of the games which they played during their childhood. Some of the games were *gilli-danda*, marbles etc. Those games which are played virtually by kids today were a reality back in their days. We spent approximately 3 hrs. Another day came to end.

Day 7th and 8th (7th and 8th of August):

On 7 and 8 of August, Founder asked us to create awareness about NGO in our surroundings and to inform our relatives and other people about the NGO. Everyone agreed to the task and suggested some ideas as to how we could proceed with the task assigned to us. We decided as following:-

1. We would tell our parents to pass the information to their colleagues and tell them to help in whichever way they like.
2. We would tell our class mates to visit the NGO.
3. We would ask our relatives and society members to help us in this endeavour.

As a result of our efforts many people helped us. Whereas parent of one of our friend's father agreed to talk to the area corporator to provide necessary help to the NGO.

Day 9 (9th August):

Yoga Session:

We were asked by madam to teach some exercises for the aged people so that they can do them. For some of them, Abhishek taught breathing exercises such as *pranayam* and exercises which could require less or no movement at all. But only some of them seemed interested in doing. Rest of them were unable to perform those exercises due to joint pains etc. It was a good day.

Day 10 (10th August):

Regular Health Checkup:

The NGO had appointed doctor who came regular checkup of these patients once in a month. Our group assisted the doctor during the checkup who was visiting that day. During checkup, being engineering students, those biological terms were hard to understand. Madam herself being nurse took medical care of the patients in the NGO. She had a timetable of giving medicine doses to different senior citizens as per their illnesses. We left the NGO once doctor had examined all of them. It was great that most of them had maintained their health even at that age.

DAY 11(22th August):

On the 22nd it was the 11th day at NGO, we decided to clean all the floors and ceilings of all rooms. Also we decided to clean the store room and Mr. Nachiket suggested that we should include the corridor and all the grills in our mission. Work was distributed amongst ourselves and it was decided that we will work in group of two for cleaning the rooms and finally we will clean the corridor. Abhishek and Aman would clean store room, Nachiket and Sanket would clean the rooms upstairs accompanied by Kalpesh. Shatabdi shouldered the responsibility of cleaning the kitchen and Wilson handled the responsibility of cleaning the corridor and hall. It was decided that as soon as everyone finishes their work they would help in cleaning the corridor. Cleaning process



began and it took nearly 2:30 hrs to clean the whole building. The only difficulty that was faced was to relocate the residents of the particular rooms for time being as they were adamant on leaving their respective beds. Cleaning corridor consumed maximum time also we cleaned the window panes and glasses. After the mission was accomplished we enjoyed a cup of tea.

DAY 12(23th August):

On 12th day we were having a conversation with "baba", as we fondly called him, after all the chores were finished. He told us that his son had visited him earlier that day. He was very happy because his grandchildren had accompanied there. He told us that they had showed him some paintings that they had made in their school. He was very happy when he was telling us about his grandchildren. He said that one of his grandchildren has become a good singer. He also tried to imitate the way in which his grandchild was singing. It brought smile on our faces, but at the same time we were dejected to see him in this condition. But his optimism inspired us in a very motivating way.

Day 13 (28th august)

Ganpati Festival Celebration

On that day, we decided to celebrate Ganesh festival at old age home. We brought some sweets and *prasad* for the elderly people but were unable to distribute because most of them were diabetic so we handed them over to *maushi*. They even told us their way of celebrating this festival. Most of them had went to their children's houses to celebrate with them. We left the NGO after we had wished each and every person.

Day 14(4th September)

On the last day of our assignment we gave them greeting cards and some gifts. These fourteen days were just a roller coaster

rides of emotion for us. All the senior citizens bade us farewell blessing us and asking us to prosper in our lives. They told us that they had enjoyed our company and asked us to pay a visit whenever we are free. With a heavy heart filled with various emotions we set our foot out of that gate for the last time.

3. Conclusion:-

We concluded that the becoming older and existence of younger one is cyclic biological process. No one can get rid of these two stages of life. Old age people needs care, love and healthy emotional family sharing for satisfaction. Young ones need growth and success in today's competitive world. These two objectives are to be strategically balanced. The parents is to be given high priority over everything. They should be included in the family running process so that they could feel themselves not ignored. It was really a joyous experience for all of us to visit the old age home and interact with its inmates. The most inspiring thing we learnt there was that in spite of facing so many hardships these aged people have brave hearts and are still trying to find endless ways to be happy to live. One thing we learned i.e whatever is their present is going to be our tomorrow. When our parents never left our side when we were kids then we have no right to leave theirs when they need us the most.



Dr. G. S. A. I. R.



Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

Report on volunteering by students at S Simran Prathisthan, Ulhasnagar, Thane

Objective:

Volunteering and service learning are a part of encouraging civic behavior amongst the young people. By working at NGOs where they serve the needy people. While it helps them to meet and understand the life of those who lack the privileges that they have, it also enables them to value all things that they have with them. Volunteering also motivates and promotes emotional and social well-being as well as sense of belonging amongst the college students.

Summary:

S Simran Seva Prathisthan is an NGO dedicated by Shri Rajkumar Sharma for his wife Smt. Simran R Sharma, who passed away on 24 December 2011 after a prolonged battle with cancer. After the demise of his wife, Shri R Sharma decided to dedicate his life to the service of humanity.

A group of four students volunteered to help at this NGO from August 2018 to September 2018. While the NGO mainly catered to the need of the old people, it also assisted and **gave service to all needy people in the community**. Since the organization already had its staff to do the daily work, our students were asked to help out in sections that needed further assistance. Hence, the students were able to have hands on experience on various layers of the system.

The one place that this NGO lacked assistance was updating of the data. As more of its employees were not very educated, updating the data and transferring it to various files in the computer was very difficult for them. The young undergrad engineering students were able to do this with ease and soon helped them with sorting and uploading the data in a systematic order. The NGO was immensely happy and relieved as they had been contemplating on how to get this work done, and also the cost that it would incur.

The students also helped in sorting and arranging the huge bundles of clothes that had been heaped in one room. These were the clothes donated by generous public, but lack of man power had led to the collection just growing in heap. After sorting the clothes, the young volunteers first separated it into men and women's garments, bed sheets and other accessories. They then arranged it into various categories like, size, formal-informal wear, nightdress, etc. This enabled the NGO to find the right clothes for the inmates, according to the need.

The students also helped at the Ration Seva Event and also visited the old age home to distribute the snacks to the aged people.



Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

Student List:

1. Bhavesh N Raisinghani
2. Ushan R Motwani
3. Nitin N Tejuja
4. Gautam G Menghani

Outcome:

The time spent volunteering at the NGO proved to be very valuable for young volunteers. It made them realize the importance of serving the community at large. The selflessness required and sensible time management can go a long way to do things not only for yourself but also for the society.

Signature

Dr. Geeta Ajit



Group No. 4

Project Report

(in partial fulfillment of the requirements of BCE course)

Get Set Change

Submitted by
ARNAB CHOUDHURY D11A

Submitted to
Dr. Geeta Ajit



Since 1962

Vivekananda Education Society's Institute of Technology
Chembur, Mumbai – 400 074

September 2018

GROUP MEMBERS

- 1) ABHIK MIRDHA-37
- 2) ADITYA PAWAR-43
- 3) ARNAB CHOUDHARY-11
- 4) ANURAG MISHRA-38
- 5) GURKIRAT WADHWAN-68
- 6) HIMANSHU JAHAGIRDAR-23
- 7) HEMAN PARASHAR- 42
- 8) JUGAL KAHLON-26
- 9) MEHUL TRIPATHI- 64
- 10) PRATHAMESH SHUKLA-57
- 11) RAJ SAHU- 46
- 12) SHRINIVAS YEDDANDI- 73
- 13) SIDDHANT NASHTE-40
- 14) SOHAM SAPKAL- 50
- 15) VILAS DHURI- 15
- 16) VIKRANT INDI-21

Declaration

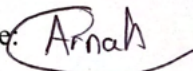
I _____ARNAB CHOUDHURY_____, student of Semester V, third year Engineering from Department of _____ETRX_____, V.E.S. Institute of Technology, hereby declare that the project entitled _____GET SET CHANGE_____ submitted to the University of Mumbai for the academic year 2018-2019, is a record of an original work done by me under the guidance of Dr. Geeta Ajit, Assistant Professor, Department of Humanities and Applied Sciences, V.E.S. Institute of Technology, Mumbai -400074.

This project report is submitted as a partial fulfillment of the requirement of the subject Business Communication and Ethics in Semester V.

Date: 16.10.18

Place: Mumbai

Name: ARNAB CHOUDHURY

Signature: 

CERTIFICATE

This is to certify that the report entitled

Get Set Change

that is being submitted by :ARNAB CHOUDHURY
from (D11A Electronics, V.E.S Institute of Technology)

in partial fulfillment for the subject Business Communication and Ethics to the University of
Mumbai is a record of bonafide work carried out by him/her under my guidance and supervision.



GEETA AJIT

Assistant Professor

Department of Humanities and Applied Sciences

V.E.S. Institute of Technology

Mumbai -74.



Acknowledgements

I would like to express my special thanks of gratitude to my teacher Mrs. Geeta Ajit who gave me the golden opportunity to work with an NGO which also helped me in doing a lot of Research and I came to know about so many new things I am really thankful to her.

Secondly I would also like to thank my friends who helped me a lot and worked together within the limited time frame.

Table of Contents

SRNO	TOPICS	PAGE NO
1	Abstract	6
2	Introduction	6
3	Description	7
4	Analysis	8
5	Conclusion	11
6	Appendices	12
7	References and Bibliography	14

REFERENCE AND BIBLIOGRAPHY:

www.manrajp.com

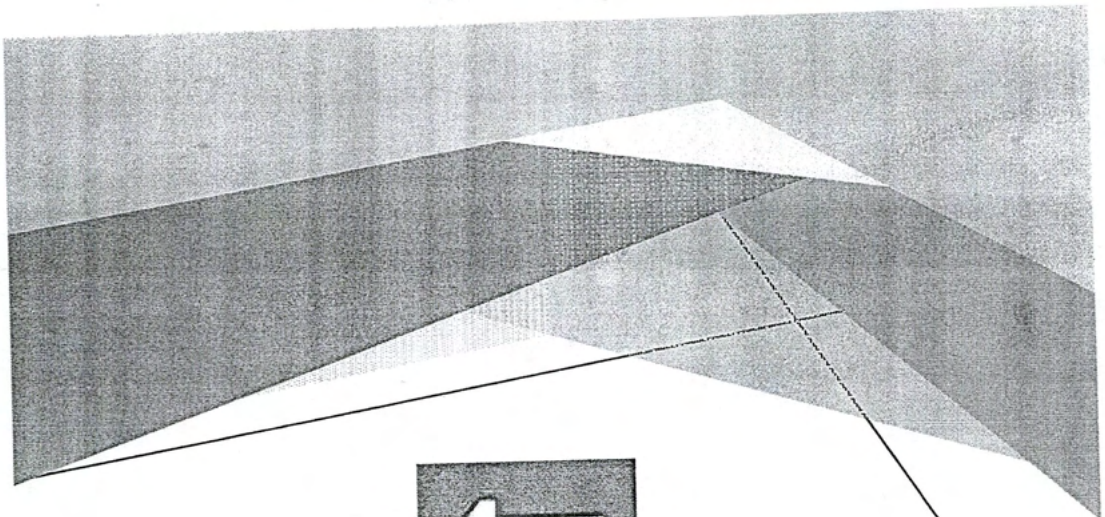
www.imagefound.co.in

A

Presentation slides



Manraj Pratishthan NGO



2

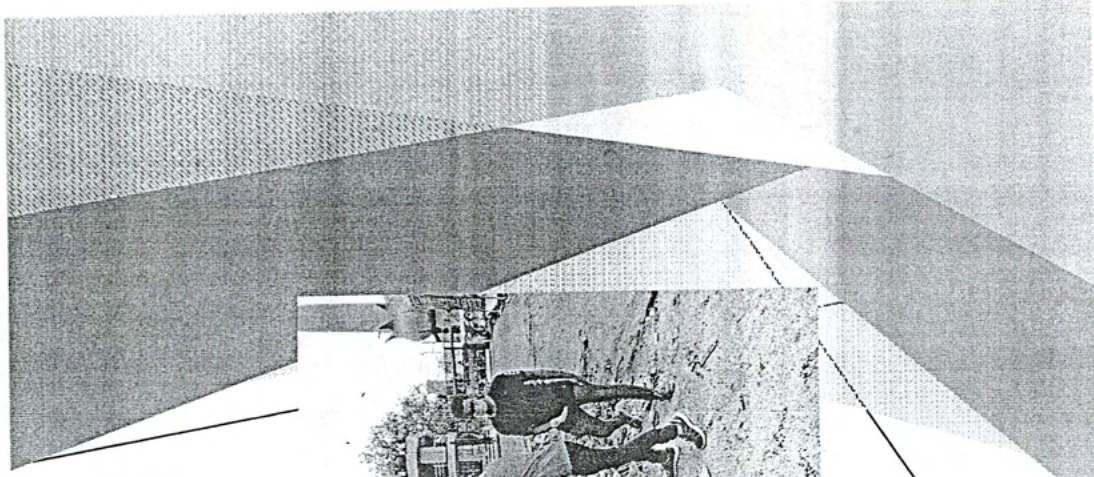
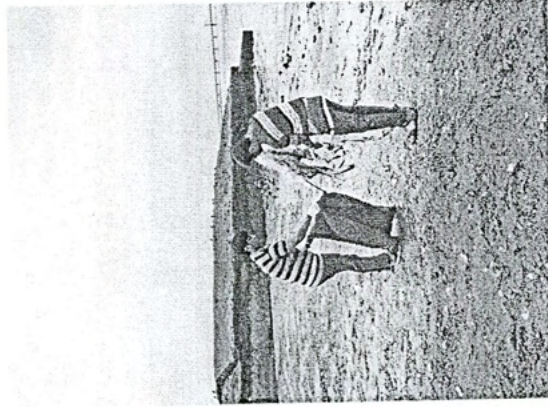
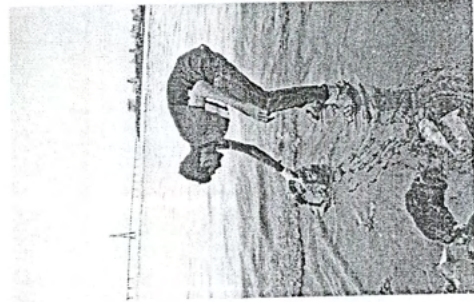
INTRODUCTION

- Manraj Pratishthan is a non-profit organization, established in 2010.
- Location - (Registered Address) Flat NO. 11, Shyam Sadan, S.V. Road, Near Old Post Office, Khar(W), Mumbai.
- MISSION- Our Mission is welfare of society and to serve the poor and needy, Also to conduct minimum 100 Free medical camps per year to cover various sectors of society and provide the needful & essential services in health sector.

Our Contribution in BEACH CLEANING

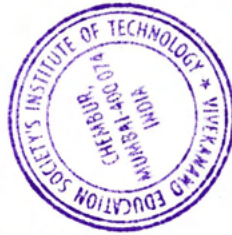
Removing-

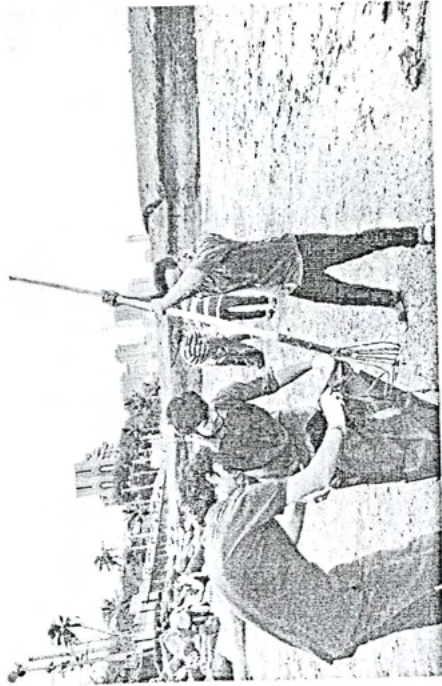
- 1) Plastic bottles
- 2) Metal scraps
- 3) Flowers
- 4) Wired nets
- 5) Wrappers
- 6) Tin cans
- 7) Rubber waste



Principals

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INSTITUTE OF TECHNOLOGY
HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.





Sujay M
PRINCIPAL,
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HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.



WORK DONE BY INSTITUTION

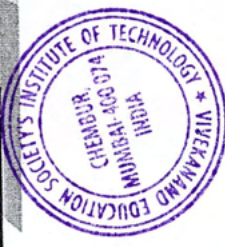
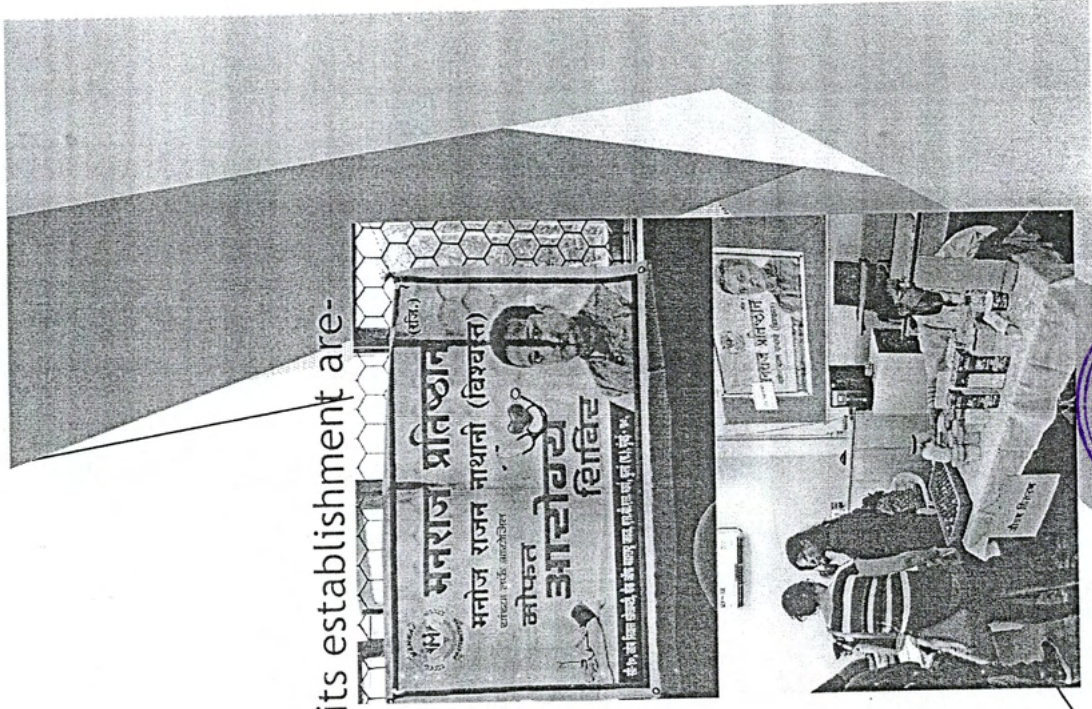
The domains in which the NGO has been contributing since its establishment are-

- FOOD AND NUTRITION
- MEDICAL
- EDUCATION
- EMPLOYMENT
- HUMAN RIGHTS



KINDS CONTACT
 Mangal Pratiksha
 C-11, 11th Floor, Mangal Pratiksha
 11th Floor, 11th Floor, 11th Floor
 11th Floor, 11th Floor, 11th Floor
 11th Floor, 11th Floor, 11th Floor

CONTACT
 Mr. Manoj Rajan Nathani (Trustee)



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INSTITUTE OF TECHNOLOGY,
HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S OFFICE, CHEMBUR,
MUMBAI-400 074, INDIA.

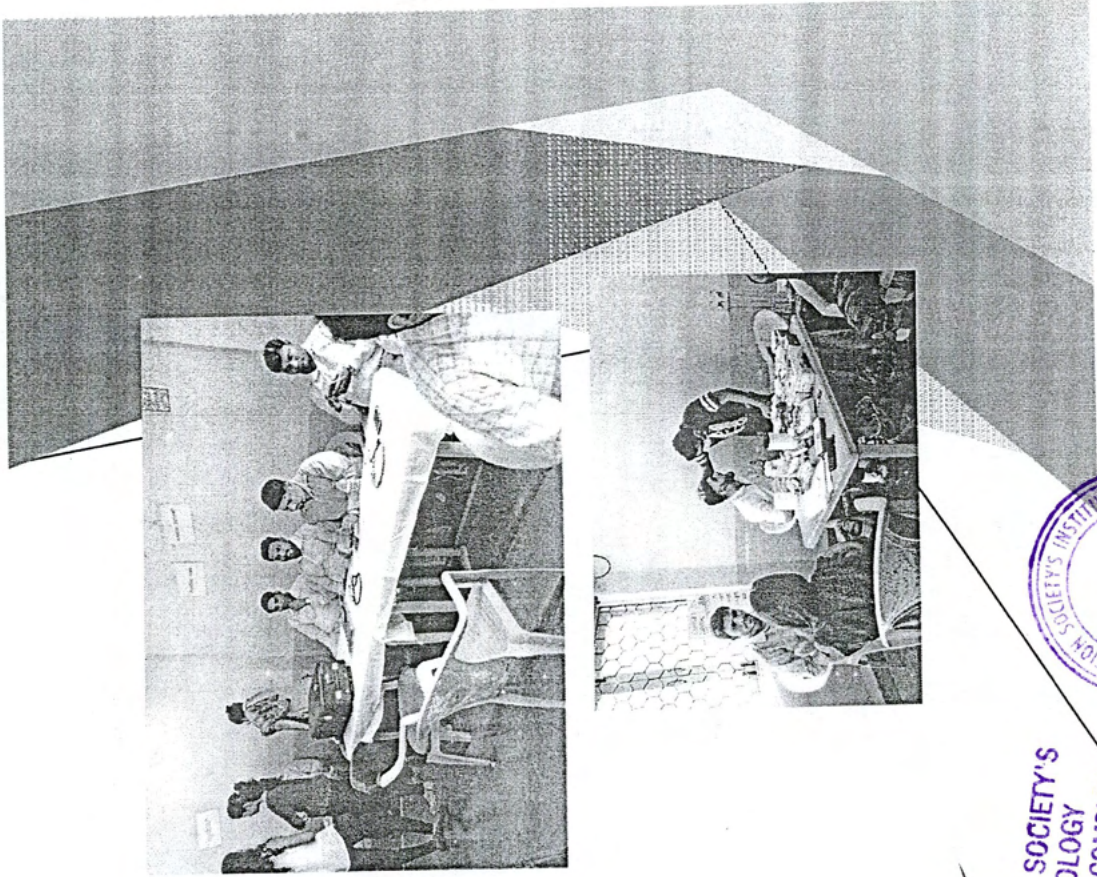
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MEDICAL CAMP

- Free Eye Check up
- Free Normal Check up

• Conducted and supervised by-
(Free Normal Check Up)
Dr. Yakub Hafiz (MBBS)
Dr. Mosina Sheikh (MBBS)

(Free Eye Check Up)
Dr. Agashe (Eye Specialist)
Dr. Pinky Patil (Eye Specialist)



Sayyid M

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OUR CONTRIBUTION IN MEDICAL FIELD

- Accounting number of patients.
- Ensuring that no one stays dehydrated.
- Transport patients
- Clerical duties
- Give directions or escort visitors
- Inventory
- Answer telephone
- Serving food.



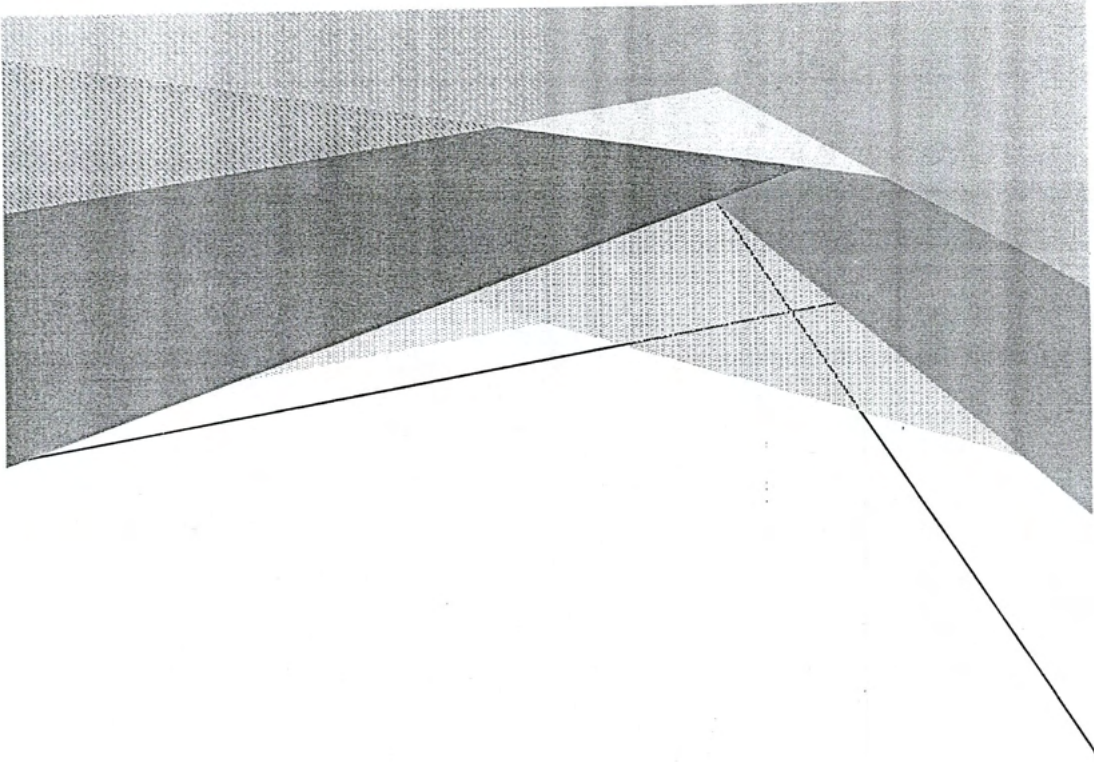
Principals

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CHALLENGES

- Co-ordination
- Risk Of error
- Counseling people in need
- Communication barrier
- Crowd Management



R

THINGS WE LEARNT

- Team work
- Communicating with People
- Time Management
- Importance of Organization
- Patience

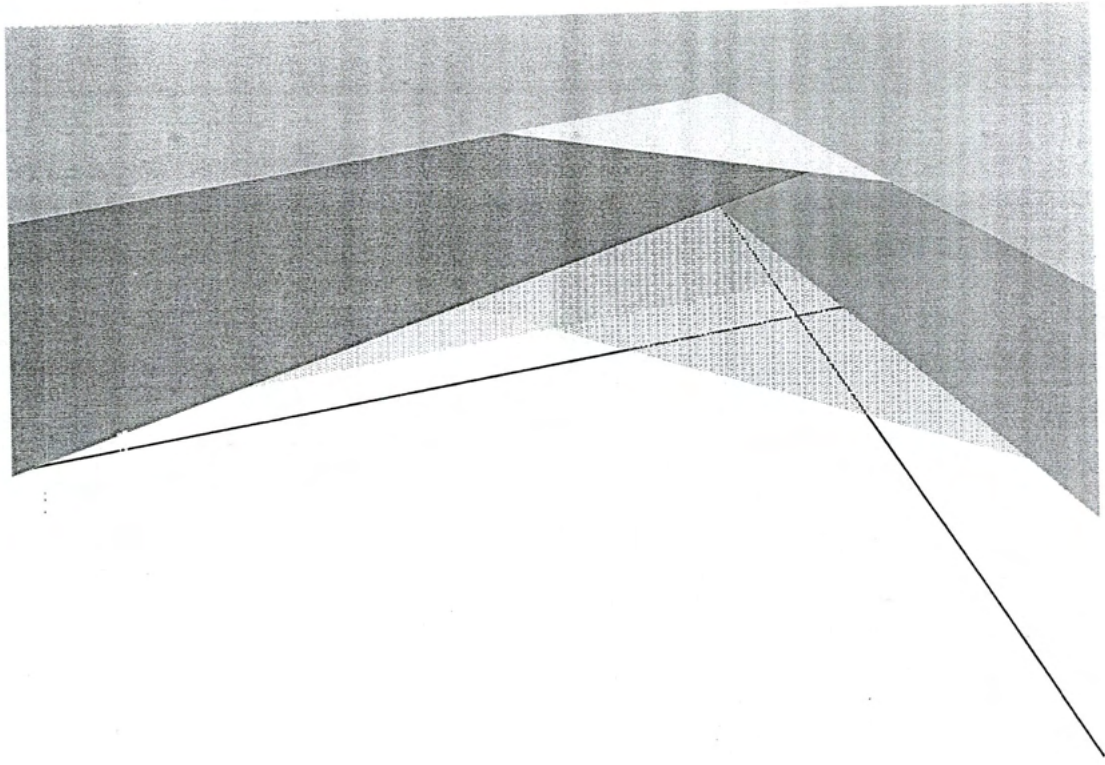
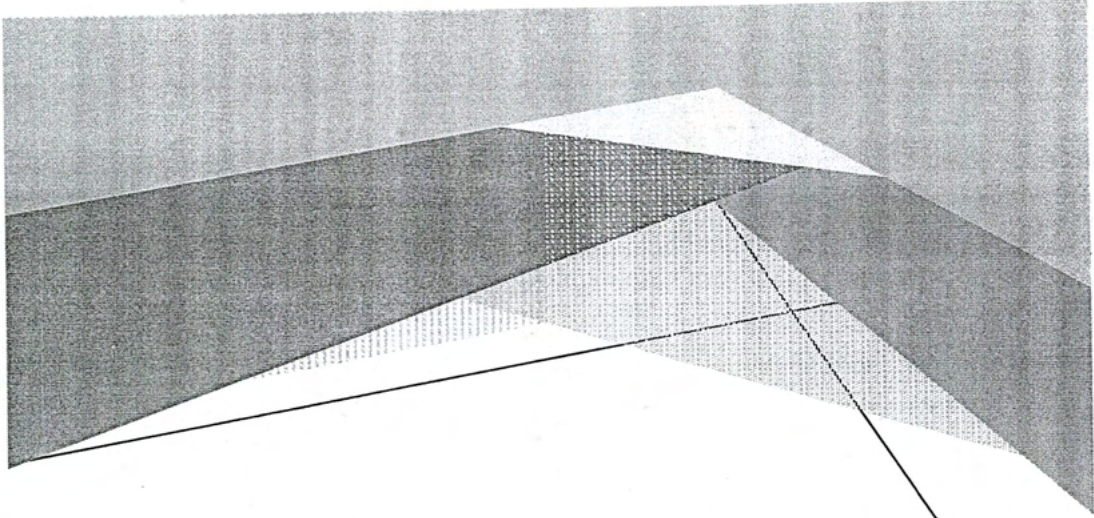


IMAGE FOUNDATION



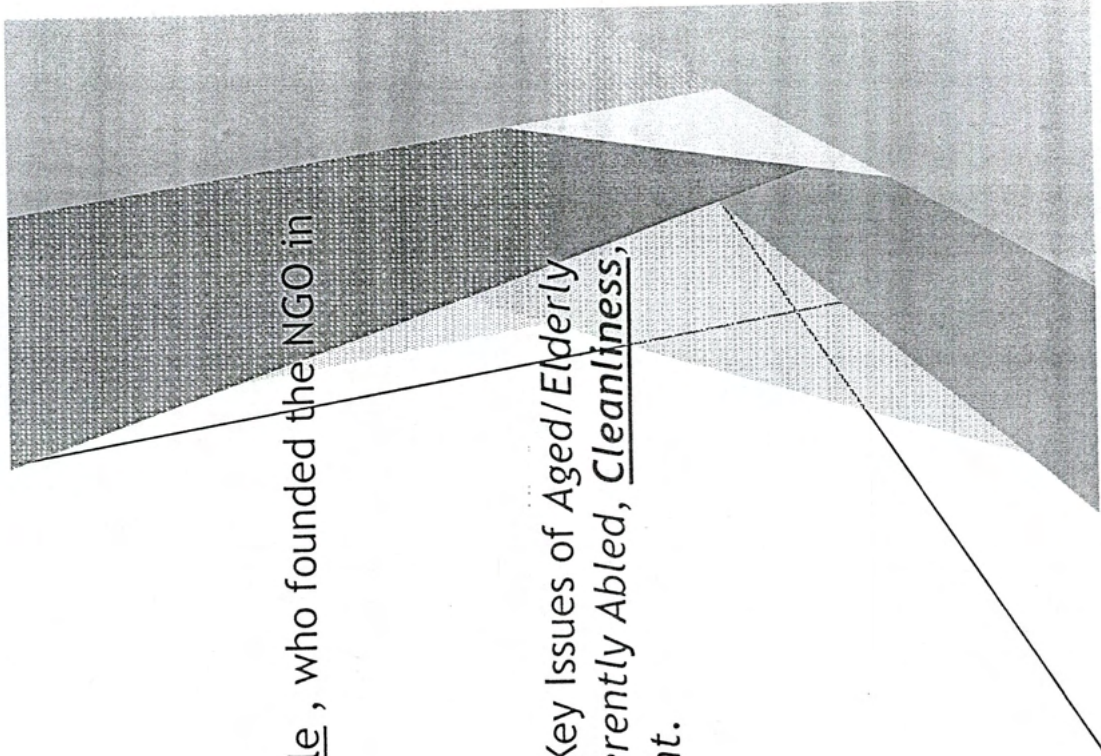
IMAGE FOUNDATION

Regd. No. E / 31044 / Mumbai/ 2015.



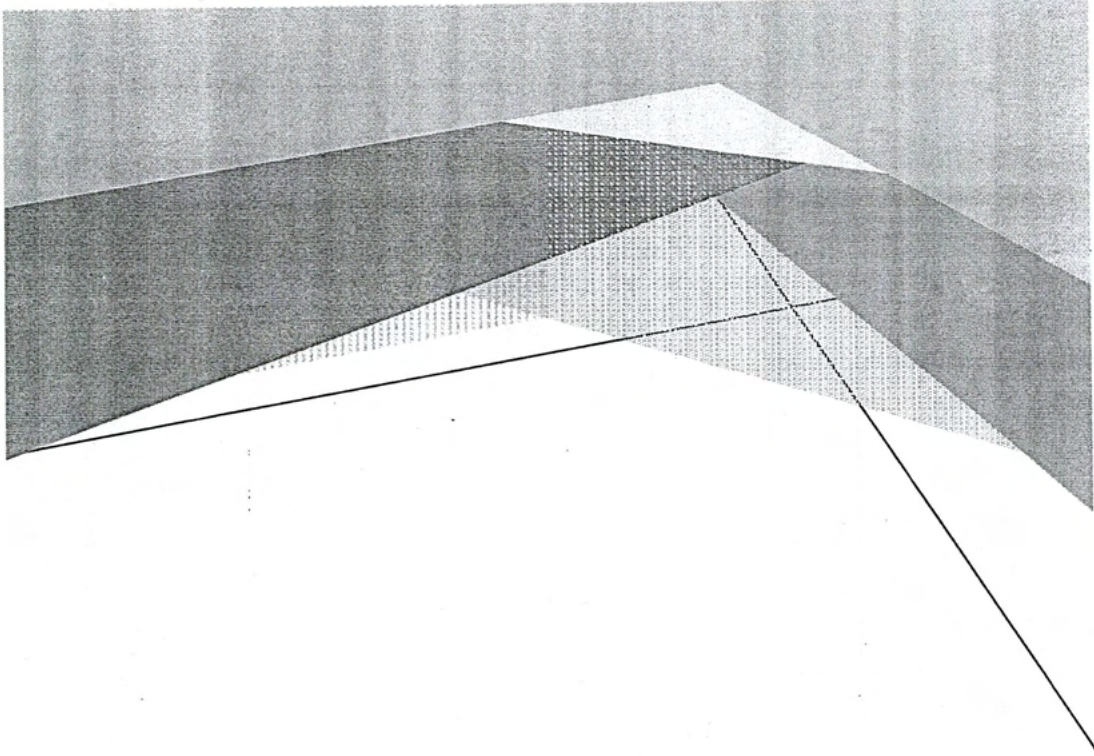
INTRODUCTION

- The Chairman of IMAGE FOUNDATION is Manoj Dhawle , who founded the NGO in 2016.
- It's main office is located in Goregaon , Mumbai.
- The IMAGE FOUNDATION NGO charity is working on Key Issues of Aged/Elderly welfare, Art & Culture, Children, Civic Issues, Differently Abled, Cleanliness, Drinking Water, Human Rights, Labor & Employment.



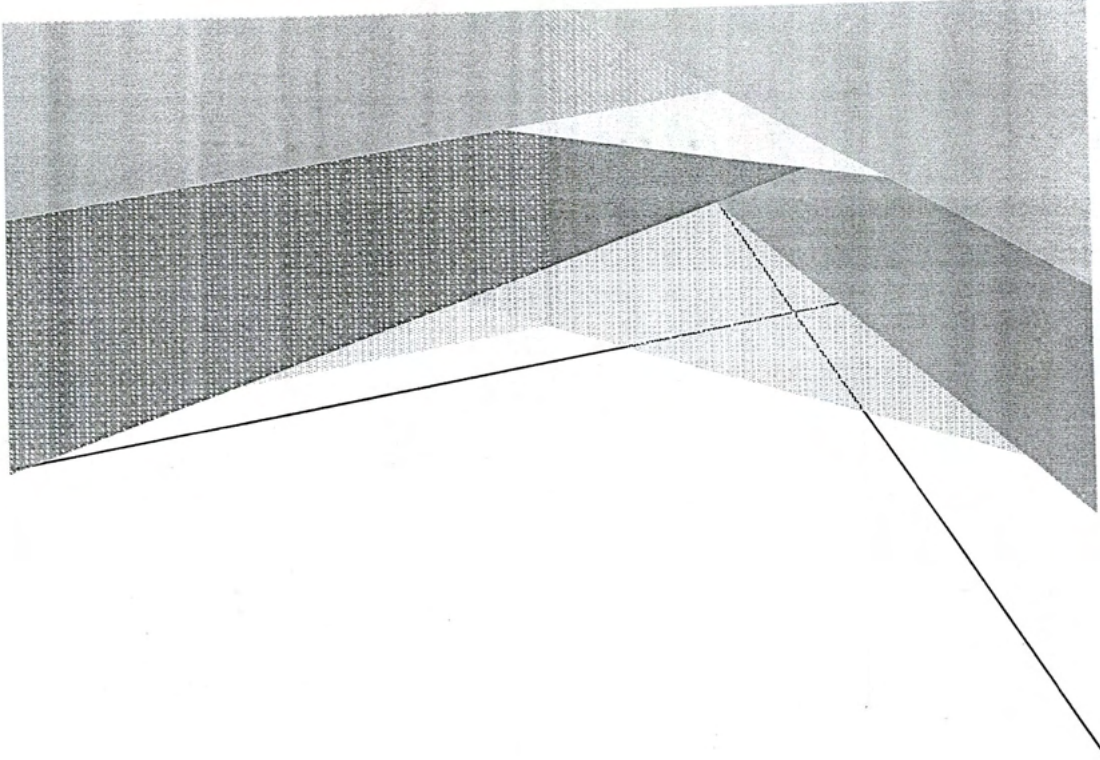
CHALLENGES

- Foul smell
- Co-ordination
- Sand made the waste difficult to let go



THINGS WE LEARNT

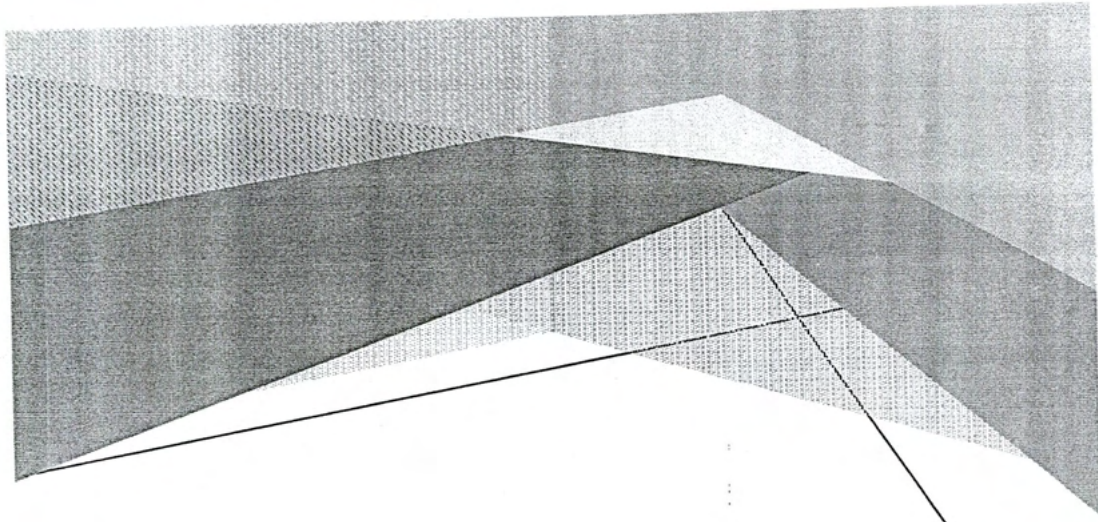
- Patience
- Working with local workers
- Importance of beach
- Eco logical effect of plastic waste on aquatic life
- How plastic and other waste degrade aqua life

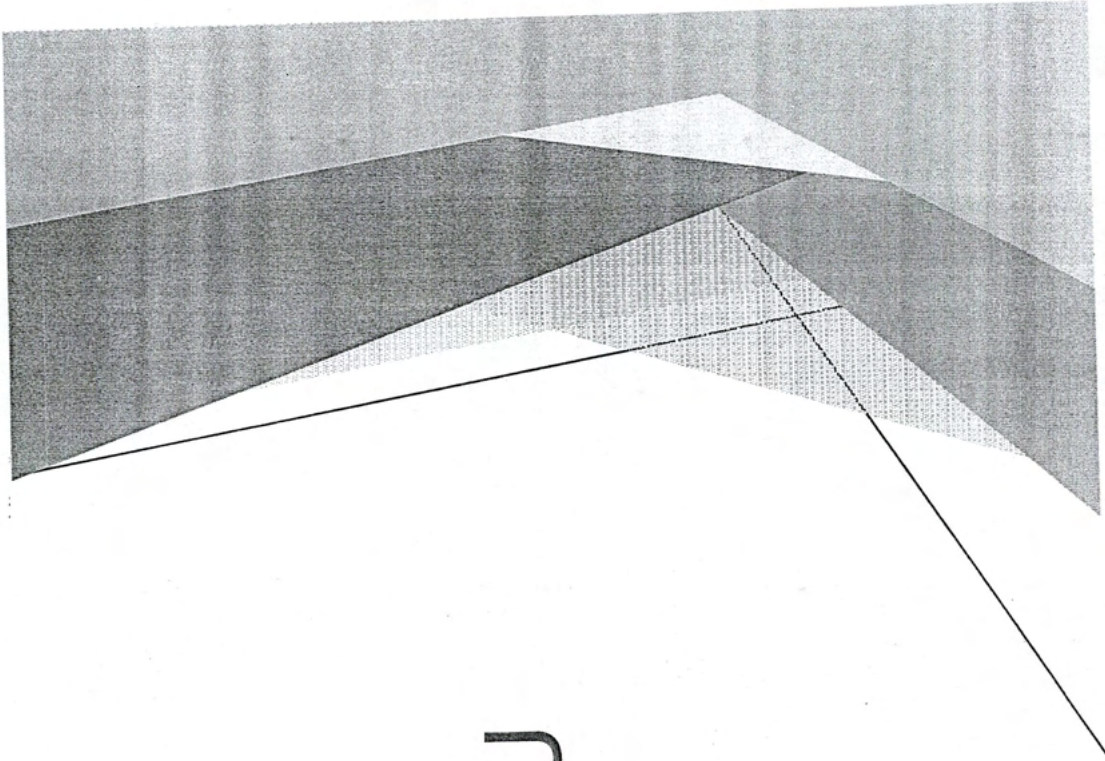


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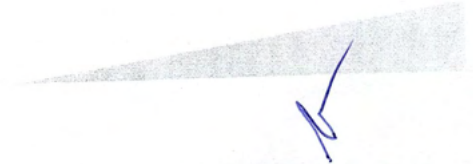
CONCLUSION

- New Perspective
- Good Experience
- Interaction with new people
- Confidence
- Punctual





THANK YOU



Project Proposal

M

Appendices



IMAGE FOUNDATION

Regd. No. E / 31044 / Mumbai / 2015.

IF/ceU18.

Date : 20/9/18

Dr Geeta Ajit
Assistant Professor
Department of Humanities and Applied Sciences
V.E.S. Institute of Technology
Chembur, Mumbai - 400074

Respected ma'am,

This is to certify that the following students from VESIT , Chembur, worked with Image foundation for beach cleaning on 15th, 19th and 21st of September 2018 for 3 hours each at Mahim Chowpatty. We are glad to have them in our team and appreciate their concern towards the environment.

NAME OF THE GROUP MEMBERS

- 1.Soham Sapkal
- 2.Siddhant Nashte
- 3.Abhik Mirdha
- 4.Heman Parashar
- 5.Vilas Dhuri
- 6.Himanshu Jahagirdar
- 7.Aditya Pawar
- 8.Vikrant Indi
- 9.Mehul Tripathi
- 10.Shrinivas Yeddandi
- 11.Raj Sahu
- 12.Jugal Kahlon
- 13.Gurkirat Wadhawan
- 14.Arnab Choudhury
- 15.Prathamesh Shukla
- 16.Anurag Mishra

For IMAGE FOUNDATION
Trustee



C/601, Vivek Sankalp CHS.Ltd., Plot No.14,Gen.Valdya Marg, NNP,Goregaon (E), Mumbai-400 097. Call :98673213282

- local people and partners about (a) changes in outcomes they value, and (b) how well a specific NGO has contributed to those changes.
- Verification. Results and reports can be verified, so NGOs don't risk having to rely on self-assessments of performance – any more than they would rely on unaudited financial reports.



A picture from Mahim Chaupati



Jayashree

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MUMBAI-400 074, INDIA.





A picture from Mahim Chaupati



Jayesh M

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“Use Me”



Jayashree

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COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.

PROJECT PROPOSAL ON FREE MEDICAL CAMPS AND HEALTH
AWARENESS

A Proposal for

(in partial fulfillment of the requirements of BCE course)

(Manraj Prathisthan & Image Foundation)

By

D11A


Under the guidance of

Dr. Geeta Ajit

Vivekananda Education Society's Institute of Technology

Chembur, Mumbai – 400 074

August 2018



NAME OF THE GROUP MEMBERS

- 1.Soham Sapkal
- 2.Siddhant Nashte
- 3.Abhik Mirdha
- 4.Heman Parashar

- 5.Vilas Dhuri
- 6.Himanshu Jahagirdar
- 7.Aditya Pawar
- 8.Vikrant Indi
- 9.Mehul Tripathi
- 10.Shrinivas Yeddandi
- 11.Raj Sahu
- 12.Jugal Kahlon
- 13.Gurkirat Wadhawan
- 14.Arnab Choudhary
- 15.Prathamesh Shukla
- 16.Anurag Mishra



INTRODUCTION

The Constitution of India recognizes it as a primary duty for every state to improve public health among their population providing proper services. In line with this, the 11th plan(2007-2012) asserted the need to ensure provisioning of primary health services to the poor. However lack of medical facilities, lack of funds, lack of awareness of health among the people and poor economic conditions many people are deprived of basic health services. According to WHO the life expectancy at birth stands at 68 years compared to 72 years around the globe and with a huge gap of 16 in comparison to Japan which ranks first with average life expectancy of 84 years. These poor health outcomes are the result of poor primary health care services and lack of awareness about health regarding issues among the public .

Therefore in our project at Manraj Prathishthan, we envisage at spreading awareness about public and personal health among the masses and conducting free medical checkup camps and providing free medicines to the destitute.

POSTAL ADDRESS:

Manraj Prathishthan

Khar office : Flat no. 11, Shyam Sadan, S.V. Road, Near Old post office, Khar(w)

Image Foundation: C/601 Vivek Sankalp CHS Ltd. Plot 14, NNP, Goregaon East Mumbai- 400 097 Mob: 9867323282

OUR MISSION

Aimed at the welfare of the society and to serve the poor and then needy, our mission goes with the tagline of the NGO ' Swach Sundar Parisar, Arogya Nandel Nirantar '

PROJECT OVERVIEW

WORK DONE BY THE NGO

Founded in 2010, Manraj Prathishthan is a non-profit organization that works primarily in the domain of Food nutrition, Employment, human rights with public Health Awareness and

Camps its main domain. Along with its mark in the nutritional field Manraj Pratishtan also works for empowerment of women and education in rural areas and provides free education and medical facility to women and children. It provides 24hrs free ambulance service and basic health services.

STATEMENT OF THE PROBLEM

Inspite of various facilities and services given by the government in the health sector, they do not reach most of the masses especially the economically striven and rural parts. Lack of awareness about the diseases and public health is the common reason for the poor health statistics .

OBJECTIVES

Manraj Pratishtan takes prime efforts in identifying the sections of the society that are deprived of basic health services. Its main objectives are :

- Spreading awareness about personal and public health among the people
- Encouraging blood donation and organ donation among the youth
- Providing free medicines and drugs at low rates
- Providing financial assistance to the indigent
- Organizing road and beach cleaning camps to spread awareness of public cleanliness
- To promote health care, sanitation and social welfare and development
- To spread awareness about protection of environmental, personal health

TECHNICAL PLAN

‘What you sow so shall you reap’, all round the year the Mumbai shores are evident example of these especially during Ganesh Chaturthi .

The first step of the plan include beach cleaning drive at Mahim Chowpatty on 15th, 19th and 21st September after Visarjan, thus contributing towards public cleanliness and spreading awareness regarding the importance of clean water resources and its effect on public health

The second step was helping the NGO in organizing a free medical and eye checkup camp, providing medicines at low rates on 9th and 22nd September at Khar and on 8th and 23rd September at Kurla.

TENTATIVE PLAN OF OUR WORK

Sr no	Day and Date	Day time	Place of work	Work to be carried out
1.	8th September	3:00pm to 6:00pm	Kurla West Bharat Nagar	Assistance at Medical Camp
2.	9th september	9:00am to 1:00pm	Khar West	Assistance at Medical Camp
3.	15th September	2:00pm to 5:00pm	Mahim Chowpatty	Beach Cleaning
4.	19th September	3:00pm to 6:00pm	Mahim Chowpatty	Beach Cleaning
5.	21st September	2:00pm to 6:00pm	Mahim Chowpatty	Beach Cleaning
6.	22nd September	11:00p m to 3:00pm	Khar West	Assistance at Medical Camp
7.	23rd September	9:00am to 1:00pm	Kurla West Bharat Nagar	Assistance at Medical Camp

MANAGEMENT PLAN

MAHIM CHOWPATTY

A 3 hour session was organized by the Image Foundation NGO, instructing the implementation of the beach cleaning drive program. It provided the gloves and safety masks

and organized a cleaning drive on 15th ,19th and 21st of September under the supervision of Mr.Siddhesh Nikam, the Supervisor.

MEDICAL CHECKUP:

All the members of our group were assigned various task to run the camp smoothly . Mr. Manoj Nathani, head of the NGO, along with his medical camp supervisors guided the organizing committee about execution of the noble task. The medical Camp of lead by Mr. Babu More.

Members took social media as an effective tool, to spread the awareness about the health checkup camps through various social connecting apps such as Facebook

CONCLUSION

The NGO project will provide a very different change and challenges to all the members. With a step aside from the academics it is a way of giving back to the community. Coming out of the classrooms into the society and encountering the problems faced by it will surely help in tackling future problems. Interaction with selfless people during who carry this noble tasks without any aid from government will surely inculcate a sense of positivity, enthusiasm, hardwork and most importantly the satisfaction of the doing something more than just living



Handwritten signature in blue ink, appearing to read "Dr. Gurbir Singh".



MANRAJ PRATISHTHAN

Public Trust Reg. No. - E-27560, 12A Reg. No. - 48304, 80G Reg. No. - CIT (E) 80G/1678/ (2015-2016)2016-17

Ref.

Date. 24/9/18

To,
Dr. Geeta Ajit
Assistant Professor
Departments of Humanities and Applied Sciences
V.E.S. Institute of Technology
Chembur, Mumbai- 400074

Respected Ma'am,

I hereby certify that the following students from V.E.S. Institute of Technology, Chembur, have volunteered in managing Medical Camps & Eye Check-up Camps organised by Manraj Pratishthan Trust.

- | | | |
|-------------------------|-----------------------|-----------------------|
| 1. Soham Sakpal | 2. Siddhant Nashte | 3. Prathamesh Shukla |
| 4. Heman Parasher | 5. Abhik Mirdha | 6. Vilas Dhuri |
| 7. Mehul Tripathi | 8. Shrinivas Yeddandi | 9. Jugal Kahlon |
| 10. Raj Sahu | 11. Vikrant Indi | 12. Gurkirat Wadhawan |
| 13. Aditya Pawar | 14. Arnab Choudhary | 15. Anurag Mishra |
| 16. Himanshu Jahagirdar | | |

Yours Truly

For MANRAJ PRATISHTHAN

Authorised Sign



R

Abstract

In spite of various facilities and services given by the government in the health sector, they do not reach most of the masses especially the economically striven and rural parts. Lack of awareness about the diseases and public health is the common reason for the poor health statistics. Founded in 2010, Manraj Prathishthan is a non-profit organization that works primarily in the domain of Food nutrition, Employment, human rights with public Health Awareness and Camps its main domain.

- Spreading awareness about personal and public health among the people
- Encouraging blood donation and organ donation among the youth
- Providing free medicines and drugs at low rates
- Providing financial assistance to the indigent
- Organizing road and beach cleaning camps to spread awareness of public cleanliness
- To promote health care, sanitation and social welfare and development
- To spread awareness about protection of environmental, personal health

Chapter 1: Introduction

1.1 Overview:

The Constitution of India recognizes it as a primary duty for every state to improve public health among their population providing proper services. In line with this, the 11th plan (2007-2012) asserted the need to ensure provisioning of primary health services to the poor. However lack of medical facilities, lack of funds, lack of awareness of health among the people and poor economic conditions many people are deprived of basic health services. According to WHO the life expectancy at birth stands at 68 years compared to 72 years around the globe and with a huge gap of 16 in comparison to Japan which ranks first with average life expectancy of 84 years. These poor health outcomes are the result of poor primary health care services and lack of awareness about health regarding issues among the public.

1.2 Background and motivation

Initially when we were informed about the project that we'd have to work for an NGO for a total of 30 hours, we weren't sure how we were going to be able to do that considering the amount of stress we are under due to assignments and examination. After our briefing with Manraj Prathishthan we found out about how much the NGOs give to the society and we were motivated to help out. We knew that working for NGO would broaden our horizon, increase our leadership skills, give us a sense of cultural understanding and give us a sense of satisfaction for making lives of the people in need a whole lot better.

1.3 Objective

Aimed at the welfare of the society and to serve the poor and then needy, our mission goes with the tagline of the NGO ' Swach Sundar Parisar, Arogya Nandel Nirantar.' Our objective was to envisage at spreading awareness about public and personal health among the masses and conducting free medical checkup camps and providing free medicines to the destitute.

1.4 Methodology

When we went in for medical camp and beach cleaning, we had very little idea about what we were actually going to do. So to calm things down, we were well guided by our supervisors who made sure they included every little detail. So just following their instructions and communicating with my friends was enough to get me through the 30 hours of work.

Chapter 2: Description

Day 1 and Day 7: Medical Camp

Date : 8th and 23rd September, 2018

Time: 9 am - 1 pm

Location: Bharat Nagar, Kurla West.

All our members reached the location at 8:45 am. We were briefed by Mr Babu More who was the NGO supervisor. We were separated into different groups - Helping at the Eye check up, Registration of patients and carrying out medicine boxes. As it was our first day, we were afraid of making mistakes but the NGO members made us feel comfortable and helped us whenever we faced difficulties. In spite of some of us not understanding Marathi, we were helped by our friends. Working together instilled a sense of team spirit and made us aware of the hardships people face everyday.

Day 2 and Day 6: Medical Camp

Date : 9th and 22nd September, 2018

Time: 3 pm - 6 pm and 11 pm - 3 pm

Location - Khar West

This camp was also similar to the one in Kurla, but this was on a bigger scale. The tasks assigned to us also included helping out senior citizens, providing the patients standing in line with water, guiding them to the doctors and make them feel comfortable by spreading awareness. It was afternoon, so it was hot outside and keeping the patients hydrated was an important task. The time was limited so we had to make sure all the tasks like carrying boxes of medicine and eyedrops was done swiftly and efficiently. Members took social media as an effective tool, to spread the awareness about the health checkup camps through various social connecting apps such as Facebook.

All the days that we went to Clean Beaches through Image Foundation were the days after Ganapati Visarjan. So the beach needed some extensive cleaning. When we arrived at the beach, instead of being in awe of its beautiful we were disgusted by the foul smell and the garbages.

We were quickly briefed by Mr. Siddhesh Nikam and were eager to see the beaches in pristine condition, the way they are supposed to be. We were provided with gloves, masks, rag picking sticks and Garbage bags. We worked in pairs where one would hold the Garbage bags and the other would collect the Garbage. Roles were switched from time to time. We also encountered a man who was peeing on the rocks and asked me to stop and made him aware of what actions like these have a effect on our environment. We also talked to 2 Koli Fishermen who made us aware of the fact that many fish would turn up dead on the shore and the number of fish they caught had drastically decreased. Many a times garbage would get stuck inside the fishing nets rendering them useless. All these problems made us realize the depth of it. Even after cleaning for more than 3 hours on each day, we realized the amount of work that is still left and in spite of doing a good job we weren't fully satisfied as we wanted to see a perfect clean beach.

Chapter 3: Analysis

Arriving at Dadar Chowpatty, I was unpleasantly surprised. The amount of trash observed while I was walking towards our designated spot for the clean-up was simply too astonishing. Previous beach clean-ups I had participated in did not involve that much trash. Work was split and I was with the group clearing the Garbage. Due to waves swirling the trash around the roots at high tide, trash like ropes, plastic bags, plastic strings etc. are being entangled horribly at the shore, making trash was very hard to remove. Much patience was needed, as the removal of the entangled trash was a delicate process to minimize damage to the wildlife. With a huge amount of trash, the clean-up ended with a happy feeling that I had a part in making the world a better place and further reinforce the notion to never litter.

Conclusion

The NGO project will provide a very different change and challenges to all the members. With a step aside from the academics it is a way of giving back to the community. Coming out of the classrooms into the society and encountering the problems faced by it will surely help in tackling future problems. Interaction with selfless people during who carry this noble tasks without any aid from government will surely inculcate a sense of positivity, enthusiasm, hardwork and most importantly the satisfaction of the doing something more than just living.

How everything can be improved is by

- Feedback. NGOs can measure their performance using structured ways of hearing from

Project Report
(in partial fulfillment of the requirement of BCE course)

**BETTERMENT OF LIVING CONDITIONS
IN OLD AGE HOMES**

By

D11A

BHARGAV DESHPANDE(14)

SAYALI GOGATE(20)

SUYASH JOGLEKAR(24)

SALONI KARALE(28)

PRATHMASH KULKARNI(33)

ANANDLAKSHMI R KUMAR(44)

ADITYA SHAHANE(52)

SHUBHAM SHELAR(54)

ROHIT SHELKAE(55)

SHANTANU SURYAVANSHI(61)

SHIVANI YADAV

Submitted to
Dr. Geeta Ajit



Vivekanand Education Society's
Institute of Technology

Chembur, Mumbai-400074

September 2018

Declaration

I SAYALI GOGATE student of Semester V, third year Engineering from Department of ETRX, V.E.S. Institute of Technology, hereby declare that the project entitled BETTERMENT OF LIVING CONDITIONS IN OLD AGE HOME, submitted to the University of Mumbai for the academic year 2018-2019, is a record of an original work done by me under the guidance of Dr. Geeta Ajit, Assistant Professor, Department of Humanities and Applied Sciences, V.E.S. Institute of Technology, Mumbai -400074.

This project report is submitted as a partial fulfillment of the requirement of the subject Business Communication and Ethics in Semester V.

Date: 16/10/18
Place: CHEMBUR

Name SAYALI GOGATE
Signature:

A

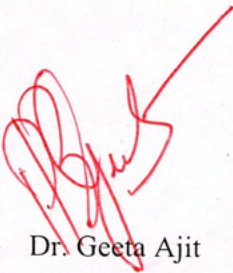
CERTIFICATE

This is to certify that the report entitled

BETTERMENT OF LIVING CONDITIONS IN OLD AGE HOME

that is being submitted by :(SAYALI GOGATE)
from (D11A/ETRX V.E.S Institute of Technology)

in partial fulfillment for the subject Business Communication and Ethics to the University of Mumbai is a record of bonafide work carried out by him/her under my guidance and supervision.



Dr. Geeta Ajit

Assistant Professor

Department of Humanities and Applied Sciences

V.E.S. Institute of Technology

Mumbai -74.



ACKNOWLEDGEMENT

I would like to express my heartfelt gratitude to V.E.S.I.T and Dr. Geeta Ajit for giving me an opportunity to work for 30 hours in HK Chainani Old Age Home in Mulund(E). I would also like to thank the authorities of the institution, Mr. Chainani for allowing us to work for 30 hours in the elders' home. Finally, I would like to thank my teammates without whose support this activity would not have been possible.



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9.	Lessons learnt	14
10.	Conclusion	15

INTRODUCTION

An old age home is a place for the elderly, who have been abandoned by their children. Although the necessary amenities are provided for, the love and care of their loved ones is sadly missing.

The concept of an old age home is new in India. It is the departure from the system of joint families and the introduction of nuclear families that has brought this unhappy situation in our society and old age homes have had to come up to cater to the needs of the elderly.

Most of the Indian families take good care of their elders but unfortunately there are people who treat their parents as liabilities and hence make them feel neglected.

Hundreds of organizations are working to make life easy for destitute parents by developing old age homes in India.

There are rare cases when parents themselves prefer the privacy of an old age home but in the majority of these cases, it is the cold attitude of children that forces parents to move in these homes.

Some of these homes are not properly maintained mainly due to lack of funds for its regular upkeep. Therefore, senior citizens are forced to live in unhygienic conditions which is detrimental to their health. Since all these senior citizens are staying away from their families, they often suffer from severe depression and feel lonely. Thus, the authorities of the organization try their best to offer several entertainment programs like organizing a play or a picnic for them in order to help them come out of their personal problems and loneliness. Also, certain hours are allotted to their family members for visiting old age home to keep them in touch with those citizens.

K

BACKGROUND AND MOTIVATION

When we visited the NGO on the 1st of September 2018, we found living conditions to be deplorable. The NGO hadn't been receiving funds for its regular maintenance and upkeep.

When we happened to glance inside one of the room, we found it in state of disrepair. The walls hadn't been cleaned and passageways were dusty. The senior citizen in the room, seemed to be happy and listening to music on portable radio. At the same time, another senior citizen appeared to serious and disturbed. This is when we saw the two contrasting emotions for the same situation.

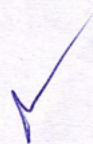
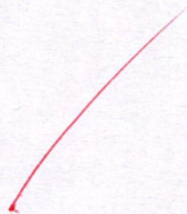
This inspired us to try and make difference in the lives of these people in whatever way we could. We therefore decided to make living condition of NGO better for the inmates of this old age home as it would influence their physical and mental health in positive way. All members of our team came to consensus and we then decided to help them with the preparation of ganesh chaturthi as well.

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METHODOLOGY

Our group was formed since all of us preferred Thane as an ideal location. Therefore, we began our search for the NGO in Thane and areas around Thane like Mulund and Nambur. Therefore, when we chanced upon H.K. Chainani Old Age Home in Mulund(E), we decided to work there as it suited our timing. The issues related to these homes are also on the rise every day. Therefore, we decided to work for this NGO.

Our task was assigned to us for a period of 30 hours spread over 15 days.



SCHEDULE

From 1st September 2018 to 5th September 2018:

We cleaned the dining hall, rooms and passageways of ground floor.

From 6th September 2018 to 10th September 2018:

We cleaned the passageways and walls of first floor and helped in Ganesh Chaturthi preparations.

From 11th September 2018 to 15th September 2018:

We helped in Ganesh Chaturthi preparations.

MANAGEMENT

Our schedule comprised 2 hours every day from 1st September 2018 to 15th September 2018. We would leave college at 2:45 pm every day and work from 4 pm to 6 pm. We carried hand sanitizers and masks to complete our tasks.

For the first 5 days, we cleaned the dining hall, the ground floor passageways and the office. Our team, in spite of hectic schedules owing to assignments and submissions, managed to take out 2 hours every day for this activity.

During the course of the next 5 days, we cleaned the passageways of the first floor and during the last 5 days, we cleaned the second floor and helped in Ganesh Chaturthi preparations.

Our team bonded well during these tasks and it helped us know more about each other. Even though we had misunderstandings and hiccups, we put our differences aside and worked as a team.

EXPERIENCE

During our activity, we learnt many life lessons. When we first visited the NGO, we found it to be unhygienic. We felt sorry for the senior citizens living there. Since most of us were going to an NGO for the first time, the owner, Mr Chainani was kind to explain the tasks which we would be assigned during the course of 30 hours.

During the first 5 days, we cleaned the dining hall and passageways. The dining hall wasn't in a good state and after cleaning it, we felt a sense of satisfaction and realized that the old age home wasn't being properly maintained.

During the next 5 days, we cleaned the passageways and rooms of the first floor. The rooms were in a state of disrepair and the walls needed cleaning as there were leakages in some rooms and the walls had become damp with moisture.

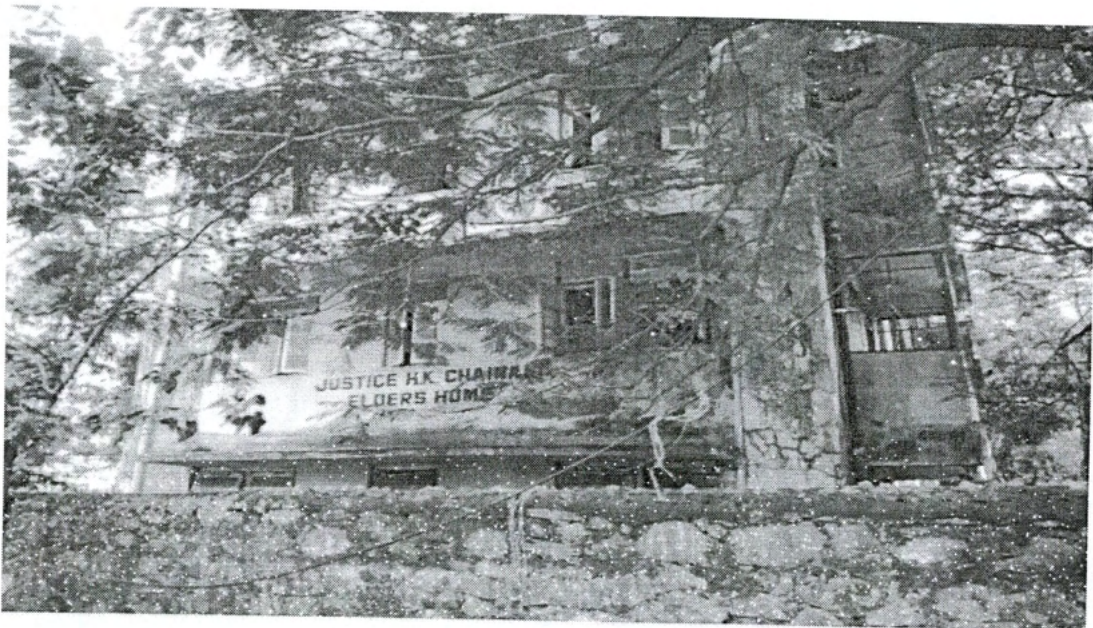
During the festival of Ganesh Chaturthi, we helped in the decoration and cleaning of the idol. Our team bonded well and it was an enjoyable experience, but at the same time, it was an eye opener for us.



ABOUT HK CHAINANI OLD AGE HOME

Justice H K Chainani Elders' home is located at Navghar Road, Mulund East and is a home for senior citizens. The institution provides basic amenities to senior citizens who live there either by choice or have been admitted by their children. The trustees of Shahani Trust help in the running of this organization and it houses around 50 senior citizens on a subsidized basis. Justice H K Chainani Elder Home is located at Navghar Road, Opposite Shahani Colony, Mulund East, Mumbai – 400081.

The vision and focus is to provide customized solutions with quality and cost effective care. A strong customer focus approach and constant quest for top class quality and services have enabled the organization to attain and sustain leadership position. This organization was established in the year 1968. The authority works sincerely by taking lot of efforts to give the best service possible.



H · K · C H A I N A N I O L D A G E H O M E

Sayali
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INSTITUTE OF TECHNOLOGY
HASHU ADVANI MEMORIAL COMPLEX,
COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA."



STATISTICS

According to a report, India has around 728 old age homes. Out of these, 325 homes are free of cost, 95 homes are on pay and stay basis and 116 homes have both free and pay and stay facilities and 11 homes have no information. A total of 278 old age homes are available for the sick and 101 homes are exclusively for women. Kerala has 124 old age homes which is the maximum in India.

The old age home houses 50 senior citizens, 28 men and 22 women. It has 2 floors and a terrace and consists of about 26 rooms. It also houses a dining hall and a puja room. About 2 to 3 senior citizens share a room, some prefer to live individually. All of the senior citizens gather in the dining hall for breakfast, lunch and dinner.

Lunch and dinner are prepared by 5 staff members of the institution.

This organization is run by Mr. Chainani and his 2 daughters.



AUTHORITY OF H K CHAINANI OLD AGE HOME

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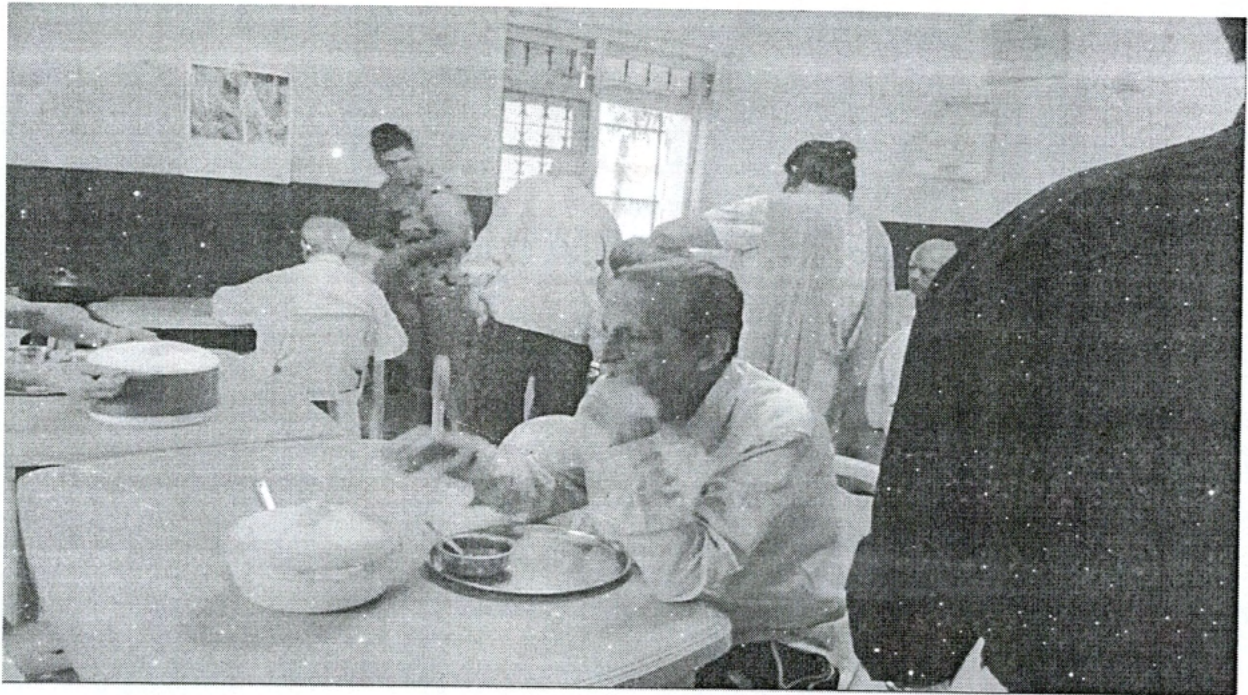
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OBJECTIVES

Improving the living conditions of senior citizens in HK Chainani Old Age Home by :

- Cleaning rooms
- Cleaning halls and dining rooms
- Cleaning offices
- Cleaning and decoration of Ganesh idols during Ganesh Chaturthi



DINING HALL



Jayashil
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ANALYSIS

The visit to H K Chainani Old Age Home was a pleasant experience. Although our interaction with the inmates of the organisation was limited, seeing a smile on their faces when they knew that someone visited them, was heart-warming. Since most of us weren't familiar with working in an NGO, Mr. Chainani was kind to explain the tasks which we would complete over a period of 30hrs.

After working for 15 days in the NGO, the experience was satisfying and memorable. This activity made us realise our humane side and enhanced our personalities. In India, parents are considered close to god. Therefore, many children choose not to send them off to old age homes. From this experience, however, we realised that some children do think of their parents as liabilities and are hence unable to provide for them. After working for 30hrs we realised the value of sacrifices our parents have made just so we could live the life that we enjoy. These 30hrs also helped our team to bond with each other. We realised that as a team, we could accomplish much more than what a single person could accomplish.



CHALLENGES FACED

During the assignment, we faced some challenges. We initially chose to work with weChange, an NGO in Thane. After attending a session in Ulhasnagar with the group leader and another session in Kalwa, my team realized that Kalwa was not a safe place to work. Our parents were against our decision to work in Kalwa and therefore, we decided to change the NGO.

However, when we conveyed our decision to the authorities, they were non-cooperative. As a team, we convinced them to allow us to change our NGO and after 2 agonizing days, we finally switched to HK Chainani Old Age Home in Mulund.

This taught us to work as a team and to get out of a sticky situation while still keeping our composure.

While working at HK Chainani Old Age Home, we came up with the idea of conducting an exercise activity for the senior citizens. However, owing to the weather, it was not possible.

It was tough for the team to come together for a cause, owing to hectic schedules, assignments and submissions, however our team spirit helped us complete this assignment successfully.

LESSONS LEARNT

The experience of working in an NGO was enriching and enlightening. We got to explore a new aspect of our personality and at the end of these 30 hours, we felt a sense of satisfaction.

In India, parents are considered close to God. Therefore, many of us choose not to leave them. However, some children think of their parents as liabilities and put them in old age homes against their parents' wishes.

From this experience, we realized the sacrifices which our parents made for us, just so we could live the life that we enjoy. We also realized that they have made us what we are and we should take good care of them and not just treat them as a liability.

These 30 hours also taught us about the value of team spirit and coordination. We realized that we could accomplish much more working as a team and make the task enjoyable to complete.

During tough times, we stuck together and never gave up. While trying to change our NGO, we realized that working together as a team brought us out of the situation in the best way possible.

Overall, this was an experience of a lifetime and has instilled in me a sense of compassion.

CONCLUSION

“Your parents showed you the world, and in return, you showed them an old age home”. This famous saying reflects the sad situation in India. Old age homes, due to lack of funds are not being properly maintained. Since most of the senior citizens living in an old age home are estranged from their children, they fall into depression which affects their overall health.

These 30 hours were a small attempt from our side to improve their living conditions in whatever way we could and has also inspired us to undertake many social causes in the future.



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2. www.thesagefoundation.com/affiliates/shahani.group/
3. www.hindustanyellowpages.in

JUSTICE H. K. CHAINANI CHARITY TRUST

Registered with Charity Commissioner Greater Bombay Region, Under No. E-4182 (MUMBAI) PAN NO. AAATJ2204M 80 G

Office : Bldg. No. 2, Room No. 10-11, 1st Floor, Navjivan Co-op Housing Society Ltd.,
Dr. Bhadkamkar Marg, (Lamington Rd.,) Mumbai - 400 008. Tel. : 2308 3350

Justice H. K. CHAINANI ELDER'S HOME Navghar Road, Mulund (East), Mumbai - 400 081 Phone : 2163 0033

Chairperson	:	Mrs. Kamla Hiranand	Office Administrator	:	Mrs. Laveena S. Shahani
Chairperson	:	Mrs. Savtri Hotchand Advani	Secretary	:	Mrs. Sheila Talreja
Vice Chairperson	:	Miss. Maya K. Shahani	Add. Secretary	:	Mrs. Shirley Hira
Managing Trustee	:	Miss. Mohini Mirchandani	Supt. of Elder's Home	:	Mr. Ashok Shahani

Date: 23-09-2018

TO WHOM SO EVER IT MAY CONCERN

This is to certify that the following students

- ① Suyash Joglekar (Group leader)
- ② Ananda Ladani
- ③ R. Shantamu S.
- ④ Saijali G.
- ⑤ Bhargav D.
- ⑥ Shubham S.
- ⑦ Rohit S.
- ⑧ Prathamesh K.
- ⑨ Shivani Y.
- ⑩ Aditya S.
- ⑪ Sabani K.

of V. E. S. I. T have worked for 30 Hrs. in
our Justice H. K. Chainani Elders' Home,
Mulund (E), Mumbai - 81



We found them to be hard working and
pleasant.

Thank you
JUSTICE H. K. CHAINANI ELDER'S HOME
NAVGHAR ROAD, OPP. SHAHANI TRUST SOCIETY,
MULUND (EAST), MUMBAI - 400 081

For Justice H. K. Chainani

(ASHOK SHAHANI)

**BCE PRESENTATION
N.G.O(H.K CHAINANI
OLDAGE HOME)**



SLIDE 1

BETTERMENT OF LIVING CONDITIONS IN OLD AGE HOMES

Group Members-

1. Bhargav Deshpande(14)
2. Sayali Gogate(20)
3. Suyash Joglekar(Group Leader 24)
4. Saloni Karale(28)
5. Prathamesh Kulkarni(33)
6. Anandalakshmi R Kumar(44)
7. Aditya Shahane(52)
8. Shubham Shelar(54)
9. Rohit Shelke(55)
10. Shantanu Suryavanshi(61)
11. Shivani Yadav(71)

SLIDE 2

Introduction

- H.K Chainani Old Age home is located at Navgar Road, Mulund East and is home for senior citizens.
- Houses around 50 senior citizens
- Established in the year 1968
- Provides best service possible

SLIDE 3

Statement of problem

- Rooms are not properly maintained due to lack of funds
- Thus senior citizens are living in unhygienic conditions
- Often suffer from depression and feel lonely
- Lack of maintenance

Our Objective

- Cleaning rooms and offices
- Cleaning dining hall and the passages
- Thus improving their living conditions

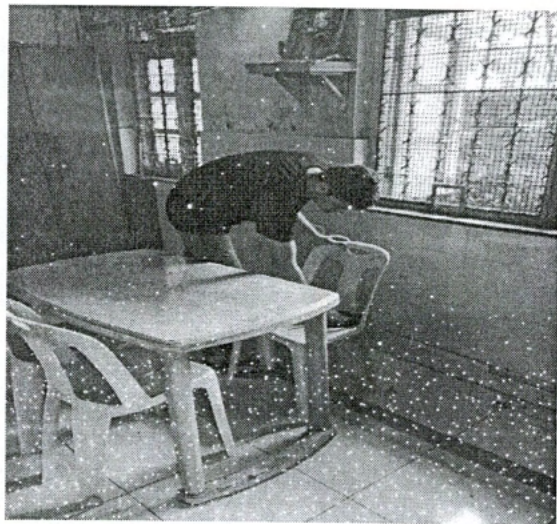
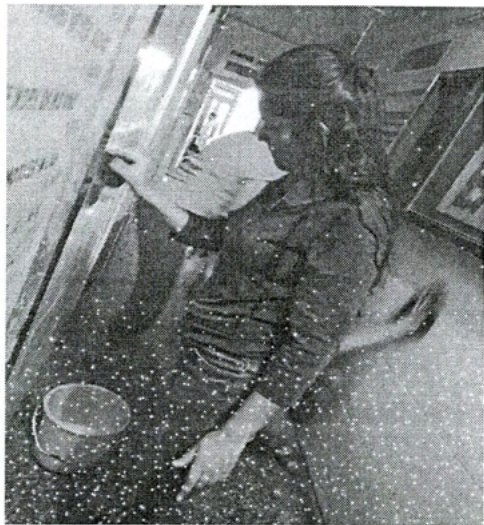
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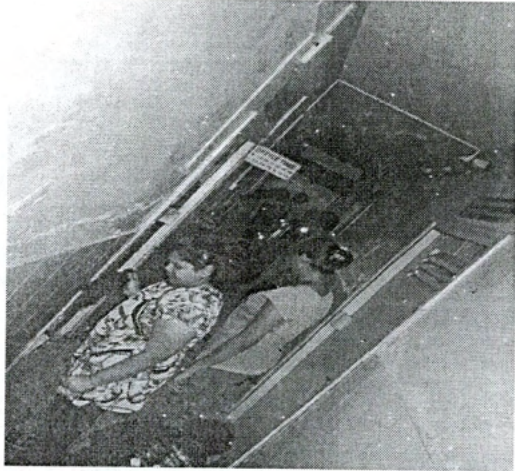
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M

CLEANING TABLES AND CHAIRS



Sayahy

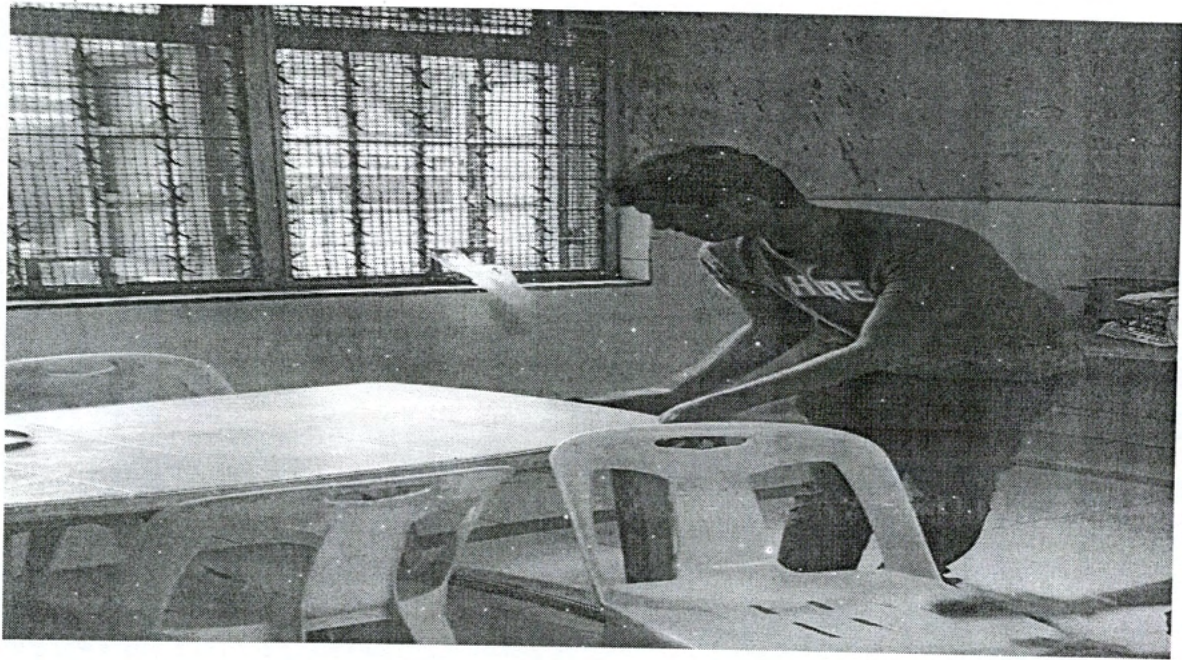
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COLLECTOR'S COLONY, CHEMBUR,
MUMBAI-400 074, INDIA.

CLEANING LOBBY AND TILES

✓

✓

✓



GROUP PHOTO WITH CHAIRMAN OF INSTITUTION

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MUMBAI-400 074, INDIA.



SLIDE 5

Work Undertaken

- Hours allotted- 30 Hrs (15days * 2 Hrs)
- Worked from 1st September to 15th September 2018
- Cleaned dining hall, rooms , office etc.

SLIDE 6

Our Experience



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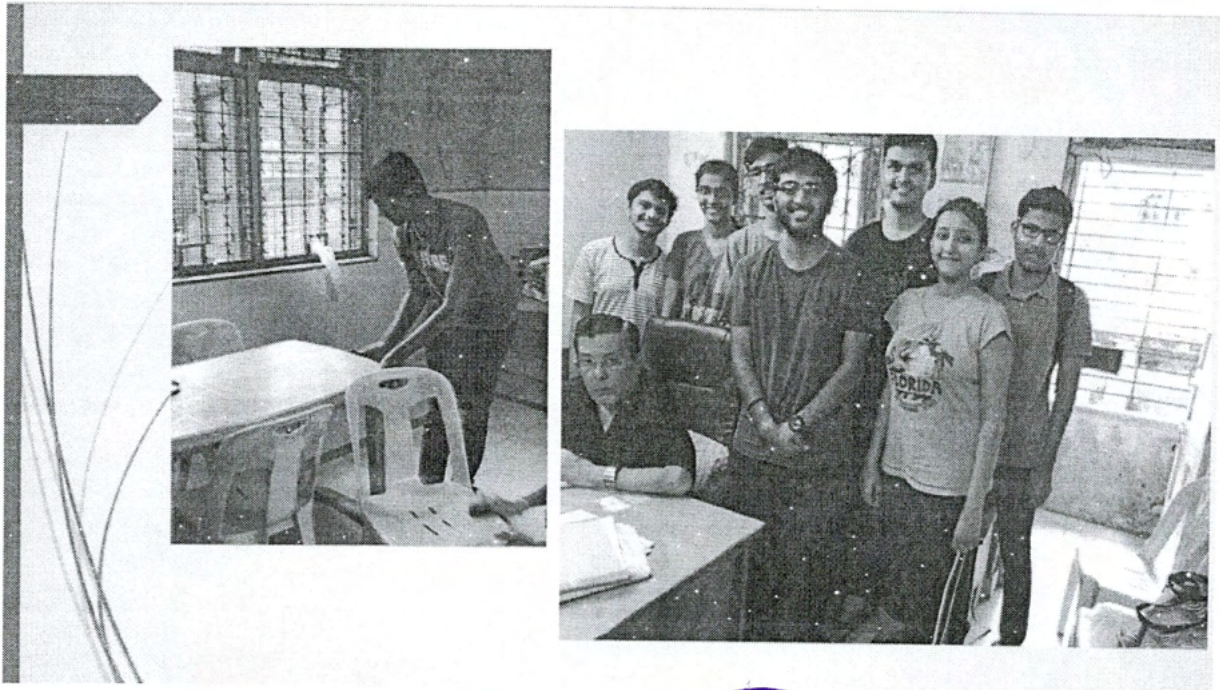


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SLIDE 7



SLIDE 8

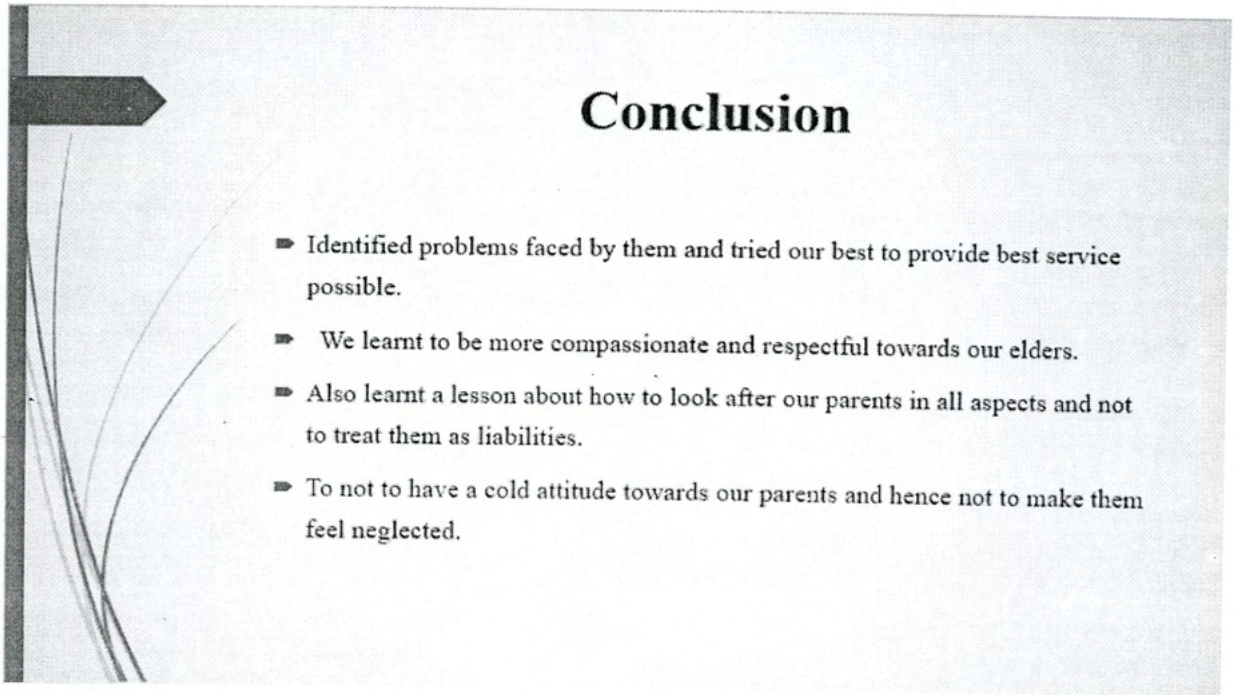


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SLIDE 10

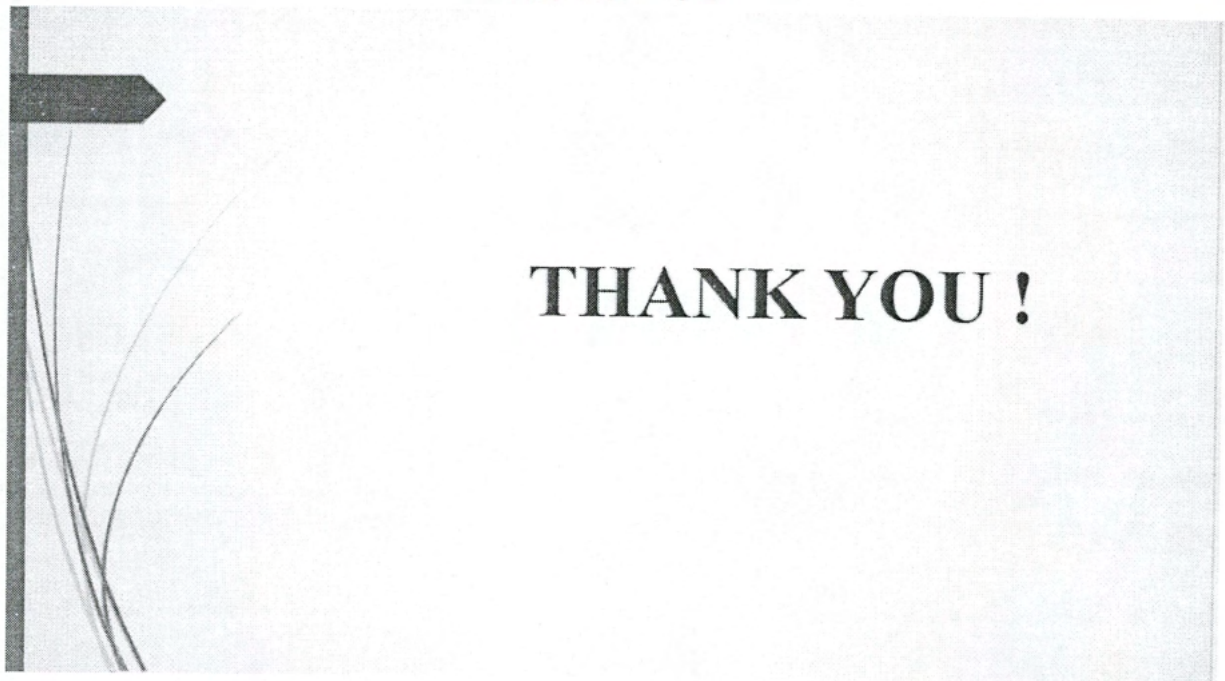


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Conclusion

- Identified problems faced by them and tried our best to provide best service possible.
- We learnt to be more compassionate and respectful towards our elders.
- Also learnt a lesson about how to look after our parents in all aspects and not to treat them as liabilities.
- To not to have a cold attitude towards our parents and hence not to make them feel neglected.

SLIDE 11



Slide 11 features a light blue background with a dark grey arrow pointing right at the top left. The words "THANK YOU !" are centered in a bold, black, serif font.

THANK YOU !



BCE PROJECT
PROPOSAL
(H.K.CHAINANI
OLDAGE HOME)



Project Proposal

(in partial fulfillment of the requirements of BCE course)

BETTERMENT OF LIVING CONDITIONS IN OLD AGE HOMES

By

D11A

BHARGAV DESHPANDE(14)

SAYALI GOGATE(20)S

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ROHIT SHELKE(55)

SHANTANU SURYAVANSHI(61)

SHIVANI YADAV(71)

Under the guidance of

Dr. Geeta Ajit

Vivekananda Education Society's Institute of Technology

Chembur, Mumbai – 400 074

August 2018

EXECUTIVE SUMMARY:

1. PROJECT TITLE: Betterment of living conditions in old age homes.
2. DURATION OF THE PROJECT: 15 days, 30 hours
3. POSTAL ADDRESS: Justice H K Chainani Elders' Home, Navghar Road, Mulund East, Mumbai-400081 (Near Mulund Gymkhana, opposite Shahani Colony)
4. NAME OF THE GROUP MEMBERS:
Group leader- Suyash Joglekar
Group members:
 1. Bhargav Deshpande
 2. Sayali Gogate
 3. Suyash Joglekar
 4. Saloni Karale
 5. Prathamesh Kulkarni
 6. Anandalakshmi R Kumar
 7. Aditya Shahane
 8. Shubham Shelar
 9. Rohit Shelke
 10. Shantanu Suryavanshi
 11. Shivani Yadav
5. About H K Chainani Old Age Home:-

Justice H K Chainani Elders' home is located at Navghar Road, Mulund East and is a home for senior citizens. The institution provides basic amenities to senior citizens who live there either by choice or have been admitted by their children. The trustees of Shahani Trust help in the running of this organization and it houses around 50 senior citizens on a subsidized basis. Justice H K Chainani Elder Home is located at Navghar Road, Opposite Shahani Colony, Mulund East, Mumbai – 400081. The vision and focus is to provide customized solutions with quality and cost effective product range. A strong customer focus approach and constant quest for top class quality and services have enabled the organization to attain and sustain leadership position. This organization was established in the year 1968. The authority works sincerely by taking lot of efforts to give the best service possible.

STATEMENT OF THE PROBLEM:

Most of the Indian families take good care of their elders but unfortunately there are people who treat their parents as liabilities and hence make them feel neglected.

Hundreds of organizations are working to make life easy for destitute parents by developing old age homes in India.

There are rare cases when parents themselves prefer the privacy of an old age home but in the majority of these cases, it is the cold attitude of children that forces parents to move in these homes.

Some of these homes are not properly maintained mainly due to lack of funds for its regular upkeep. Therefore, senior citizens are forced to live in unhygienic conditions which is detrimental to their health. Since all these senior citizens are staying away from their families, they often suffer from severe depression and feel lonely. Thus, the authorities of the organization try their best to offer several entertainment programs like organizing a play or a picnic for them in order to help them come out of their personal problems and loneliness. Also, certain hours are allotted to their family members for visiting old age home to keep them in touch with those citizens.

OBJECTIVES:

Improving the living conditions of senior citizens in an old age home by cleaning rooms and offices of the institution is our objective.

TENTATIVE TECHNICAL PLAN:

Sr. no.	Day	Time	Place of work	Work to be carried out
1.	1 st September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning tables and chairs
2	2 nd September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning walls
3.	3 rd September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning Tiles
4.	4 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning tables and chairs
5.	5 th September	4 pm to 6	H K Chainani Old Age	Cleaning walls

	2018	pm	Home	
6.	6 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning Tiles
7.	7 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning tables and chairs
8.	8 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning walls
9.	9 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning Tiles
10.	10 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning tables and chairs
11.	11 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning walls
12.	12 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning Tiles
13.	13 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning tables and chairs
14.	14 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning walls
15.	15 th September 2018	4 pm to 6 pm	H K Chainani Old Age Home	Cleaning Tiles

MANAGEMENT PLAN:

Our group comprises 11 members. Therefore, when we leave from college at 2:45 p.m., we will be heading for our destination (Mulund East) by train. We expect to reach the elders' home at 3:45 pm every day. We will be working for 2 hours between 4 pm to 6 pm every day. Things to be carried: Hand sanitizers and masks (if required).

CONCLUSION:

This project will instill in us a sense of compassion and will be an enriching experience which we will never forget. This will also teach us to be more compassionate and respectful towards our elders. This project has imbued in us an important lesson about how to look after our parents in all aspects and not to leave them alone for any reason. We identified the problems faced by all the seniors there and attempted to contribute, in whatever small way we could, from our side, in order to make their service (given to senior citizens) easier and more convenient as long as we worked there.

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Vivekanand Education Society's Institute of Technology

(Affiliated to University of Mumbai, Approved by AICTE & Recognized by Govt. of Maharashtra)

Report on volunteering by students at Aai Caretaker

Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. It also gives the students an opportunity to apply their classroom learning to practical scenarios that have real implications.

Summary:

Aai Caretaker is an Ngo established in 2009 that works primarily in the area of Child and Youth Development, Gender, Education, Sports, etc. AAI Caretaker in partnership with Maharashtra Shiksha Niketan High School aims at providing education and scholarships to the financially challenged students to encourage them to pursue their studies. It also works towards imparting knowledge on the **protection and promotion of Environment, Health and Education**. As a part of the BCE extension project, **a group of seven students** volunteered at this NGO from 31 August to 14 September 2018.

The students were assigned the subjects and the group of children ranging from 6 years to 15 years whom they would have to help with their studies. While it was easy to teach the young learners below 12 years, as their topics were usually basics, which gave them enough time to play and have fun; teaching the older students proved to be challenging. Not only were the teenagers demanding in gaining more knowledge, they would also ask the volunteers challenging questions which our students had taken for granted. This made the volunteers delve into their own fundamental basic knowledge and sharpen it before they set off of the day's lessons. The young volunteers also learnt patience as they realized that teaching was not as easy as it looked. Retaining the attention of the learners for longer duration is an herculean task.

They were also surprised at the hunger for education that was prevalent in economically weaker section. These children had to work very hard to get even the basic education, which was often denied as they were asked to earn as soon as they were old enough to do so. School was a luxury and privilege that did not come easily.

The engineering students took their personal computers to the NGO to teach the children, especially the ones from higher classes. Basic concepts of Math and Physics were taught using 3D images and videos. They also made learning fun by introducing quiz, puzzles, games, etc. Within a few days, it was evident that both teams looked forward to meeting each other. They also made the children aware on the need to protect our environment and how each one can do their bit to save the environment. The children were also given lessons on health and hygiene.



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While the children as the center had role models to look up to, the young volunteers learnt never to take anything for granted. They also had brushed up on all their basic concepts of learning, especially grammar, math and physics, which in turn helped them in their engineering course.

Student List:

1. Akshay Mohite
2. Apeksha Sansare
3. Jaskaran Singh
4. Mitesh Goplani
5. Nidhi Berdee
6. Saniksha Pawar
7. Richa Jaisinghani

Outcome:

The time spent at the NGO proved to be very valuable for engineering students. It made them realize the value of what they have and what they had taken for granted. Volunteering also helped the students to deal with stress, anger and time management.

Signature

Dr. Gaeta Ajit





Vivekanand Education Society's Institute of Technology

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Report on volunteering by students at Akansha Foundation, Chinchpokali

Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. It also gives the students an opportunity to apply their classroom learning to practical scenarios that have real implications.

Summary:

Akansha Foundation is a non-profit organization with a mission to provide children from low-level income communities with a high-quality education, enabling them to maximize their potential and transform their lives. As a part of the BCE extension project, **a group of four students** volunteered at this NGO from 8 August to January 2019, where they spend more than 100 hours helping **with the education of the poor children.**

Akansha works primarily in the field of education, addressing non-formal education through various Akanksha centers. As volunteers at the school, the four young volunteers were of great help, as they worked in close coordination with the students. They also formed close bond with the students, being their mentor in many ways, while also taking responsibility to help each student at different levels of learning.

The supervisors there had immense praise in the sincerity and dedication to the tasks entrusted and also the enthusiasm with which they performed their tasks. The students were assigned the subjects and the group of children whom they would have to help with their studies. The age group of the children ranged from 8 years to 16 years. While it was easy to teach the young learners, as their topics were usually basics, which gave them enough time to play and have fun, teaching the older students proved challenging. Not only were they demanding in gaining more knowledge, they would also ask the volunteers challenging questions which our students had taken for granted. This made the volunteers delve into their own basics and get it stronger before they set off of the day's lessons. The young volunteers also learnt patience as they realized that teaching is not as easy as it looked.

They were also surprised at the hunger for education that was prevalent in economically weaker section. These children had to work very hard to get even the basic education, which was often denied as they were asked to earn as soon as they were old enough to do so. School was a luxury and privilege which did not come easily. The students also introduced the children to hygiene, health, environment awareness and road safety.

The students took their computers to the NGO to teach the children, especially the ones from higher classes. Basic concepts of Math and Physics were taught using 3D images and videos. They also



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made learning fun by introducing quiz, puzzles, games, etc. Within a few days, it was evident that both teams looked forward to meeting each other.

While the children as the center had role models to look up to, the young volunteers learnt never to take anything for granted. They also had brushed up on all their basic concepts of learning, especially grammar, math and physics, which in turn helped them in their education.

Student List:

1. Dhaval Bagal
2. Dhiraj Chavan
3. Kene Snehal
4. Sayali Panchal

Outcome:

The time spent volunteering at the NGO proved to be very valuable not only for the underprivileged children but also for engineering students. It made them realize the need to build on the skills already possessed by them for the benefit of the greater community. It also enhanced their soft skills, where they developed their speaking and communication skills.

Signature

Dr. G. S. ...

Dr. G. S. ...





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Report on volunteering by students at Janta Janardan Parishad, Ulhasnagar, Thane

Objective:

Through community service, students gain real-world experience and practice important habits like leadership, problem-solving and time-management. Through this experience of **giving a helping hand to the aged**, students gain self-esteem and self-confidence as they were able to help and give comfort to the senior citizens of our society. They also gained knowledge and experience after interacting with citizens who have a vast body of knowledge and experience.

Summary:

JantaJanardanParishad is registered charitable trust. It is a part of the Swami Tenuram Prem Prakash Ashram which provides a home for the elderly. It aims to help those senior citizens whose own children have abandoned them. It addresses the chilling reality today, where parents who have spent their lives striving to give their best to their children, barely having saved anything for themselves for their twilight years, find themselves abandoned at a time when they can barely fend or care for themselves. The NGO aims at alleviating the pain of loneliness and homelessness suffered by the elderly after having abandoned by their children, and having no means of supporting themselves.

A group of 12 students volunteered to serve at this NGO for their BCE extension project from August 2018 to September 2018. The stories are often seen and heard in movies or books, but when the students were confronted with this shocking stark reality of life, it shook the very core of their heart. They were unable to understand how children could abandon their old parents.

The volunteers would often go after college hours, which would be tea time for the senior citizens. They would help to serve tea to all the inmates of the home and also clean up the rooms. No sooner was the pattern set, than they found the old inmates waiting for them to have their tea, no matter how late it was. There would be times when the students would have extra lectures or project work and would be late to reach the Home. But the senior citizens would continue to wait for them and have their tea only after they arrived. This touched the very chord of each volunteer. So they began to inform them of the days they would not be able to make it due to academic load in college. Few of the young volunteers even celebrated their birthdays at the Home. Their hearts were filled with joy when they saw the shimmering happiness in the eyes of the old people. Each student agreed that this was one of the best moments of their life.

This was an emotional education that no book or theory could have given them. Chatting and interacting with the senior members also helped the students gain immense practical knowledge that they otherwise would never have known.



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Student List:

1. Chandan Bhangale
2. Raj Chatwani
3. Sumeet Haryani
4. Bhavesh Ahuja
5. Karan Khatwani
6. Preeti Artani
7. Resham Verliani
8. Richa Bhatia
9. Roma Bulani
10. Vanita Lahrani
11. Anjali Prithiani
12. Disha Rajani

Outcome:

The time spent volunteering at the NGO proved to be very valuable not only for the senior citizens but also for young volunteers. It made them realize the importance of family and the need to love and care for every individual. Speaking to the old experienced people also enhanced their knowledge and world vision. It provided them with a sense to purpose and also instilled the commitment of taking care of our senior citizens.

Signature:

Dr. Geeta Jit

